#### (INSERT YOUR COMPANY NAME HERE) Health and safety pack.

## For: (INSERT NAME OF CLIENT, PROJECT OR CONTRACT NUMBER)

On: (INSERT TODAYS DATE)

Review date: (INSERT DATE 6 MONTHS AFTER TODAY)

Document author:	Signed:	Date:

#### **Table of contents:**

- 1) Risk assessment for internal painting and decorating works
- 2) Risk assessment for external painting and decorating works
- 3) Risk awareness for areas where asbestos could potentially be discovered
- 4) Method statement for hanging wallpaper
- 5) Method statement for painting
- 6) Method statement for airless paint spraying (Water based)
- 7) Method statement for mist coating
- 8) COSHH assessment for decorators caulk
- 9) COSHH assessment for eggshell finished paint oil based
- 10) COSHH assessment for exterior undercoat oil based
- 11) COSHH assessment for high gloss oil based
- 12) COSHH assessment for metal primer zinc phosphate
- 13) COSHH assessment for quick drying gloss water based
- 14) COSHH assessment for quick drying primer and undercoat water based
- 15) COSHH assessment for silicone sealant
- 16) COSHH assessment for thinners
- 17) COSHH assessment for white spirit
- 18) COSHH assessment for vinyl matt emulsion
- 19) COSHH assessment for vinyl silk emulsion

# 20) COSHH assessment for vinyl soft sheen emulsion



Page 2 of 72 HSEDocs.com

# 1) Risk assessment for internal painting and decorating works

Potential hazards	People at risk and how?	Actions already in place	Further action required	Action by	Action target date	Done
Falling from height (hop ups)	Both minor and major injuries can occur if a worker falls from a hop up	<ul> <li>Hop ups inspected prior to use, fit for purpose, with a maximum working height of 500mm</li> <li>Ensure hop up legs are securely locked in place prior to use</li> <li>Ensure the ground base for the hop ups is firm and level</li> <li>Avoid over reaching when working and storing tools or materials on hop up</li> <li>Painted hop ups are not to be used</li> </ul>	Manager to conduct tool box talk on working at heights prior to work commencing			
Falling from height (ladders)	Serious or fatal injury could occur if a worker falls from height	<ul> <li>Non-access ladders should be used in conjunction with ladder stays, a securing device or a person footing the ladder</li> <li>Access ladders should be extended one metre above platform</li> <li>Ladders in good condition, placed on a firm surface, and have a pre-use check prior to use and a thorough visual check every six months</li> <li>Ladder is used at correct angle of 1 in 4, or 75°</li> </ul>	Manager to conduct tool box talk on working at heights prior to work commencing			

Page 3 of 72 HSEDocs.com

		Avoid over reaching and ensure that belt buckle remains between the ladder stiles at all times with both feet on the same rung	
Falling from height (mobile towers)	High risk of injury or fatality to workers and members of the public if a mobile tower collapses or tips over	<ul> <li>Towers not to be moved or dragged with brakes on</li> <li>Towers to be checked for level and that brakes are engaged after moving</li> <li>Only PASMA card holders to move and reposition mobile towers and outriggers</li> <li>Correct access and egress to be used</li> <li>Mobile towers only to be moved or repositioned when the working platform is</li> </ul>	Manager to brief all operatives on safe loading of mobile towers prior to work commencing and to conduct tool box talk on working at heights
Falling from height (step ladder)	Serious or fatal injury could occur if a worker falls from height due to misuse of steps	<ul> <li>Step ladders intended for domestic use must not be used in the work place</li> <li>Ensure the ground base for the step ladder is firm and level</li> <li>Avoid using step ladders in positions where they may be struck. E.g. by an opening door. If a compromising position cannot be avoided ensure a second person is employed as a spotter</li> <li>Avoid over reaching and ensure that belt buckle remains between the step ladders stiles at all times</li> </ul>	Manager to conduct tool box talk on working at heights prior to work commencing

Page 4 of 72 HSEDocs.com

		Ensure a second person foots the step ladder if working more than four steps high	
Slips, trips and falls	Sprains, fractures and tissue damage could be suffered by operatives or public from slipping, tripping or falling over tools, materials, waste or areas of bad ground	<ul> <li>Housekeeping to be carried out at regular intervals throughout the working day with surplus materials and waste to be removed as work progresses</li> <li>Safety boots to be worn by all operatives and site visitors</li> <li>Work area to be cordoned off where practicable and site caution signs to be used</li> </ul>	
		<ul> <li>Avoid trailing cables, and ensure materials and tools are not obstructing designated walkways</li> <li>Use signage for uneven, or wet floor surfaces as well as for change in levels</li> </ul>	
Knee damage (from kneeling)	Musculoskeletal problems to knees may occur if body weight is predominantly on knees	<ul> <li>Provision of suitable PPE for knee protection, either in the form of work wear with integral knee protection (recommended), or independent knee pads</li> <li>Raise work up off the floor when possible to eliminate kneeling or squatting</li> <li>Avoid remaining in one posture for long lengths of time</li> </ul>	
		Sit on toolbox as oppose to kneeling or squatting where possible	

Page 5 of 72 HSEDocs.com

Manual handling	Operatives may receive back and other injuries if correct practices are not adhered to	<ul> <li>Manual handling should be avoided where at all possible, but when required: Raising, lowering, and carrying loads is to be carried out using correct posture and techniques and following the health and safety guidelines for lifting at work. This includes the consideration of how heigh an object is to be lifted and the distance from the torso.</li> <li>The recommended maximum safe lifting limits when raising a compact object to waist level and close to the torso is 16kg for women and 25kg for men. However, these are only guidelines, and due to individuals having different capabilities, these figures are largely down to an individual's choice, provided they have had manual handling training and are competent.</li> <li>If the load is to be moved check the route is free from obstacles before starting and use mechanical aids such as stack trucks where possible if applicable.</li> <li>A load is classified as double handling if it is of irregular shape, obstructs vision, must be manhandled around staircases or other obstructions or if a person doesn't feel confident lifting it.</li> </ul>	All operatives and staff to have manual handling training every three years
Lung damage from silica dust, wood and general dust.	Inhaling these dust particles can cause harm to the lungs and airways, with the	Suitable respiratory protective equipment (RPE) to be provided as required.	

Page 6 of 72 HSEDocs.com

	main dust-related diseases including:  • lung cancer;  • silicosis;  • chronic obstructive pulmonary disease (COPD);  • asthma.	<ul> <li>limiting the number of people near the work.</li> <li>Operatives carrying out sanding or other dust-creating tasks should be rotated regularly.</li> <li>Where possible, the work area should be enclosed to prevent dust contamination in other areas.</li> <li>Use sheeting to collect dust for safe disposal.</li> </ul>		
Health problems can be caused by inhaling dust from mould, fungi, or spores.	Effects of inhaling this dust may include wheezing, chest tightness, shortness of breath and nasal congestion.	<ul> <li>Suitable respiratory protective equipment (RPE) to be provided as required.</li> <li>limiting the number of people near the work.</li> <li>Operatives carrying out sanding or other dust-creating tasks should be rotated regularly.</li> <li>Where possible, the work area should be enclosed to prevent dust contamination in other areas.</li> <li>Use sheeting to collect dust for safe disposal.</li> </ul>		
Eye damage from silica dust, wood and general dust.	Eye damage, irritation and allergic reactions can occur if dust contaminates the surface of the eye.	Suitable eye protection to be provided as required to prevent dust from reaching the eyes.		
Fire / explosion	All operatives in the vicinity could suffer smoke inhalation or burns	<ul> <li>Suitable fire extinguishers/sand buckets to be kept in welfare room and at various points around site if required</li> <li>No hot works to be carried out without a permit and sign off</li> </ul>	Supervisor to brief all operatives on first day on emergency arrangements agreed with	

Page 7 of 72 HSEDocs.com

		<ul> <li>Fire risk assessment carried out prior to works commencing</li> <li>Escape routes, traffic management plan, muster point and importance of signing in book explained at induction and good housekeeping maintained</li> <li>Use of gas horns to act as fire alarm demonstrated at induction</li> </ul>	principal contractor		
Welfare / first aid	Glasses cleaning stations, washing facilities and first aid facilities provide a safer working environment and allow minor cuts and grazes to be dealt with in a hygienic and proper manner	Principal contractor to provide on-site facilities including  Flushing toilet  Canteen with kettle, microwave and washing facilities  First-aid equipment	Supervisor to brief operatives on facilities and the maintaining of a clean welfare area		
RSIs (Repetitive strain injuries)	Any individual who carries out repetitive tasks may experience pain in various joints and muscle groups.	<ul> <li>Avoid forceful or repetitive tasks where possible</li> <li>Ensure work area is set up correctly</li> <li>Avoid arching back or squatting for long periods</li> <li>Avoid stretching and over reaching</li> </ul>			
Substance Risks		, J		1 1	
Decorators Caulk	There may be irritation to eyes on contact	Follow manufacturer's instructions and use guidance set out in COSHH     Assessment			

Page 8 of 72 HSEDocs.com

Dulux Trade Aluminium Wood Primer	May cause drying or cracking of skin, irritation and sensitisation, has a narcotizing effect and vapours may cause drowsiness and dizziness, may cause serious eye damage	Follow manufacturer's instructions and use guidance set out in COSHH Assessment		
Dulux Trade Stain Block Plus	Risk of absorption through unbroken skin, may cause skin and respiratory irritation and possible eye damage on contact, contains Cobalt Carboxylate, may produce an allergic reaction	Follow manufacturer's instructions and use guidance set out in COSHH Assessment		
Sugar Soap	May cause skin irritation	Follow manufacturer's instructions and use guidance set out in COSHH Assessment		
Thinners	Harmful by inhalation, in contact with skin and if swallowed, irritating to eyes and respiratory system, may cause lung damage if swallowed	Follow manufacturer's instructions and use guidance set out in COSHH Assessment		
White Spirit	Harmful by inhalation, in contact with skin and if swallowed, irritating to eyes and respiratory system, may cause lung damage if swallowed	Follow manufacturer's instructions and use guidance set out in COSHH Assessment		

Page 9 of 72 HSEDocs.com

# 2) Risk assessment for external painting and decorating works

Potential hazards	People at risk and how?	Actions already in place	Further action required	Action by	Action target date	Done
Falling from height (hop ups)	Both minor and major injuries can occur if a worker falls from a hop up	<ul> <li>Hop ups inspected prior to use, fit for purpose, with a maximum working height of 500mm</li> <li>Ensure hop up legs are securely locked in place prior to use</li> <li>Ensure the ground base for the hop ups is firm and level</li> <li>Avoid over reaching when working and storing tools or materials on hop up</li> </ul>	Manager to conduct tool box talk on working at heights prior to work commencing			
Falling from height (ladders)	Serious or fatal injury could occur if a worker falls from height	<ul> <li>Painted hop ups are not to be used</li> <li>Non access ladders should be used in conjunction with ladder stays, a securing device or a person footing the ladder</li> <li>Access ladders should be extended one metre above platform</li> <li>Ladders in good condition, placed on a firm surface, and have a pre use check prior to use and a thorough visual check every six months</li> <li>Ladder is used at correct angle of 1 in 4, or 75°</li> </ul>	Manager to conduct tool box talk on working at heights prior to work commencing			

Page 10 of 72 HSEDocs.com

		Avoid over reaching and ensure that belt buckle remains between the ladder stiles		
		at all times with both feet on the same		
		rung		
Falling from height (mobile towers)	High risk of injury or fatality to workers and members of the public if a mobile tower	Towers not to be moved or dragged with brakes on	Manager to brief all operatives on	
	collapses or tips over	Towers to be checked for level and that brakes are engaged after moving	safe loading of mobile towers	
		Only PASMA card holders to move and	prior to work commencing	
		reposition mobile towers and outriggers	and to conduct tool box talk	
		Correct access and egress to be used	on working at heights	
		<ul> <li>Mobile towers only to be moved or repositioned when the working platform is empty</li> </ul>		
Falling from height (step ladder)	Serious or fatal injury could occur if a worker falls from height due to misuse of	Step ladders intended for domestic use must not be used in the work place	Manager to conduct tool box talk on	
	steps	Ensure the ground base for the step ladder is firm and level	working at heights prior to work	
		Avoid using step ladders in positions where they may be struck. E.g. by an opening door. If a compromising position	commencing	
		cannot be avoided ensure a second person is employed as a spotter		
		Avoid over reaching and ensure that belt buckle remains between the step ladders stiles at all times		

Page 11 of 72 HSEDocs.com

		<ul> <li>Ensure a second person foots the step ladder if working more than four steps high</li> </ul>		
Falling from height (scaffold)	Serious or fatal injury could occur if a worker falls from height	<ul> <li>Ensure guardrails, midrails and toe boards are in place and that it has been signed off prior to use</li> <li>Use correct access and egress points, ensuring any gates, or trap doors are in correct position after use</li> <li>Only use if signed off and seven day inspection checks have been carried out and are in date</li> <li>Don't use after severe weather until scaffold has been re inspected</li> <li>Visually check that there is no sign of tampering or interference of sole plates and ladders before use</li> </ul>	Manager to conduct tool box talk on working at heights prior to work commencing	
Slips, trips and falls	Sprains, fractures and tissue damage could be suffered by operatives or public from slipping, tripping or falling over tools, materials, waste or areas of bad ground	<ul> <li>Housekeeping to be carried out at regular intervals throughout the working day with surplus materials and waste to be removed as work progresses</li> <li>Safety boots to be worn by all operatives and site visitors</li> <li>Work area to be cordoned off where practicable and site caution signs to be used</li> </ul>		

Page 12 of 72 HSEDocs.com

		<ul> <li>Avoid trailing cables, and ensure materials and tools are not obstructing designated walkways</li> <li>Use signage for uneven, or wet floor surfaces as well as for change in levels</li> </ul>			
Knee damage (from kneeling)	Musculoskeletal problems to knees may occur if body weight is predominantly on knees	<ul> <li>Provision of suitable PPE for knee protection, either in the form of work wear with integral knee protection (recommended), or independent knee pads</li> <li>Raise work up off the floor when possible to eliminate kneeling or squatting</li> <li>Avoid remaining in one posture for long lengths of time</li> <li>Sit on toolbox as oppose to kneeling or squatting where possible</li> </ul>			
Manual handling	Operatives may receive back and other injuries if correct practices are not adhered to	<ul> <li>Raising, lowering and carrying loads is to be carried out using the correct posture and technique</li> <li>Ensure the load is light enough to lift and will remain stable in transport. Loads over 25KG are classified as double handling</li> <li>If the load is to be carried check the route is free from obstacles before starting</li> </ul>	All operatives and staff to have manual handling training every three years		

Page 13 of 72 HSEDocs.com

Lung damage from silica dust, wood and general dust.	Inhaling these dust particles can cause harm to the lungs and airways, with the main dust-related diseases including:  • lung cancer; • silicosis; • chronic obstructive pulmonary disease (COPD); • asthma.	<ul> <li>Use mechanical aids such as stack trucks where possible if applicable</li> <li>A load is classified as double handling if it is of irregular shape, obstructs vision, has to be manhandled around staircases or other obstructions or if a person doesn't feel confident lifting it</li> <li>Suitable respiratory protective equipment (RPE) to be provided as required.</li> <li>Iimiting the number of people near the work.</li> <li>Operatives carrying out sanding or other dust-creating tasks should be rotated regularly.</li> <li>Where possible, the work area should be enclosed to prevent dust contamination in other areas.</li> <li>Use sheeting to collect dust for safe disposal.</li> </ul>		
Health problems can be caused by inhaling dust from mould, fungi, or spores.	Effects of inhaling this dust may include wheezing, chest tightness, shortness of breath and nasal congestion.	<ul> <li>Suitable respiratory protective equipment (RPE) to be provided as required.</li> <li>limiting the number of people near the work.</li> <li>Operatives carrying out sanding or other dust-creating tasks should be rotated regularly.</li> <li>Where possible, the work area should be enclosed to prevent dust contamination in other areas.</li> <li>Use sheeting to collect dust for safe disposal.</li> </ul>		

Page 14 of 72 HSEDocs.com

Eye damage from silica dust, wood and general dust.	Eye damage, irritation and allergic reactions can occur if dust contaminates the surface of the eye.	• Suitable eye protection to be provided as required to prevent dust from reaching the eyes.		
Fire / explosion	All operatives in the vicinity could suffer smoke inhalation or burns	<ul> <li>Suitable fire extinguishers/sand buckets to be kept in welfare room and at various points around site if required</li> <li>No hot works to be carried out without a permit and sign off</li> <li>Fire risk assessment carried out prior to works commencing</li> <li>Escape routes, traffic management plan, muster point and importance of signing in book explained at induction and good housekeeping maintained</li> <li>Use of gas horns to act as fire alarm demonstrated at induction</li> </ul>	Supervisor to brief all operatives on first day on emergency arrangements agreed with principal contractor	
Welfare / first aid	Glasses cleaning stations, washing facilities and first aid facilities provide a safer working environment and allow minor cuts and grazes to be dealt with in a hygienic and proper manner	<ul> <li>Principal contractor to provide on-site facilities including</li> <li>Flushing toilet</li> <li>Canteen with kettle, microwave and washing facilities</li> <li>First-aid equipment</li> </ul>	Supervisor to brief operatives on facilities and the maintaining of a clean welfare area	
RSIs (Repetitive strain injuries)	Any individual who carries out repetitive tasks may experience pain in various joints and muscle groups.	Avoid forceful or repetitive tasks where possible     Ensure work area is set up correctly		

Page 15 of 72 HSEDocs.com

		Avoid arching back or squatting for long periods			
		Avoid stretching and over reaching			
Substance Risks			<u> </u>	<u> </u>	
Decorators Caulk	There may be irritation to eyes on contact	Follow manufacturer's instructions and use guidance set out in COSHH Assessment			
Dulux Trade Aluminium Wood Primer	May cause drying or cracking of skin, irritation and sensitisation, has a narcotizing effect and vapours may cause drowsiness and dizziness, may cause serious eye damage	Follow manufacturer's instructions and use guidance set out in COSHH Assessment			
Sugar Soap	May cause skin irritation	Follow manufacturer's instructions and use guidance set out in COSHH     Assessment			
Thinners	Harmful by inhalation, in contact with skin and if swallowed, irritating to eyes and respiratory system, may cause lung damage if swallowed	Follow manufacturer's instructions and use guidance set out in COSHH Assessment			
White Spirit	Harmful by inhalation, in contact with skin and if swallowed, irritating to eyes and respiratory system, may cause lung damage if swallowed	Follow manufacturer's instructions and use guidance set out in COSHH Assessment			

Page 16 of 72 HSEDocs.com

#### 3) Risk awareness for areas where asbestos could potentially be discovered

Please note that this Risk Assessment is designed to make you aware of areas where asbestos could potentially be within your work environment.

It is not an exhaustive list, but is designed as a guide to help you remember which products may contain asbestos in your work environment, and consequently which products shouldn't be disturbed.

Any industrial or residential building, built or refurbished before the year 2000 may contain asbestos, and, if you suspect that you've discovered asbestos, stop work immediately and inform a supervisor or manager.

In this document AIB is the acronym for Asbestos Insulation Board

Potential hazards	Where this may be found
Asbestos cement downpipes and gutters	Found on roof lines and between roof and gutter
	If unpainted it is usually easy to spot by its colour
	If painted, it looks like a cast iron product
Asbestos cement soil and vent pipes. Residential	Usually on exterior of building but may be internal especially on maisonettes, flats and Town Houses.
	If unpainted it is usually easy to spot by its colour
	If painted, it looks like a cast iron product
Asbestos cement soil and vent pipes. Commercial	Usually on interior of tall buildings as no access equipment is needed to service or maintain but may be externally fitted

Page 17 of 72 HSEDocs.com

	If unpainted it is usually easy to spot by its colour
	If painted, it looks like a cast iron product
Asbestos cement flue pipes. Residential	Flue pipes usually take the shortest route from boiler to exterior either through a wall or the roof space
	Usually left unpainted when exiting through roof so easier to spot
	Often boxed in or painted internally
Asbestos cement flue pipes. Commercial	Flue pipis have to carry exhaust gas from a boiler room to the outside, and by the nature of commercial buildings, they can have complex designs
	Often spray coated, painted or boxed in
	If boxed in the material usually used is asbestos cement sheets
	Any boxing in may have been decorated as building has been maintained
Asbestos cement vent pipes	Mainly used in commercial buildings to transport cooled air in air conditioning systems
	Almost always boxed in, sometimes with asbestos cement sheets
	Any boxing in may have been decorated as building has been maintained
Textured decorative coatings	Artex is the main culprit and the only way to tell if it contains asbestos is to get it tested
	Found on both ceilings and walls
AIB ceiling tiles	Mainly found in commercial buildings and offices due to being able to hide cables
	above ceiling tray
	Rarely found in residential buildings as most has been removed due to going out of
	fashion
Asbestos cement water tanks	Usually found in roof spaces
Bakelite	Toilet cisterns and seats, old light fittings and switches and many other components
	Looks like plastic, and is usually dark brown or black and contains asbestos

Page 18 of 72 HSEDocs.com

Sprayed coatings	Mainly found in commercial buildings as most homes have plastered walls
	Sprayed coatings were used on walls, ceilings and beams as a fire retardant and insulator
Lagging	Used as an insulation material on pipes in both residential and commercial properties
	Also used on boilers, but this was mainly the larger commercial type
AIB bath panels	End and side panels for baths
	May have been decorated, tiled or cladded
AIB backing board	Found behind fuse boxes, consumer boards, behind and around boilers, in airing cupboards and behind fires
Loose fill insulation	Used in all property types as an insulation
	Can be found in loft spaces, under floor boards and in cavity walls
Vinyl floor tiles and adhesive	Predominantly a 150 x 150mm tile approximately 2mm thick
	Once a popular choice of flooring for kitchens and bathrooms in residential properties
	Used extensively in commercial properties for most floors and corridors
	Both the tile and adhesive may contain asbestos
	May be hidden under newer floor coverings
AIB in partition walls and fire doors	Used as a fire stop inside of both products
Asbestos cement roofs	Usually corrugated panelled roofs that are bolted or screwed to joists
	Are brittle and fragile and were popular for farm out buildings as well as garage and commercial roofs
Roofing felt	Used for most flat roof applications and sometimes under shingles
	Mainly used from the early 1900's to early 1980's
Soffits	Either AIB of asbestos cement board

Page 19 of 72 HSEDocs.com

Uses as a soffit and may be ventilated or whole
May be painted to match surrounding timbers
Found in all building types both interior and exterior
Where a window frame is high level to floor but there is only glass in the top half
The bottom half is often painted on the outside and decorated or plastered on the inside
Ironing board fabric, oven gloves, heat mats, fire blankets aprons. The list goes on
Any old fabric that has heat resistant properties is suspect
Often used in boilers and as seals on wood burners
Paper also used as liner for floorings and roof coverings
may be hidden under existing floor coverings

Page 20 of 72 HSEDocs.com

#### 4) Method statement for hanging wallpaper

#### **Scope of Works**

This method statement describes the work process for the following

- 1) Start of works
- 2) Hanging paper
- 3) Finishing

#### Step by step process

#### Start of works

- 1) Read relevant risk and COSHH assessment, and follow guidelines for the correct PPE.
- 2) Sheet up and protect work area and surrounding, including signage and barriers as required.
- 3) Visually inspect work area and only begin works if it is a safe working environment.
- 4) Cordon off work area if required to do so.
- 5) Ensure the area to be worked and exit points are clear of obstruction and that safe access and egress is maintained.
- 6) Check any electrical or hand tools for damage or faults, faulty or damaged tools must be removed from service immediately.
- 7) Do not leave tools and equipment unattended at any time.

#### Hanging paper

- 1) Measure and cut the length of wallpaper required for a single drop allowing an additional 50mm at top either end for final trimming.
- 2) Starting in a corner use a spirit level and draw a straight line for the first drop ensuring that the distance the line is away from the corner is equal to the width of the wallpaper plus 25mm.
- 3) Mix and use the manufacturers recommended wall paper adhesive or if none is recommended use an all-purpose one with a fungicide.
- 4) Use a pasting table and brush to apply the wall paper paste and avoid getting into contact with the surface of the paper.
- 5) Once an even layer of paste is applied to a 1200mm section, concertina the paper so that paste meets paste and continue until the entire drop is pasted.
- 6) Leave paper to soak at rest for manufacturers recommended period.
- 7) Transfer paper to wall area and holding the top of the paper, unfold the first section and offer the paste side to the wall.
- 8) Leave about 50mm of paper above the ceiling line and begin working from the middle of the paper with a decorators brush to remove air bubbles and give a smooth finish.
- 9) Keep edge of paper parallel to vertical line and continue releasing the folds and brushing on the paper.
- 10)Using the back of a pair of scissors, form a crease in the paper where wall meets ceiling, and wall meets skirting.

Page 21 of 72 HSEDocs.com

- 11)Peel back ends of paper, trim the crease and refit.
- 12) Remove any surplus adhesive with a damp sponge.

## **Finishing**

- 1) All tools and equipment will be cleared to secure storage at the end of each shift
- 2) Staff will leave area clean and tidy at end of shift



#### 5) Method statement for painting

## **Scope of Works**

This method statement describes the work process for the following

- 1) Start of works
- 2) Chemical paint stripper
- 3) Heat gun paint stripper
- 4) Filling surfaces internal
- 5) Filling surfaces external
- 6) Cleaning and keying prior to painting
- 7) Interior finishes
- 8) Exterior finishes
- 9) Finishing

#### Step by step process

#### **Start of works**

- 1) Read relevant risk and COSHH assessment, and follow guidelines for the correct PPE.
- 2) Sheet up and protect work area and surrounding, including signage and barriers as required.
- 3) Visually inspect work area and only begin works if it is a safe working environment.
- 4) Cordon off work area if required to do so.
- 5) Ensure the area to be worked and exit points are clear of obstruction and that safe access and egress is maintained.
- 6) Check any electrical or hand tools for damage or faults, faulty or damaged tools must be removed from service immediately.
- 7) Do not leave tools and equipment unattended at any time.

## **Chemical paint stripper**

- 1) Ensure that a lead check has been carried out at survey and that the paint is safe to remove.
- 2) When using a chemical paint and varnish strippers, follow manufacturer's instructions and precautions.
- 3) Work with the grain of the wood wherever possible.

Page 23 of 72 HSEDocs.com

- 4) Avoid using steel tools or steel wool on hardwoods as there may be a chemical reaction leaving black or dark marks. The most common offender is oak which stains black, but similar changes also happen with Larch and Cedar. Stainless steel tools are fine and the substitution of steel wool for nylon scouring pads is also fine.
- 5) Use newspaper when cleaning off surplus paint stripper. Allow the newspaper to dry in a safe exterior location before disposal.
- 6) Leave stripped area to dry for 24 hours before lightly sanding and dusting off.

#### Heat gun paint stripper

- 1) Ensure that a lead check has been carried out at survey and that the paint is safe to remove.
- 2) When using a heat gun, follow manufacturer's instructions and precautions.
- 3) Work with the grain of the wood wherever possible.
- 4) Avoid using steel tools or steel wool on hardwoods as there may be a chemical reaction leaving black or dark marks. The most common offender is oak which stains black, but similar changes also happen with Larch and Cedar. Stainless steel tools are fine and the substitution of steel wool for nylon scouring pads is also fine.
- 5) After using a heat gun sand down and dust off work area with progressively finer grades of sand paper.

#### Filling surfaces internal

- 1) Only minor imperfections are to be carried out by decorators. If there is excessive filling or finishing works that need to be carried out by another trade prior to painting, a site supervisor must be informed.
- 2) If the surface requires filling and is in an area where there will be no movement use interior filler, following manufacturer's instructions.
- 3) If the surface requires filling but is liable to movement use a flexible filler following the manufacturer's instructions, such as caulk which should be tooled to a smooth finish.
- 4) If the surface is timber and needs staining after the repair work, use a two-pack stainable timber filler, following manufacturer's instructions.
- 5) If the surface will have particular hard wear, e.g. around the keep of a frame, use a two-pack general purpose filler, following manufacturer's instructions.
- 6) If a bead of silicone is required after painting use bathroom silicones for wet areas, general purpose or high modulus for internal and low modulus for external, following manufacturer's instructions.

#### Filling surfaces external

- 1) Only minor imperfections are to be carried out by decorators. If there is excessive filling or finishing works that need to be carried out by another trade prior to painting, a site supervisor must be informed.
- 2) For masonry, bricks and stone use a general-purpose cement and resin filler as per manufacturer's instructions.
- 3) For timber use a two-pack exterior wood filler with neutral colour as per manufacturer's instructions.
- 4) If a bead of silicone is required after painting use bathroom silicones for wet areas, general purpose or high modulus for internal and low modulus for external, following manufacturer's instructions

Page 24 of 72 HSEDocs.com

#### Cleaning and keying prior to painting

- 1) Use sugar soap to remove grease, dirt, mould and smoke stains as requires following manufacturer's instructions.
- 2) If sugar soap is not working and a specialised detergent or cleaning method needs to be employed a supervisor must be informed.
- 3) If there are stained surfaces that may require the application of a stain block a supervisor must be informed.
- 4) Key up surfaces as required with sandpaper of wire brush.

#### Interior finishes

- 1) Old plastered walls. 2 coats of finishing paint.
- 2) Unpainted plastered walls.1 coat of sealer and two coats of finishing paint.
- 3) Skirting boards/general woodwork. 1 coat of undercoat/primer and two coats of finishing paint.
- 4) Metal. 1 coat of primer and two coats of finishing paint.

#### **Exterior finishes**

- 1) Masonry. 1 coat of sealant and 2 coats of finishing paint.
- 2) Render. 1 coat of sealant and 2 coats of finishing paint.
- 3) Metal. 1 coat of primer and two coats of finishing paint.
- 4) Woodwork. 1 coat of undercoat/primer and two coats of finishing paint.
- 5) Plastic. 1 coat of primer and two coats of finishing paint.

#### **Finishing**

- 1) All tools and equipment will be cleared to secure storage at the end of each shift
- 2) Staff will leave area clean and tidy at end of shift

Page 25 of 72 HSEDocs.com

#### 6) Method statement for airless paint spraying (Water based)

#### **Scope of Works**

This method statement describes the work process for the following

- 1) Start of works
- 2) Setting up and using paint sprayer
- 3) Finishing

#### Step by step process

#### Start of works

- 1) Read relevant risk and COSHH assessment, and follow guidelines for the correct PPE.
- 2) Sheet up and protect work area and surrounding, including signage and barriers as required.
- 3) Visually inspect work area and only begin works if it is a safe working environment.
- 4) Cordon off work area if required to do so.
- 5) Ensure the area to be worked and exit points are clear of obstruction and that safe access and egress is maintained.
- 6) Check any electrical or hand tools for damage or faults, faulty or damaged tools must be removed from service immediately.
- 7) Do not leave tools and equipment unattended at any time.

#### Setting up and using paint sprayer

- 1) Visually inspect paint sprayer and ensure that the power switch is in the off position.
- 2) Ensure the pressure control Knob is set at 50% or below.
- 3) Ensure the spray gun and connection pipe are securely connected with the correct washers and O-rings.
- 4) Remove the manifold filter case and check the paint filter is clean and fit for use.
- 5) Insert the paint intake tube into the paint.
- 6) Using the spray/purge the selector switch, choose the spray option.
- 7) Set the spay head nozzle to maximum to create a flow instead of a spray.
- 8) Holding the spray gun over an empty bucket switch on the unit and keep the spray gun activated until all dirty water has been pumped out the lines.
- 9) Once the paint is running freely release spray gun switch and adjust the spray head for the desired spray pattern.
- 10) Adjust the pressure control knob to suit the paints viscosity and desired spray pattern.

Page 26 of 72 HSEDocs.com

- 11)If the paint sprayer starts cycling and there is a drop in pressure, the lines must be purged to remove any trapped air. To do this, hold the purge outlet pipe over the paint tin and using the spray/purge the selector switch, choose the purge option. Allow the paint to purge freely through the pipe until all air bubbles are removed.
- 12)Clean the paint sprayer by running clean water through the system and following manufacturer's instructions for cleaning the spray tip and housing.

#### **Finishing**

- 1) All tools and equipment will be cleared to secure storage at the end of each shift
- 2) Staff will leave area clean and tidy at end of shift

Page 27 of 72 HSEDocs.com

## 7) Method statement for mist coating

#### **Scope of Works**

This method statement describes the work process for the following

- 1) Start of works
- 2) Preparing the mist coat and applying
- 3) Finishing

#### Step by step process

#### Start of works

- 1) Read relevant risk and COSHH assessment, and follow guidelines for the correct PPE.
- 2) Sheet up and protect work area and surrounding, including signage and barriers as required.
- 3) Visually inspect work area and only begin works if it is a safe working environment.
- 4) Cordon off work area if required to do so.
- 5) Ensure the area to be worked and exit points are clear of obstruction and that safe access and egress is maintained.
- 6) Check any electrical or hand tools for damage or faults, faulty or damaged tools must be removed from service immediately.
- 7) Do not leave tools and equipment unattended at any time.

#### Preparing the mist coat and applying

- 1) To prepare paint, select a light coloured water based non vinyl paint and mix with water at a ratio between 50:50 and 60:40 water:paint.
- 2) Alternatively, use a premixed bare plaster mist coat from suppliers.
- 3) Ensure that the newly plastered walls are completely dry and brush down to remove any surface dust.
- 4) Seal the plaster by applying the mist coat evenly with a roller and cutting in the edges with a brush.

## **Finishing**

- 1) All tools and equipment will be cleared to secure storage at the end of each shift
- 2) Staff will leave area clean and tidy at end of shift

Page 28 of 72 HSEDocs.com

# 8) COSHH assessment for decorators caulk

Substance / material	Decorators Ca	corators Caulk													
Suppliers address and phone number  Siroflex Limited, Dodworth Business Park, Dodworth, Barnsley, South Yorkshire. S75 3SP. 01226 771											226 771	600			
Contents / ingredier product	(Pe	etroleum	ropylene Glycol Dibenzoate 1-5%, Naphtha roleum), Hydrosulfurized Heavy 1-5% Both hazardous  Is there a work exposure limit							Du	ıration				
Where the product' used	<b>S</b> Outsid	e 🗵	Insid	e wel	l ventilated	$\boxtimes$	Inside poorly vent	ilated	$\boxtimes$		Со	nfine	d space	$\boxtimes$	
How the products used	Mixin	g 🗆	Pouring		Spraying		Brushing	Apply	ing by	/ hand	/ hand tools	$\boxtimes$	Loadin	g out	
Product hazard leve	els Hig	h □	Medium		Low		Product state	Solid			Liquid	$\boxtimes$		Gas	
Flammable	Oxidising	Gas un press	Ex	xplos	ive V	ery to	oxic Corrosive	S	erious haz	health ard		Healt ard/ir			nger to onment
	<b>(3)</b>		>							>		V	>	<	5
										]					

Page 29 of 72 HSEDocs.com

PPE	Gloves	Glasses	Goggles	Face shield	Footwear	PPE Clothes	Dust mask	FFP2 mask	FFP3 mask	Respirator	Noise
Outside											
Inside well ventilated											
Inside poorly ventilated											
Confined space											
Is the substandarian Breathed in		ıs to health v	<b>vhen:</b> In contact w	ith skin 🔲	In contact	with eyes [	☑ Other. Plea	ase specify			
Health risks: 7 Skin contact: 6 Eye contact: 7 Ingestion: Mig	Generally the There may be ght cause mi	e product doe irritation an ld stomach u	es not irritate the dredness. The pset.	he skin. eyes may wa		effects.					

Page 30 of 72 HSEDocs.com

# First aid and emergency measures: Emergency servics First aider First aid box Shower Eye wash Wash affected area Boot wash First aid details: After significant accidental inhalation: Remove casualty from exposure ensuring one's own safety whilst doing so. After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 15 minutes. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

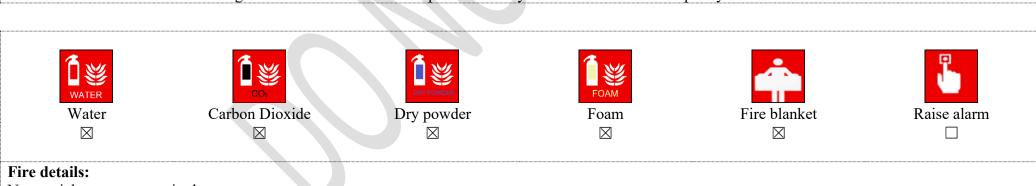
#### Spillage and environmental:

Non-toxic.

Mobility: No special measures required.

Accidental release: Do not discharge into drains or rivers. Pick up mechanically then dilute residue with plenty of water.

After significant accidental ingestion: Wash out mouth with water. Do not induce vomiting. Consult a physician if symptoms persist.



No special measures required.

Use fire extinguishing methods suitable to surrounding conditions.

**After skin contact:** Wipe off with tissue and wash contaminated area.

Page 31 of 72 HSEDocs.com



Page 32 of 72 HSEDocs.com

# 9) COSHH assessment for eggshell finished paint – oil based

Substance / material	Trad	de Eggshell Finish  hone ICI Paints AkzoNobel, Wexham Road, Slough, Berkshire, SL2 5DS. +44 (0) 1753 550000 +44 (0) 1753 550000																
Suppliers addr number		one	ICI Paint	s AkzoNoł	el, W	exham Roa	ıd, Slo	ough,	Berkshi	ire, SL2 5	5DS	-44 (0	) 1753	3 5500	00 +44	4 (0) 1753	3 55000	00
Contents / ingr product	edients of	No	significar	t hazards.						there a work ire limit		$\boxtimes$	No		D	uration	8	Hrs
Where the pro- used	duct's	Outside	$\boxtimes$	Insid	e wel	l ventilated	$\boxtimes$	Iı		orly vent		$\boxtimes$		C	Confine	ed space	$\boxtimes$	
How the produ	icts	Mixing	$\boxtimes$	Pouring	$\boxtimes$	Spraying		Brı	ushing	$\boxtimes$	Apply	ing by	hand	/ hand	:	Loadin	g out	
Product hazaro	d levels	High		Medium		Low		Pro	oduct sta	ate	Solid			Liquic	l 🗵		Gas	
Flammable	Oxidis	ing	Gas under pressure	H:	xplosi	ive V	Very to	oxic	C	orrosive	Se	erious haz	health ard		Heal zard/i	lth rritant		ger to onment
$\boxtimes$													]		$\boxtimes$		[	
PPE	Gloves	Glasses		ggles	Face	d Foot	wear		PPE Clothes	Dust 1	mask		FP2 ask		FFP3 nask	Respi		Noise
Outside	$\boxtimes$	$\boxtimes$	[						$\boxtimes$		]	[					]	
Inside well ventilated	$\boxtimes$	$\boxtimes$	[								]	[					]	

poorly ventilated	$\boxtimes$	$\boxtimes$				$\boxtimes$		$\boxtimes$		
Confined space	×	$\boxtimes$								
Is the substance	hazardous to	health whe	n:							
Breathed in 🛛	Swallow	ed 🗵 I1	n contact with	skin 🗵	In contact wit	h eyes 🗵	Other. Please	specify		

**Health risks:** Repeated exposure may cause skin dryness or cracking and skin sensitisation. May cause serious eye damage and has a narcotizing effect so vapours may cause drowsiness and dizziness. Contains COBALT CARBOXYLATE, ETHYLMETHYL KETOXIME. May produce an allergic reaction.

**Skin contact:** May cause drying or cracking of skin, irritation and sensitisation. May produce an allergic reaction.

Eye contact: May cause serious eye damage.

Ingestion: May cause irritation, nausea, vomiting and lung damage if swallowed.

**Inhalation:** May cause irritation to respiratory system. Has a narcotizing effect and vapours may cause drowsiness and dizziness.

#### First aid and emergency measures:



Emergency servics



First aider



First aid box



Shower



Eve wash

X



Wash affected area



Boot wash

#### First aid details:

After significant accidental inhalation: Remove casualty from exposure ensuring one's own safety whilst doing so. Keep casualty in a safe environment where there is fresh air until narcotizing effect has worn off. Seek medical attention if casualty doesn't make a fast recovery.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 20 minutes. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

**After skin contact:** Remove contaminated clothing, wash skin thoroughly with soap and water, or use a proprietary skin cleanser. Do not us solvents or thinners. Seek medical advice if symptoms persist.

Page 34 of 72 HSEDocs.com

After significant accidental ingestion: If accidentally swallowed, Do not induce vomiting. Wash out mouth with water. Keep at rest and obtain medical attention.

## **Spillage and environmental:**

Mobility: Store in an upright position and ensure container is tightly closed.

**Accidental release:** Do not discharge into drains or rivers. Contain the spillage using bunding then, absorb into dry earth or sand. Transfer to a closable, labelled salvage container for disposal by an appropriate method.

Exclude sources of ignition and ventilate the area. Avoid breathing vapours.

Clean residue with a detergent; avoid use of solvents.













#### Fire details:

Extinguishing media: Recommended - Foam, CO2 or Dry Powder.

Not to be used – water jet.

Recommendations: Fire will produce dense black smoke. Exposure to decomposition products may cause a health hazard.

Fire fighters should wear self-contained breathing apparatus.

Closed containers exposed to fire should be cooled with water. Do not allow run-off from fire-fighting to enter drains or water-courses.

Page 35 of 72 HSEDocs.com

# 10) COSHH assessment for exterior undercoat – oil based

Substance / material	Tra	ade Exterio	Under	coat													
Suppliers addr number	ess and p	ohone	ICI Pa	aints AkzoNo	bel, W	exham Roa	ıd, Slo	ough, Berks	hire, SL2 5	DS.	+44 (	(0) 1753	3 550000	+44	(0) 1753	55000	00
Contents / ingr product	edients o	(Pe Ma	troleun gnesiu bonate	alphate 10-25 n),Hydrotreat m Silicate 10- 2.5-10%, Eth	avy 10-25% Magnesium	is the	Is there a work exposure limit			No		Du	ıration	8	Hrs		
Where the procused	duct's	Outside $oximes$ Inside well ventilated $oximes$							oorly vent	ilated			Cor	nfine	d space	$\boxtimes$	
How the produused	cts	Mixing	g 🛛	Pouring	$\boxtimes$	Spraying		Brushing	$\boxtimes$	Apply	ing b	y hand	/ hand tools		Loading	g out	
Product hazaro	d levels	Higl	n 🗆	Medium		Low		Product s	state	Solid		-	Liquid	$\boxtimes$		Gas	
Flammable	Oxid	lising	Gas u	H	xplosi	ive V	ery to	oxic	Corrosive	Se		ıs health zard		Healt ard/ir	h ritant		ger to onment
	4		<	>					$\diamondsuit$		<		<	0	>	<	
$\boxtimes$	[										[			$\boxtimes$		[	$\boxtimes$
PPE	Gloves	Glasse	s (	Goggles	Face shield	Hoot	wear	PPE Clothes	Dust r	nask		FFP2 nask	FFI		Respin	rator	Noise
Outside	$\boxtimes$	$\boxtimes$						$\boxtimes$						]			

Page 36 of 72 HSEDocs.com

ventilated		$\boxtimes$				$\boxtimes$					
Inside poorly ventilated	$\boxtimes$					$\boxtimes$		$\boxtimes$			
Confined space	$\boxtimes$								$\boxtimes$		
Is the substance Breathed in ⊠	hazardous t Swallow		hen: In contact w	rith skin 🛛	In contact	with eyes 🛛	Other. Ple	ase specify			
Health risks: Revapours may cause Skin contact: Ma Eye contact: Ma Ingestion: May contact: May c	se drowsiness ay cause dryi y cause serio	s and dizzin ng or crack us eye dam	iess. Contain ing of skin, i age.	s ETHYL MET	THYL KETO Insitisation. I	OXIME. May pro May produce an	oduce an al	lergic reaction	•	arcotizing effo	ect so

# First aid and emergency measures:



Inside well





**Inhalation:** May cause irritation to respiratory system. Has a narcotizing effect and vapours may cause drowsiness and dizziness.









First aider

First aid box

Eye wash

X

Wash affected area

 $\boxtimes$ 

Boot wash

### First aid details:

After significant accidental inhalation: Remove casualty from exposure ensuring one's own safety whilst doing so. Keep casualty in a safe environment where there is fresh air until narcotizing effect has worn off. Seek medical attention if casualty doesn't make a fast recovery.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 20 minutes. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

Page 37 of 72 HSEDocs.com **After skin contact:** Remove contaminated clothing, wash skin thoroughly with soap and water, or use a proprietary skin cleanser. Do not us solvents or thinners. Seek medical advice if symptoms persist.

After significant accidental ingestion: If accidentally swallowed, Do not induce vomiting. Wash out mouth with water. Keep at rest and obtain medical attention.

#### Spillage and environmental:

Mobility: Store in an upright position and ensure container is tightly closed.

**Accidental release:** Do not discharge into drains or rivers. Contain the spillage using bunding then, absorb into dry earth or sand. Transfer to a closable, labelled salvage container for disposal by an appropriate method.

Exclude sources of ignition and ventilate the area. Avoid breathing vapours.

Clean residue with a detergent; avoid use of solvents.

















#### Fire details:

Extinguishing media: Recommended - Foam, CO2 or Dry Powder.

Not to be used – water jet.

Recommendations: Fire will produce dense black smoke. Exposure to decomposition products may cause a health hazard.

Fire fighters should wear self-contained breathing apparatus.

Closed containers exposed to fire should be cooled with water. Do not allow run-off from fire-fighting to enter drains or water-courses.

Page 38 of 72 HSEDocs.com

# 11) COSHH assessment for high gloss – oil based

Substance / material	Trad	e High Gl	oss														
Suppliers addr number	ess and ph	one	ICI Pain	ts AkzoNoł	oel, W	exham Roa	d, Slo	ugh, Be	erkshire, SL2	2 5DS.	+44 ((	0) 1753	3 5500	00 +44	4 (0) 1753	3 55000	00
Contents / ingr product	redients of	No	significa	nt hazards.				ex	Is there worl worl posure limi	k Yes	$\boxtimes$	No		D	uration	8	Hrs
Where the proused	duct's	Outside	$\boxtimes$	Insid	e well	ventilated	$\boxtimes$		de poorly ver		$\boxtimes$		C	onfine	ed space	$\boxtimes$	
How the produused	ıcts	Mixing	$\boxtimes$	Pouring	$\boxtimes$	Spraying		Brush	ing 🗵	Apply	ing by	y hand	/ hand tools		Loadin	g out	
Product hazar	d levels	High		Medium		Low		Produ	ct state	Solid			Liquid			Gas	
Flammable	Oxidis	ing	Gas und pressur	H:	xplosi	ve V	ery to	oxic	Corrosiv	e S		s health eard		Heal zard/i	lth rritant		ger to onment
	$\forall$		V		V		V		V		1			V		1	
														$\boxtimes$			
PPE	Gloves	Glasses			Face shield		wear	PP Clot	1 11101	t mask		FP2 ask		FP3 nask	Respi		Noise
Outside	$\boxtimes$	$\boxtimes$					]	×								]	
Inside well ventilated	$\boxtimes$	$\boxtimes$					]	×								]	

Page 39 of 72 HSEDocs.com

Inside poorly ventilated	$\boxtimes$	$\boxtimes$				$\boxtimes$		$\boxtimes$		
Confined space	×	×				$\boxtimes$			$\boxtimes$	
Is the substance	hazardous to	health wher	1:							
Breathed in ⊠	Swallow	ed 🗵 In	contact with	skin 🗵 I	n contact witl	n eyes 🛛	Other. Please	specify		

Health risks: Repeated exposure may cause skin dryness or cracking and skin sensitisation. May cause serious eye damage and has a narcotizing effect so vapours may cause drowsiness and dizziness. FOR BLACK, WHITE AND PURE BRILLIANT WHITE: Contains ETHYL METHYL KETOXIME. May produce an allergic reaction.

FOR ALL OTHER COLOURS: Contains COBALT CARBOXYLATE, ETHYL METHYL KETOXIME. May produce an allergic reaction.

**Skin contact:** May cause drying or cracking of skin, irritation and sensitisation. May produce an allergic reaction.

Eye contact: May cause serious eye damage.

**Ingestion:** May cause irritation, nausea, vomiting and lung damage if swallowed.

**Inhalation:** May cause irritation to respiratory system. Has a narcotizing effect and vapours may cause drowsiness and dizziness.

### First aid and emergency measures:



Emergency servics



First aider



First aid box



Shower



Eye wash ⊠



Wash affected area

X



Boot wash

#### First aid details:

**After significant accidental inhalation:** Remove casualty from exposure ensuring one's own safety whilst doing so. Keep casualty in a safe environment where there is fresh air until narcotizing effect has worn off. Seek medical attention if casualty doesn't make a fast recovery.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 20 minutes. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

Page 40 of 72 HSEDocs.com

**After skin contact:** Remove contaminated clothing, wash skin thoroughly with soap and water, or use a proprietary skin cleanser. Do not us solvents or thinners. Seek medical advice if symptoms persist.

After significant accidental ingestion: If accidentally swallowed, Do not induce vomiting. Wash out mouth with water. Keep at rest and obtain medical attention.

#### Spillage and environmental:

Mobility: Store in an upright position and ensure container is tightly closed.

**Accidental release:** Do not discharge into drains or rivers. Contain the spillage using bunding then, absorb into dry earth or sand. Transfer to a closable, labelled salvage container for disposal by an appropriate method.

Exclude sources of ignition and ventilate the area. Avoid breathing vapours.

Clean residue with a detergent; avoid use of solvents.













#### Fire details:

Extinguishing media: Recommended - Foam, CO2 or Dry Powder.

Not to be used – water jet.

Recommendations: Fire will produce dense black smoke. Exposure to decomposition products may cause a health hazard.

Fire fighters should wear self-contained breathing apparatus.

Closed containers exposed to fire should be cooled with water. Do not allow run-off from fire-fighting to enter drains or water-courses.

Page 41 of 72 HSEDocs.com

# 12) COSHH assessment for metal primer – zinc phosphate

Substance / material	Trade Zin	c Pho	sphate N	Metal Primer	•												
Suppliers address a number	nts of Zinc Phosphate Pigment 10-25%, Xylene 10-15%,													00 +44	(0) 1753	5500	00
Contents / ingredied product	nts of	Solv 2.5- Mag Syn	vent Nap 10%, 1,2 gnesium thetic 2.		eum), /lbenz ·10%, mesiu	Light <1% tene 2.5-109 Silicone Di m Carbonat	, Ethy %, Tal loxide	lbenzene c,	Is there a work exposure limit	Yes	$\boxtimes$	No		Du	ration	8	Hrs
Where the product used	Ou	tside	$\boxtimes$	Insid	e well	ventilated	×	Inside	poorly venti	lated	$\boxtimes$		C	Confined	l space	$\boxtimes$	
How the products used	Mi	ixing	$\boxtimes$	Pouring	$\boxtimes$	Spraying		Brushing	g 🗵	Apply	ing by	y hand	/ hand tools		Loadin	g out	
Product hazard leve	els	High		Medium		Low		Product	state	Solid			Liquio	i 🗵		Gas	
Flammable	Oxidising		Gas und	E.	xplosi	ve V	ery to	xic	Corrosive	S	erious haz	health ard		Healtl			ger to onment
																	$\boxtimes$
PPE Glo	ves Gl	asses	Go	oggles	Face shield	Footy	wear	PPE Clothe	Dust n	nask		FP2 ask		FFP3 nask	Respi		Noise

Page 42 of 72 HSEDocs.com

Outside	$\boxtimes$	$\boxtimes$				$\boxtimes$					
Inside well ventilated		$\boxtimes$									
Inside poorly ventilated	$\boxtimes$	$\boxtimes$				$\boxtimes$		$\boxtimes$			
Confined space	$\boxtimes$	$\boxtimes$				$\boxtimes$			$\boxtimes$		
Is the substance	hazardous to	health when	1:								
Breathed in $\square$	Swallowe	ed 🗵 In	contact with	skin 🗵 I	n contact with	n eyes 🗵 (	Other. Please	specify			
<del>-</del>		<u>.</u>									
Health risks: Rep	peated exposu	re may cause	skin dryness	or cracking ar	nd skin sensiti	sation. May c	ause serious e	eye damage ar	nd has a narco	tizing effect s	80

vapours may cause drowsiness and dizziness.

**Skin contact:** May cause drying or cracking of skin, irritation and sensitisation. May produce an allergic reaction.

Eve contact: May cause serious eye damage.

**Ingestion:** May cause irritation, nausea, vomiting and lung damage if swallowed.

**Inhalation:** May cause irritation to respiratory system. Has a narcotizing effect and vapours may cause drowsiness and dizziness.

# First aid and emergency measures:



Emergency servics  $\boxtimes$ 



First aider



First aid box





Eye wash  $\boxtimes$ 



Wash affected area

 $\boxtimes$ 



Boot wash

П

#### First aid details:

After significant accidental inhalation: Remove casualty from exposure ensuring one's own safety whilst doing so. Keep casualty in a safe environment where there is fresh air until narcotizing effect has worn off. Seek medical attention if casualty doesn't make a fast recovery.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 20 minutes. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

**After skin contact:** Remove contaminated clothing, wash skin thoroughly with soap and water, or use a proprietary skin cleanser. Do not us solvents or thinners. Seek medical advice if symptoms persist.

After significant accidental ingestion: If accidentally swallowed, Do not induce vomiting. Wash out mouth with water. Keep at rest and obtain medical attention.

### Spillage and environmental:

Mobility: Store in an upright position and ensure container is tightly closed.

**Accidental release:** Do not discharge into drains or rivers. Contain the spillage using bunding then, absorb into dry earth or sand. Transfer to a closable, labelled salvage container for disposal by an appropriate method.

Exclude sources of ignition and ventilate the area. Avoid breathing vapours.

Clean residue with a detergent; avoid use of solvents.













Ш

Carbon Dioxide

Dry powder

Foam 🖂

Fire details:

Extinguishing media: Recommended - Foam, CO2 or Dry Powder.

Not to be used – water jet.

Recommendations: Fire will produce dense black smoke. Exposure to decomposition products may cause a health hazard.

Fire fighters should wear self-contained breathing apparatus.

Closed containers exposed to fire should be cooled with water. Do not allow run-off from fire-fighting to enter drains or water-courses.

Page 44 of 72 HSEDocs.com



Page 45 of 72 HSEDocs.com

# 13) COSHH assessment for quick drying gloss – water based

Substance / material	Trade	Quick D	rying Exte	rior Gloss										
Suppliers addr	ess and pho	ne	ICI Paints	AkzoNobel,	Wexham Ro	ad, Slo	ugh, Berks	shire, SL2	5DS. +44	1 (0) 1753	3 550000	+44 (0) 1753	3 55000	0
Contents / ingr product	redients of	Gly	col 2.5-10 <sup>9</sup>	oxy Propano %, Terbutryn 1 deep base),	<1%, Amm	1 0	is the	re a work sure limit	Y ec X	No		Duration	8	Hrs
Where the procused	duct's	Outside	$\boxtimes$	Inside w	vell ventilated	i 🗵	Inside p	poorly vent	tilated 🗵	]	Conf	fined space	$\boxtimes$	
How the produused	icts	Mixing	$\boxtimes$	Pouring   🗵	Spraying	g 🗆	Brushing	X	Applying	by hand	l / hand tools	□ Loadin	g out	
Product hazaro	d levels	High		Medium 🗆	] Low 🗵		Product s	state	Solid 🗆	]	Liquid	$\boxtimes$	Gas	
Flammable	Oxidisi	ng	Gas under pressure	Expl	osive	Very to	oxic	Corrosive		ous health nazard		ealth d/irritant		ger to onment
												$\boxtimes$		
PPE	Gloves	Glasses	Gogg	SIII	HOO	twear	PPE Clothes	Dust 1	mask	FFP2 mask	FFP? masl	Resni	rator	Noise
Outside	$\boxtimes$	$\boxtimes$					$\boxtimes$							
Inside well ventilated	×	$\boxtimes$					$\boxtimes$						]	

Inside poorly ventilated	$\boxtimes$					$\boxtimes$					
Confined space											
Is the substance	hazardou	s to health w	vhen:								
Breathed in 🗵	Swallo	owed 🗵	In contact w	vith skin ⊠	In contact	with eyes	☑ Other. Ple	ease specify			
•		•									
Health risks: Ri Skin contact: Ri some cases derm Eye contact: Ov Ingestion: May of Inhalation: Over	sk of absoratitis. er-exposure cause irritat	ption throug es of vapour tion, nausea	h unbroken sk are irritating t and vomiting.	tin. Prolonged to eyes. Splas	d contact with thes entering to	the skin may	have a defatti	ing effect whi	ch may lead to	_	n and in
First aid and an	NORGONOV W	LOOSIL WOS!									



**Emergency servics**  $\boxtimes$ 



First aider



First aid box



Shower



Eye wash  $\boxtimes$ 



Wash affected area



Boot wash

 $\boxtimes$ 

#### First aid details:

After significant accidental inhalation: Remove casualty from exposure ensuring one's own safety whilst doing so. Keep casualty in a safe environment where there is fresh air. Seek medical attention if casualty doesn't make a fast recovery.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 20 minutes. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

After skin contact: Remove contaminated clothing, wash skin thoroughly with soap and water, or use a proprietary skin cleanser. Do not us solvents or thinners. Seek medical advice if symptoms persist.

Page 47 of 72 HSEDocs.com After significant accidental ingestion: If accidentally swallowed, Do not induce vomiting. Wash out mouth with water. Keep at rest and obtain medical attention.

### Spillage and environmental:

Mobility: Store in an upright position and ensure container is tightly closed.

Accidental release: Do not discharge into drains or rivers. Contain the spillage using bunding then, absorb into dry earth or sand. Transfer to a closable, labelled salvage container for disposal by an appropriate method.

Avoid breathing vapours.

Clean residue with a detergent; avoid use of solvents.













#### Fire details:

Extinguishing media: Recommended - Foam, CO2 or Dry Powder.

Not to be used – water jet.

Recommendations: Fire will produce dense black smoke. Exposure to decomposition products may cause a health hazard.

Fire fighters should wear self-contained breathing apparatus.

Closed containers exposed to fire should be cooled with water. Do not allow run-off from fire-fighting to enter drains or water-courses.

Page 48 of 72 HSEDocs.com

# 14) COSHH assessment for quick drying primer and undercoat – water based

Substance / material	Tra	ade Quick D	rying Woo	d Primer Unde	rcoat										
Suppliers addr number	ess and p	hone	ICI Paints	AkzoNobel, W	Vexham Roa	d, Slo	ugh, Berksl	hire, SL2 5	5DS.	+44 (0) 1	753 55000	)0 +44	4 (0) 1753	3 55000	00
Contents / ingr product	edients o		$\mathcal{C}$	ım Silicate 2.5- 10%, Benzyl A	, ,		1	e a work sure limit	Vec	$\boxtimes$ N	Jo □	D	uration	8	Hrs
Where the pro-	duct's	Outside	$\boxtimes$	Inside wel	l ventilated	$\boxtimes$	Inside p	oorly vent	ilated	$\boxtimes$	Co	onfine	ed space	$\boxtimes$	
How the produused	ıcts	Mixing		Pouring   🗵	Spraying		Brushing	$\boxtimes$	Apply	ing by ha	and / hand tools		Loadin	g out	
Product hazaro	d levels	High		Medium 🗆	Low 🗵		Product s	tate	Solid		Liquid	$\boxtimes$		Gas	
Flammable	Oxid	lising	Gas under pressure	Explos	ive V	ery to	xic	Corrosive	S	erious he hazard		Heal zard/ii	th rritant		ger to onment
$\boxtimes$														I	
PPE	Gloves	Glasses	Gogg	shiei	d	wear	PPE Clothes	Dust 1	mask	FFP2 mask		FP3 ask	Respi	0	Noise
Outside	$\boxtimes$	$\boxtimes$				]	$\boxtimes$		]					]	
Inside well ventilated	$\boxtimes$	$\boxtimes$				]	$\boxtimes$		]					]	

Page 49 of 72 HSEDocs.com

Inside											
poorly	$\boxtimes$	$\boxtimes$				$\boxtimes$					
ventilated											
Confined	$\boxtimes$	$\boxtimes$				$\boxtimes$	П			П	
space											Ш
Is the substance	hazardous to	health whe	en:								
Breathed in $\square$	Swallowe	ed 🗵 I	n contact with	skin 🗵	In contact wit	h eyes 🛛 🕻	Other. Please	specify			
				•							
Health risks: Ris	k of absorptic	on through u	nbroken skin, i	may irritate re	espiratory syst	em and eyes.	Splashes to ey	es may cause	e irritation and	damage.	
Skin contact: Ris											d in
some cases derma	titis.	_		_					-		
Eye contact: Ove	r-exposures o	of vapour are	irritating to e	yes. Splashes	entering the e	ye will cause of	discomfort an	d possible da	mage.		
<b>Ingestion:</b> May ca	ause irritation	, nausea and	l vomiting.	_				_	_		
Inhalation: Over	exposures of	vapour are	irritating respir	atory system.							
											***************************************
First aid and em	ergency meas	sures:									
	=										



Emergency servics



First aider



First aid box



Shower



Eye wash

 $\boxtimes$ 



Wash affected area

 $\boxtimes$ 



Boot wash

#### First aid details:

After significant accidental inhalation: Remove casualty from exposure ensuring one's own safety whilst doing so. Keep casualty in a safe environment where there is fresh air. Seek medical attention if casualty doesn't make a fast recovery.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 20 minutes. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

**After skin contact:** Remove contaminated clothing, wash skin thoroughly with soap and water, or use a proprietary skin cleanser. Do not us solvents or thinners. Seek medical advice if symptoms persist.

Page 50 of 72 HSEDocs.com

After significant accidental ingestion: If accidentally swallowed, Do not induce vomiting. Wash out mouth with water. Keep at rest and obtain medical attention.

### pillage and environmental:

**Mobility:** Store in an upright position and ensure container is tightly closed.

Accidental release: Do not discharge into drains or rivers. Contain the spillage using bunding then, absorb into dry earth or sand. Transfer to a closable, labelled salvage container for disposal by an appropriate method.

Avoid breathing vapours.

Clean residue with a detergent; avoid use of solvents.













#### Fire details:

Extinguishing media: Recommended - Foam, CO2 or Dry Powder.

Not to be used – water jet.

Recommendations: Fire will produce dense black smoke. Exposure to decomposition products may cause a health hazard.

Fire fighters should wear self-contained breathing apparatus.

Closed containers exposed to fire should be cooled with water. Do not allow run-off from fire-fighting to enter drains or water-courses.

Page 51 of 72 HSEDocs.com

# 15) COSHH assessment for silicone sealant

Substance / material	Silic	cone Sealan	ıt													
Suppliers addres number	ss and ph	one	Siroflex	Limited, D	odwortl	h Business	Park, I	Oodworth	, Barnsley	, South	Yorkshire.	. S75 3SF	P. 012	226 771 6	500	
Contents / ingred product	dients of		%, Disti	petroleum), llates (petro	•				Is there a work sure limit		□ No	$\boxtimes$	Du	ration		
Where the produused	uct's	Outside	$\boxtimes$	Insid	le well v	ventilated	$\boxtimes$	Inside p	oorly vent	ilated	$\boxtimes$	Cor	nfined	l space	$\boxtimes$	
How the product used	ts	Mixing		Pouring		Spraying	□ I	Brushing		Applyi	ing by hand	d / hand tools	$\boxtimes$	Loading	gout	
Product hazard	levels	High		Medium		Low	F	Product s	state	Solid		Liquid	$\boxtimes$		Gas	
Flammable	Oxidis	sing	Gas und pressur	E	xplosiv	e V	ery toxi	c	Corrosive	Se	erious healt hazard		Health ard/irr		Dang enviro	ger to nment
													$\boxtimes$			
PPE (	Gloves	Glasses		oggles	Face shield	Footw	vear	PPE Cloths	Dust r	nask	FFP2 mask	FFI ma		Respir	ator	Noise
Outside	$\boxtimes$	$\boxtimes$				$\boxtimes$				]			]			

Page 52 of 72 HSEDocs.com

Inside well ventilated	$\boxtimes$	$\boxtimes$			$\boxtimes$					
Inside		$\boxtimes$			$\boxtimes$			$\boxtimes$		
poorly ventilated										
Confined	$\boxtimes$	$\boxtimes$			$\boxtimes$	$\boxtimes$			$\boxtimes$	
space										
Is the substance	hazardou	s to health wl	nen:							
Breathed in ⊠	Swalle	owed 🗵	In contact w	rith skin 🛛	In contact	with eyes   \( \times	Other. Ple	ase specify		 
Health risks: M	ay cause sk	in, eye and re	spiratory irri	tation.						
Skin contact: The	here may be	e irritation and	l redness at t	he site of conta	ict.					
Eye contact: Th	ere may be	irritation and	redness. The	eyes may wat	er profusely.					
<b>Ingestion:</b> There	e may be so	reness and rec	lness of the 1	nouth and thro	at. Nausea a	nd stomach pa	in may occur	. There may b	e vomiting.	
Inhalation: The	re may be i	rritation of the	throat with	a feeling of tig	htness in the	chest.				

### First aid and emergency measures:



Emergency servics



First aider



First aid box



Shower



Eye wash

X



X

Wash affected area



Boot wash

#### First aid details:

After significant accidental inhalation: Remove casualty from exposure ensuring one's own safety whilst doing so.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 15 minutes. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

After skin contact: Wipe off with tissue and wash contaminated area.

After significant accidental ingestion: Wash out mouth with water. Do not induce vomiting. Consult a physician if symptoms persist.

Page 53 of 72 HSEDocs.com

## Spillage and environmental:

Non-toxic.

Mobility: Store in cool, well-ventilated area. Keep container tightly closed

Accidental release: Do not discharge into drains or rivers. Contain the spillage using bunding then, absorb into dry earth or sand. Transfer to a closable, labelled salvage container for disposal by an appropriate method.







 $\boxtimes$ 









Raise alarm  $\boxtimes$ 

#### Fire details:

No special measures required.

Page **54** of **72** HSEDocs.com

# 16) COSHH assessment for thinners

Substance / material	Thin	ners															
Suppliers address	s and ph	one	Tetro	syl Limite	d, Bevis	s Gree	en Works	s, Wal	mersley, E	Bury. BL9	6RE.	0161	764 5981				
number												<u>,                                    </u>					
Contents / ingred	lients of	1-	Methox	ky-2-Propa	nol 5-10	)%, A	cetone 3	0-60%	<b>6</b> ,	Is there a							
product		B	utylace	tate –norm	5-10%,	Ethy	lacetate 5	5-10%	),	work		$\boxtimes$	No 🗆	D <sub>1</sub>	uration	Q	Hrs
		IP	A 1-5%	6, Methano	11-5%,	Tolu	ene 10-3	0%,	ovno	sure limit			NO $\square$	D	uranon	0	1115
		X	ylene 1	0-30%					expo	sure minit							
Where the produused	ct's	Outsio	le 🗵	]	nside w	ell ve	ntilated	$\boxtimes$	Inside p	oorly ven	tilated			Confine	ed space		
How the products used	IVIIXIn		ıg 🗆	Pour	ing 🗵	S	praying		Brushing	×	Apply	ing by	y hand / ha to	ınd ols ⊠	Loadin	g out	
Product hazard le	evels	Hig	h 🗆	Medi	um 🗵	Lo	ow 🗆		Product s	state	Solid		Liq	uid 🗵		Gas	
Flammable	nazard levels Hi			under ssure	Explo	osive	V	ery to	xic	Corrosive	S	erious haz	s health eard	Heal hazard/ir		•	ger to onment
					T				DDE				_	—————————————————————————————————————		[	
PPE G	loves	Glass	es	Goggles	Fa shio		Footv	vear	PPE Clothes	Dust	mask		FP2 ask	FFP3 mask	Respi	3	Noise
Outside	$\boxtimes$	$\boxtimes$				]	$\boxtimes$					[				]	

Page 55 of 72 HSEDocs.com

ventilated $\boxtimes$	$\boxtimes$			$\boxtimes$				$\boxtimes$				
Inside poorly $\square$ ventilated												
Confined												
s the substance hazardous to health when:  Breathed in Swallowed Swallowed In contact with skin Sign In contact with eyes Other. Please specify  Itealth risks: Harmful by inhalation, in contact with skin and if swallowed. Irritating to eyes and respiratory system. May cause lung damage if swallowed.												
Health risks: Harmful by inhala Skin contact: There may be irritated ingestion: There may be soreness accidentally, the product may en Inhalation: There may be irritated to the irritated to the irritated to the irritated in the	tation and red ation and red ss and rednes ter the lungs ion of the thr	lness and cherness. The eyes of the mouth due to its low	mical burns at s may water p n and throat. I viscosity and	t the site of corofusely.  Nausea and stalled to the ra	ontact.  omach pain napid developn	nay occur. The	ere may be vo	omiting. If swa	ıllowed			

#### First aid and emergency measures:



Emergency servics



First aider



First aid box



Shower



Eye wash



Wash affected area 

⊠



Boot wash

### First aid details:

**After significant accidental inhalation:** Remove casualty from exposure ensuring one's own safety whilst doing so. If unconscious place in the recovery position. Call an ambulance.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 15 minutes. If possible, use isotonic water (0.9% NaCl). Immediately contact a specialist of occupational medicine or an eye specialist.

Page 56 of 72 HSEDocs.com

After skin contact: Wash the affected skin with soap and water. Seek medical treatment in all cases of irritation.

After significant accidental ingestion: Wash out mouth with water. Do not induce vomiting. Drink plenty of water or milk. Transport immediately to hospital.

# Spillage and environmental:

Readily absorbed into soil. Not readily biodegradable.

**Mobility:** Store in cool, well-ventilated area. Keep container tightly closed. Keep away from sources of ignition. Prevent the build-up of electrostatic charge in the immediate area. Ensure lighting and electrical equipment are not a source of ignition.

**Accidental release:** Do not discharge into drains or rivers. Contain the spillage using bunding then, absorb into dry earth or sand. Transfer to a closable, labelled salvage container for disposal by an appropriate method. Do not use equipment in clean-up procedure which may produce sparks.







Dry powder



Foam 🖂





#### Fire details:

Highly flammable. In combustion emits toxic fumes and corrosive gasses. Forms explosive air-vapour mixture. Vapour may travel considerable distance to source of ignition and flash back.

Fires in closed or confined spaces should be tackled by trained personnel who should wear self-contained breathing apparatus.

Page 57 of 72 HSEDocs.com

# 17) COSHH assessment for white spirit

Substance /	V	Vhite Spiri	t															
material																		
Suppliers addi	ess and	phone	Tet	rosyl Lim	ited, Be	vis C	Green Work	s, Wal	mersley	, Bury. BL9	6RE.	0161	764 59	981				
number														T T		1		
Contents / ingi	redients		-	a (petrole	ım) hyd	lrode	sulfurised h	eavy		Is there a		$\boxtimes$					0	
product			100%						ex	work Yes exposure limit			No		Di	uration	8	Hrs
Where the proused	duct's	Outs	side 🛭 🗵		Inside	well	l ventilated	$\boxtimes$	Insid	e poorly ven	tilated	$\boxtimes$		(	Confine	d space		
How the produused	ıcts	Mix	ing [	] Po	ouring	$\boxtimes$	Spraying		Brushi	ng 🗵	Apply	ing b	y hand	/ hand tool		Loadin	g out	
Product hazar	d levels	Н	igh [	] M	edium	$\boxtimes$	Low 🗆		Produc	et state	Solid			Liqui	d 🗵		Gas	
Flammable	Ox	idising		s under essure	Ex	plosi	ve V	ery to	xic	Corrosive	S	haz	s healtl zard		Heal azard/ir		enviro	ger to onment
PPE	Gloves	Gla	sses	Goggle	S	Face shield	Hoofs	wear	PP	I hact	mask		FP2 lask		FFP3 mask	Respi		Noise
Outside	$\boxtimes$	Σ	3				×	]									]	
Inside well ventilated		Σ					×								$\boxtimes$		]	

Page 58 of 72 HSEDocs.com

Breathed in [2]	⊠ Swa	llowed 🗵	In contact w	vith skin 🛛	In contact	with eyes	☑ Other. Ple	ease specify		
Is the substance	e hazardo	ous to health w	vhen:							
Confined space										
Inside poorly ventilated			$\boxtimes$		$\boxtimes$					

**Health risks:** Harmful by inhalation, in contact with skin and if swallowed. Irritating to eyes and respiratory system. May cause lung damage if swallowed. **Skin contact:** There may be irritation and redness at the site of contact.

**Eye contact:** There may be irritation and redness. The eyes may water profusely.

Ingestion: There may be soreness and redness of the mouth and throat. Nausea and stomach pain may occur. There may be vomiting. If swallowed

accidentally, the product may enter the lungs due to its low viscosity and lead to the rapid development of very serious pulmonary lesions.

**Inhalation:** There may be irritation of the throat with a feeling of tightness in the chest. In high concentrations, vapours are anaesthetic and may cause headache, fatigue, dizziness and central nervous system effects.

### First aid and emergency measures:



Emergency servics



First aider



First aid box



Shower



Eye wash

X



Wash affected area

 $\boxtimes$ 



Boot wash

#### First aid details:

After significant accidental inhalation: Remove casualty from exposure ensuring one's own safety whilst doing so. If unconscious place in the recovery position. Consult a physician.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 15 minutes. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

After skin contact: Wash the affected skin with soap and water. Seek medical treatment in all cases of irritation.

After significant accidental ingestion: Wash out mouth with water. Do not induce vomiting. Get immediate medical help.

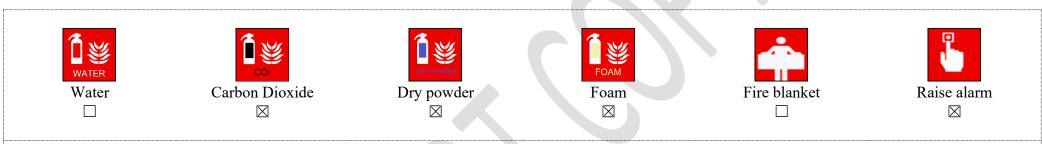
Page 59 of 72 HSEDocs.com

### Spillage and environmental:

Readily absorbed into soil. Not readily biodegradable. Toxic to aquatic organisms.

**Mobility:** Store in cool, well-ventilated area. Keep container tightly closed. Keep away from sources of ignition. Prevent the build-up of electrostatic charge in the immediate area. Ensure lighting and electrical equipment are not a source of ignition.

Accidental release: Do not discharge into drains or rivers. Contain the spillage using bunding then, absorb into dry earth or sand. Transfer to a closable, labelled salvage container for disposal by an appropriate method. Do not use equipment in clean-up procedure which may produce sparks.



Highly flammable. In combustion emits toxic fumes. Forms explosive air-vapour mixture. Vapour may travel considerable distance to source of ignition and flash back.

Fires in closed or confined spaces should be tackled by trained personnel who should wear self-contained breathing apparatus.

Page 60 of 72 HSEDocs.com

# 18) COSHH assessment for vinyl matt emulsion

Substance / material	Tra	ade Vinyl M	latt														
Suppliers addre number	ess and p	ohone	ICI P	aints AkzoN	lobel, V	Vexham R	oad, Sl	ough, Berk	shire, SL2 3	5DS.	+44 (	0) 1753	3 55000	0 +44 (0	) 1753 :	55000	00
Contents / ingreproduct	edients o		phtha ( 5%	(Petroleum),	Hydro	treated He	avy 1-		ere a work osure limit	Yes	$\boxtimes$	No		Dura	ıtion	8	Hrs
Where the prodused	luct's	Outsid	e 🗵	Ins	side we	ll ventilate	ed 🗵	Inside 1	poorly vent	tilated	$\boxtimes$		Со	onfined s	pace	$\leq$	
How the production	cts	Mixin	g 🗵	Pourin	ıg 🛛	Sprayii	ıg 🗆	Brushing	g 🗵	Apply	ing b	y hand	/ hand tools		Loading	out	
Product hazard	l levels	Hig	n 🗆	Mediu	n 🗆	Low	$\boxtimes$	Product	state	Solid			Liquid	$\boxtimes$	(	Gas	
Flammable	Oxid	lising		under sure	Explos	sive	Very t	oxic	Corrosive	S		s health zard		Health ard/irrita	ant e		ger to onment
$\Theta$	13				V		1000				1			V		1	
											[					[	
PPE	Gloves	Glasse	S	Goggles	Faceshiel	d Fo	otwear	PPE Clothe	Dust 1	mask		FP2 nask		FP3 ask	Respira	tor	Noise
Outside	$\boxtimes$	$\boxtimes$						$\boxtimes$		]							

Page 61 of 72 HSEDocs.com

Inside well ventilated	$\boxtimes$	$\boxtimes$				$\boxtimes$								
Inside poorly	$\boxtimes$	$\boxtimes$				$\boxtimes$								
ventilated Confined space						$\boxtimes$								
Is the substance	hazardous to	health wher	1:											
Breathed in $\boxtimes$	Swallow	ed 🗵 🛮 In	contact with	skin 🗵 🗀	In contact with	n eyes 🗵 (	Other. Please	specify						
						i								
Skin contact: Re Eye contact: Ove Ingestion: May o	Health risks: May irritate respiratory system and eyes. Splashes to eyes may cause irritation and damage.  Skin contact: Repeated exposure may cause skin dryness or cracking.  Eye contact: Over-exposures of vapour are irritating to eyes. Splashes entering the eye will cause discomfort and possible damage.  In a specific contact: Over-exposures of vapour are irritating respiratory system.													

# First aid and emergency measures:



 $\boxtimes$ 



First aider 



First aid box



Shower



Eye wash  $\boxtimes$ 



Wash affected area  $\boxtimes$ 



Boot wash

# First aid details:

After significant accidental inhalation: Remove casualty from exposure ensuring one's own safety whilst doing so. Keep casualty in a safe environment where there is fresh air. Seek medical attention if casualty doesn't make a fast recovery.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 20 minutes. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

Page 62 of 72 HSEDocs.com **After skin contact:** Remove contaminated clothing, wash skin thoroughly with soap and water, or use a proprietary skin cleanser. Do not us solvents or thinners. Seek medical advice if symptoms persist.

After significant accidental ingestion: If accidentally swallowed, Do not induce vomiting. Wash out mouth with water. Keep at rest and obtain medical attention.

# Spillage and environmental:

Mobility: Store in an upright position and ensure container is tightly closed.

**Accidental release:** Do not discharge into drains or rivers. Contain the spillage using bunding then, absorb into dry earth or sand. Transfer to a closable, labelled salvage container for disposal by an appropriate method.

Avoid breathing vapours.

Clean residue with a detergent; avoid use of solvents.





X









#### Fire details:

Extinguishing media: Recommended - Foam, CO2 or Dry Powder.

Not to be used – water jet.

Recommendations: Fire will produce dense black smoke. Exposure to decomposition products may cause a health hazard.

Page 63 of 72 HSEDocs.com

Fire fighters should wear self-contained breathing apparatus.

Closed containers exposed to fire should be cooled with water. Do not allow run-off from fire-fighting to enter drains or water-courses.

Page 64 of 72 HSEDocs.com

# 19) COSHH assessment for vinyl silk emulsion

Substance / material	Tra	ade Vinyl Sil	lk													
Suppliers addr	ress and p	hone	ICI Paints	s AkzoNobe	el, We	xham Roac	d, Slo	ugh, Berksl	hire, SL2	5DS. +	+44 (0)	1753 550	0000 +44	4 (0) 1753	3 55000	00
Contents / ingr product	redients o	f No	significan	hazards.				Is ther expos	$\boxtimes$	No 🗆	D	uration	8	Hrs		
Where the pro-	duct's	Outside	$\boxtimes$	Inside	well w	entilated	$\boxtimes$		oorly ven		$\boxtimes$		Confine	ed space	$\boxtimes$	
How the produ	ıcts	Mixing	$\boxtimes$	Pouring	$\boxtimes$	Spraying		Brushing		Applyi	ing by l	nand / har too		Loadin	g out	
Product hazar	d levels	High		Medium		Low 🗵		Product s	tate	Solid		Liqu			Gas	
Flammable	Oxid	lising	Gas unde pressure	Ex	plosive	e Vo	ery to	xic	Corrosive	Se	erious h hazar		Heal hazard/ii			ger to onment
															[	
PPE	Gloves	Glasses	Gog	gles	Face hield	Footw	vear	PPE Clothes	Dust	mask	FFP		FFP3 mask	Respi		Noise
Outside	$\boxtimes$	$\boxtimes$	Г					$\boxtimes$							]	
Inside well	$\boxtimes$	$\boxtimes$						$\boxtimes$							]	

Page 65 of 72 HSEDocs.com

Inside													
poorly	$\boxtimes$	$\boxtimes$				$\boxtimes$							
ventilated													
Confined	$\boxtimes$	$\boxtimes$				$\boxtimes$							
space											Ш		
s the substance hazardous to health when:													
Breathed in $\boxtimes$ Swallowed $\boxtimes$ In contact with skin $\boxtimes$ In contact with eyes $\boxtimes$ Other. Please specify													
Health risks: Ma	y irritate respi	ratory system	and eyes. Sp	lashes to eyes	may cause irr	ritation and da	ımage.						
Skin contact: Re													
Eye contact: Ove		•	•	_	ntering the ey	e will cause d	liscomfort and	d possible dan	nage.				
<b>Ingestion:</b> May o				•				1	C				
Inhalation: Over			_	tory system.									
	<del>-</del>										i		

#### First aid and emergency measures:















Fir

 $\boxtimes$ 

Wash affected area

Boot wash

First aid details:

**After significant accidental inhalation:** Remove casualty from exposure ensuring one's own safety whilst doing so. Keep casualty in a safe environment where there is fresh air. Seek medical attention if casualty doesn't make a fast recovery.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 20 minutes. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

**After skin contact:** Remove contaminated clothing, wash skin thoroughly with soap and water, or use a proprietary skin cleanser. Do not us solvents or thinners. Seek medical advice if symptoms persist.

Page 66 of 72 HSEDocs.com

After significant accidental ingestion: If accidentally swallowed, Do not induce vomiting. Wash out mouth with water. Keep at rest and obtain medical attention.

# Spillage and environmental:

Mobility: Store in an upright position and ensure container is tightly closed.

**Accidental release:** Do not discharge into drains or rivers. Contain the spillage using bunding then, absorb into dry earth or sand. Transfer to a closable, labelled salvage container for disposal by an appropriate method.

Avoid breathing vapours.

Clean residue with a detergent; avoid use of solvents.









 $\boxtimes$ 





#### Fire details:

Extinguishing media: Recommended - Foam, CO2 or Dry Powder.

Not to be used – water jet.

Recommendations: Fire will produce dense black smoke. Exposure to decomposition products may cause a health hazard.

Fire fighters should wear self-contained breathing apparatus.

Closed containers exposed to fire should be cooled with water. Do not allow run-off from fire-fighting to enter drains or water-courses.

Page 67 of 72 HSEDocs.com



Page 68 of 72 HSEDocs.com

# 20) COSHH assessment for vinyl soft sheen emulsion

Substance / material	Trade	Vinyl So	oft Sheen												
Suppliers addre	ss and pho	ne	ICI Paints	AkzoNobel,	Wexham Roa	ıd, Slo	ugh, Berksh	nire, SL2 5	5DS. +4	44 (0) 175	3 55000	0 +44 (	(0) 1753	55000	00
Contents / ingre product	dients of	No	significant	nazards.			Is there a work exposure limit			⊠ No		Duration		8	Hrs
Where the prodused	uct's	Outside	$\boxtimes$	Inside we	ell ventilated	$\boxtimes$		oorly vent	ilated		Со	nfined	space	$\boxtimes$	
How the produc	ets	Mixing	$\boxtimes$	Pouring 🗵	Spraying		Brushing	$\boxtimes$	Applyir	ng by hand	d / hand tools		Loading	out	
Product hazard	levels	High		Medium 🗆	Low		Product st	tate	Solid		Liquid	$\boxtimes$		Gas	
Flammable	Oxidisi	ng	Gas under pressure	Explo	osive V	ery to	exic (	Corrosive	Ser	rious healt hazard		Health card/irri		•	ger to onment
				E											
PPE	Gloves	Glasses	Gogg	SIIIC	ld	wear	PPE Clothes	Dust r	mask	FFP2 mask	FF	FP3 ask	Respira		Noise
Outside	$\boxtimes$	$\boxtimes$					$\boxtimes$								
Inside well ventilated	$\boxtimes$	$\boxtimes$					$\boxtimes$								

Page **69** of **72** 

Inside														
poorly	$\bowtie$	$\boxtimes$				$\boxtimes$								
ventilated														
Confined	$\boxtimes$					$\boxtimes$								
space											Ш			
Is the substance	s the substance hazardous to health when:													
Breathed in $\boxtimes$ Swallowed $\boxtimes$ In contact with skin $\boxtimes$ In contact with eyes $\boxtimes$ Other. Please specify														
Health risks: Ma Skin contact: Re Eye contact: Ove Ingestion: May c Inhalation: Over	peated exposur- r-exposures of ause irritation	re may cause f vapour are in , nausea and v	skin dryness rritating to ey comiting.	or cracking. es. Splashes				d possible dar	nage.					

### First aid and emergency measures:

















 $\boxtimes$ 

Wash affected area

 $\boxtimes$ 

### irea Boot w

#### First aid details:

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Page 70 of 72 HSEDocs.com

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Avoid breathing vapours.

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Fire details:

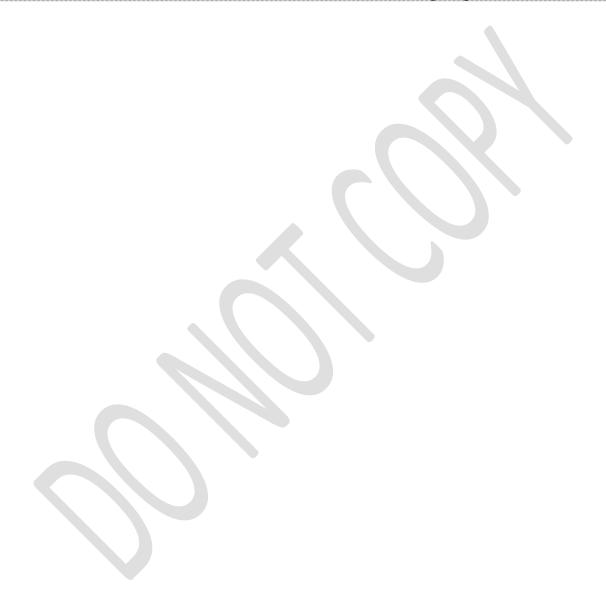
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Page 72 of 72 HSEDocs.com