(INSERT YOUR COMPANY NAME HERE) Health and safety pack.

For: (INSERT NAME OF CLIENT, PROJECT OR CONTRACT NUMBER)

On: (INSERT TODAYS DATE)

Review date: (INSERT DATE 6 MONTHS AFTER TODAY)

Document author:	Signed:	Date:

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1) Risk assessment for gardening and maintenance

Potential hazards	People at risk and how?	Actions already in place	Further action required	Action by	Action target date	Done
Falling from height (hop ups)	Both minor and major injuries can occur if a worker falls from a hop up	 Hop ups inspected prior to use, fit for purpose, with a maximum working height of 500mm Ensure hop up legs are securely locked in place prior to use Ensure the ground base for the hop ups is firm and level Avoid over reaching when working and storing tools or materials on hop up 	Manager to conduct tool box talk on working at heights prior to work commencing			
		Painted hop ups are not to be used				
Falling from height (into excavation)	Serious or fatal injury could occur if a worker falls from height into an excavation	 Physical barriers to be erected around excavation Appropriate ladders, correctly secured and extended one metre above floor level, should be used to enter and exit the excavation Adequate shoring or battering of the sides to a suitable angle to prevent collapse. 	Manager to conduct tool box talk on working at heights prior to work commencing			
		Area around the excavation should have good housekeeping with trip hazards removed				

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		Vehicles to be kept away from excavations where possible	
Falling from height (ladders)	Serious or fatal injury could occur if a worker falls from height	 Non access ladders should be used in conjunction with ladder stays, a securing device or a person footing the ladder Access ladders should be extended one metre above platform Ladders in good condition, placed on a firm surface, and have a pre use check prior to use and a thorough visual check every six months Ladder is used at correct angle of 1 in 4, or 75° Avoid over reaching and ensure that belt 	Manager to conduct tool box talk on working at heights prior to work commencing
		buckle remains between the ladder stiles at all times with both feet on the same rung	
Falling from height (step ladder)	Serious or fatal injury could occur if a worker falls from height due to misuse of steps	 Step ladders intended for domestic use must not be used in the work place Ensure the ground base for the step ladder is firm and level Avoid using step ladders in positions where they may be struck. E.g. by an opening door. If a compromising position cannot be avoided ensure a second person is employed as a spotter 	Manager to conduct tool box talk on working at heights prior to work commencing

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		 Avoid over reaching and ensure that belt buckle remains between the step ladders stiles at all times Ensure a second person foots the step ladder if working more than four steps high 			
Slips, trips and falls	Sprains, fractures and tissue damage could be suffered by operatives or public from slipping, tripping or falling over tools, materials, waste or areas of bad ground	 Housekeeping to be carried out at regular intervals throughout the working day with surplus materials and waste to be removed as work progresses Safety boots to be worn by all operatives and site visitors Work area to be cordoned off where practicable and site caution signs to be used Avoid trailing cables, and ensure materials and tools are not obstructing designated walkways Use signage for uneven, or wet floor surfaces as well as for change in levels 			
Hazard to hands from general construction work	Operatives can suffer skin disease and damage including dermatitis by prolonged contact with a range of materials	 A minimum of palm coated gripper gloves to be worn Waterproof gauntlets to be used for prolonged contact with wet works Avoid direct contact with skin where possible and rinse off with clean water if contact occurs 	Use of gloves to be monitored by supervisor		

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		Use of barrier cream encouraged		
Hazards to hands (manual tools, strike and puncture wounds)	Operatives could suffer strike or puncture injuries from materials and sharp objects they are working with	 Palm coated gripper gloves to be worn at all times Hammers and percussive hand tools to be in good condition with relevant handguards in place. Visually inspect prior to use Cold chisels that have mushroomed should be re dressed, and blunt or damaged tools should be repaired or discarded Follow correct sequence of works so 	Use of gloves to be monitored by supervisor	
Manual handling	Operatives may receive back and other injuries if correct practices are not adhered to	 that no debris can land from above Raising, lowering and carrying loads is to be carried out using the correct posture and technique Ensure the load is light enough to lift and will remain stable in transport. Loads over 25KG are classified as double handling If the load is to be carried check the route is free from obstacles before starting Use mechanical aids such as stack trucks where possible if applicable 	All operatives and staff to have manual handling training every three years	

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Fire / explosion	All operatives in the vicinity could suffer smoke inhalation or burns	 A load is classified as double handling if it is of irregular shape, obstructs vision, has to be manhandled around staircases or other obstructions or if a person doesn't feel confident lifting it Suitable fire extinguishers/sand buckets to be kept in welfare room and at various points around site if required No hot works to be carried out without a permit and sign off Fire risk assessment carried out prior to works commencing Escape routes, traffic management plan, muster point and importance of signing in book explained at induction and good housekeeping maintained Use of gas horns to act as fire alarm 	Supervisor to brief all operatives on first day on emergency arrangements agreed with principal contractor	
Welfare / first aid	Glasses cleaning stations, washing facilities and first aid facilities provide a safer working environment and	demonstrated at induction • Principal contractor to provide on-site facilities including • Flushing toilet	Supervisor to brief operatives on facilities and	
	allow minor cuts and grazes to be dealt with in a hygienic and proper manner	 Canteen with kettle, microwave and washing facilities First-aid equipment 	the maintaining of a clean welfare area	
Noise	Operatives and others in the vicinity may suffer temporary or permanent	Consideration of tools noise output when selecting tools and low-noise tools used where possible		

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	hearing loss from exposure to noise	 Adequate PPE for noise suppression supplied and used Operatives tool box talked on noise exposure at induction 			
RSIs (Repetitive strain injuries)	Any individual who carries out repetitive tasks may experience pain in various	Avoid forceful or repetitive tasks where possible			
	joints and muscle groups.	 Ensure work area is set up correctly Avoid arching back or squatting for long periods Avoid stretching and over reaching 			
Electric power	Risk of electric shocks and fire risks including smoke inhalation and burns to people in the vicinity	Only 110v or cordless power tools allowed on site 110 power can be received from a generator or a transformer providing an RCD is used			
		 110v battery chargers are preferred, however mains supply may be used providing an RCD is employed All chargers, generator and tools to have 			
		an in date PAT testLeads, tools, plugs and sockets to be visually inspected prior to use			
Hand arm vibration	Exposure to vibration can lead to the development of	• No tools to be used where exposure levels are at or above the ELV (Exposure Limit Value of 400 points or 5 ms²)	Supervisors to attend hand arm vibration		

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	"vibration white finger"		awareness
	(VWF) and other symptoms	A minimum of palm coated gripper gloves to be worn (EN 388) and work exposure levels in line with tool to be followed	training every 3 years
		Minimise the length of time vibratory tools and equipment are used in one go by dividing workloads into ten minute slots	
		All operatives to be given hand arm vibration toolbox talk on induction	
		Consideration given to minimising vibration levels when selecting new equipment	
Power tools	A range of minor, major and possibly fatal injuries can be sustained from	Tools to be visually inspected prior to use and have current PAT certification	
	moving parts of tools and the substances they are working with	Correct drill bits, saw blades, grinder discs etc to be used for the job and to be in good condition	
		No working tool to be forced. i.e. if excessive pressure has to be applied to get a tool to work, the situation has to be reassessed	
		Correct guards and PPE to be use to prevent impact or cut damage to eyes, face and body.	

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		Consideration of clothing, hair and jewel should be made to ensure that nothing can get caught in moving parts	
Risk of excavation collapse	Serious or fatal injury could occur if excavation collapses in on worker	Appropriate ladders, correctly secured and extended one metre above floor level, should be used to enter and exit the excavation	
		Adequate shoring or battering of the sides to a suitable angle to prevent collapse	
		An exclusion zone around excavation of 5 metres for vehicles and plant while someone is working in excavation	
		 Use of temporary side support for excavations over 600mm Surface water to be channelled away 	
		from excavation	
Hazard off buried services	Electrocution could occur from a buried services strike	 Ensure principal contractor has surveyed for buried services Use locators to trace any services. Mark 	
		the ground accordingly	
		Works not to commence until principal contractor gives the green light	
		 Look around for obvious signs of underground services, eg valve covers or patching of the road surface 	

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		Be aware that blinding sand, or fines is an indicator of buried services		
Other all has also at a district	O			
Struck by ejected object	Operatives and others in	No hot works to be carried out without		
or substance when using	close proximity may suffer	the correct permit been issued and signed		
washer	strike wounds from objects	off at end of day		
	or substances			
		Don't point jet flow towards yourself or		
		others		
		Only trained operatives who are aware		
		of tool kickback and pressure may use		
		machinery		
		Machine, cables, hoses, wands and		
		connectors to be inspected prior to use		
Substance Risks		definitions to be inspected prior to use	II	
Oil	Harmful by inhalation, in	Follow manufacturer's instructions and		
Oli	contact with skin and if	use guidance set out in COSHH		
		Assessment		
	swallowed. Irritating to eyes	Assessment		
	and respiratory system.			
	May cause lung damage if			
	swallowed. Vapours may			
	cause drowsiness and			
	dizziness.			
Petrol	Harmful by inhalation, in	Follow manufacturer's instructions and		
	contact with skin and if	use guidance set out in COSHH		
	swallowed, irritating to eyes	Assessment		
	and respiratory system,			
	may cause lung damage if			
	swallowed, vapours may			
	cause drowsiness and			
	dizziness			

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2) Risk Assessment - Hedge, lawn cutting and strimming

Potential hazards	People at risk and how?	Actions already in place	Further action required	Action by	Action target date	Done
Slips, trips and falls	Sprains, fractures and tissue damage could be suffered by operatives or public from slipping, tripping or falling over tools, materials, waste or areas of bad ground	 Housekeeping to be carried out at regular intervals throughout the working day with surplus materials and waste to be removed as work progresses Safety boots to be worn by all operatives and site visitors Work area to be cordoned off where practicable and site caution signs to be used Avoid trailing cables, and ensure materials and tools are not obstructing designated walkways 				
		Use signage for uneven, or wet floor surfaces as well as for change in levels				
Manual handling	Operatives may receive back and other injuries if correct practices are not adhered to	Raising, lowering and carrying loads is to be carried out using the correct posture and technique	All operatives and staff to have manual handling training every three years			

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		 Ensure the load is light enough to lift and will remain stable in transport. Loads over 25KG are classified as double handling If the load is to be carried check the route is free from obstacles before starting Use mechanical aids such as stack trucks where possible if applicable A load is classified as double handling if it is of irregular shape, obstructs vision, has to be manhandled around staircases or other obstructions or if a person doesn't feel confident lifting it 			
Fire / explosion	All operatives in the vicinity could suffer smoke inhalation or burns	 Suitable fire extinguishers/sand buckets to be kept in welfare room and at various points around site if required No hot works to be carried out without a permit and sign off 	Supervisor to brief all operatives on first day on emergency arrangements agreed with principal contractor		

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Malfana / Finat aid		Fire risk assessment carried out prior to works commencing Escape routes, traffic management plan, muster point and importance of signing in book explained at induction and good housekeeping maintained Use of gas horns to act as fire alarm demonstrated at induction Description Contractor to the cont			
Welfare / first aid	Glasses cleaning stations, washing facilities and first aid facilities provide a safer working environment and allow minor cuts and grazes to be dealt with in a hygienic and proper manner	 Principal contractor to provide on-site facilities including Flushing toilet Canteen with kettle, microwave and washing facilities First-aid equipment 	Supervisor to brief operatives on facilities and the maintaining of a clean welfare area		
Noise	Operatives and others in the vicinity may suffer temporary or permanent hearing loss from exposure to noise	Consideration of tools noise output when selecting tools and low-noise tools used where possible Adequate PPE for noise suppression supplied and used			

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		Operatives tool box talked on noise exposure at induction		
RSIs (Repetitive strain injuries)	Any individual who carries out repetitive tasks may experience pain in various joints and muscle groups.	 Avoid forceful or repetitive tasks where possible Ensure work area is set up correctly Avoid arching back or squatting for long periods Avoid stretching and over reaching 		
Electric power	Risk of electric shocks and fire risks including smoke inhalation and burns to people in the vicinity	 Only 110v or cordless power tools allowed on site 110 power can be received from a generator or a transformer providing an RCD is used 110v battery chargers are preferred, however mains supply may be used providing an RCD is employed All chargers, generator and tools to have an in date PAT test 		

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		Leads, tools, plugs and sockets to be visually inspected prior to use			
Hand arm vibration	Exposure to vibration can lead to the development of "vibration white finger" (VWF) and other symptoms	 No tools to be used where exposure levels are at or above the ELV (Exposure Limit Value of 400 points or 5 ms²) A minimum of palm coated gripper gloves to be worn (EN 388) and work exposure levels in line with tool to be followed Minimise the length of time vibratory tools and equipment are used in one go by dividing workloads into ten minute slots All operatives to be given hand arm vibration toolbox talk on induction Consideration given to minimising vibration levels when selecting new equipment 	Supervisors to attend hand arm vibration awareness training every 3 years		
Power tools	A range of minor, major and possibly fatal injuries can be sustained from moving parts of tools and	Tools to be visually inspected prior to use and have current PAT certification			

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			Т		
	the substances they are	Correct drill bits, saw			
	working with	blades, grinder discs etc to			
		be used for the job and to be			
		in good condition			
		No working tool to be			
		forced, i.e. if excessive			
		pressure has to be applied to			
		get a tool to work, the			
		situation has to be			
		reassessed			
		1503553550			
		. Commont guardo and DDE to			
		Correct guards and PPE to			
		be use to prevent impact or			
		cut damage to eyes, face			
		and body.			
		 Consideration of clothing, 			
		hair and jewel should be			
		made to ensure that nothing			
		can get caught in moving			
		parts			
Substance Risks				•	
Oil	Harmful by inhalation, in	Follow manufacturer's			
	contact with skin and if	instructions and use			
	swallowed. Irritating to eyes	guidance set out in COSHH			
	and respiratory system.	Assessment			
	May cause lung damage if				
	swallowed. Vapours may				
	cause drowsiness and				
	dizziness.				
Petrol	Harmful by inhalation, in	Follow manufacturer's			
	contact with skin and if	instructions and use			
	swallowed, irritating to eyes	- แอแนบแบบอ สมน นอ น			
	Swallowed, initating to eyes				

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	and respiratory system, may cause lung damage if swallowed, vapours may cause drowsiness and dizziness	guidance set out in COSHH Assessment		
WD 40	May cause irritation to eyes, skin and respiratory system	Follow manufacturer's instructions and use guidance set out in COSHH Assessment		

3) Risk Assessment - Manual Handling

Potential hazards	People at risk and how?	Actions already in place	Further action required	Action by	Action target date	Done
Falling from heights (hop ups or podium step)	Both minor and major injuries can occur if members of staff fall from a hop up or podium whilst lifting or carrying a load	 Hop up podium step inspected prior to use, fit for purpose, with a maximum working height of 500mm Ensure hop up legs are securely locked in place prior to use and podium has wheels locked in Ensure the ground base for the is firm and level and free from obstructions Avoid over reaching Painted access equipment is not to be used 	Manager to conduct tool box talk on working at heights prior to work commencing			
Slip, trip and falls	Sprains, fractures and tissue damage could be suffered by operatives or public from slipping,	Housekeeping to be carried out at regular intervals throughout the working day with surplus materials and waste to be removed as work progresses				

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	tripping or falling over tools, materials, machinery or floor areas in poor conditions	 Safety boots with non-slip soles to be worn by all operatives and site visitors Work area to be cordoned off where practicable and any spillages to be dealt with as they occur Avoid trailing cables, and ensure nothing is obstructing designated walkways Use signage for uneven, or wet floor surfaces 		
		as well as for change in levels		
Hazard of dropping load	Operatives can suffer back, foot and lower limb	Suitable gloves to be worn for the task if required		
	damage from dropping something	Use carrying handles where provided		
	they are carrying	Consider using pallet truck or similar and only manually carry objects as a last resort		
Object falls from height	Minor or serious injury could occur to a person if objects	Where possible only store light loads above head height		
	fall from height	Maintain clear access to storage areas		
		Only use suitable storage systems		
		Ensure that items stored above head height are placed in a safe a suitable manner		
		Ensure adequate lighting is available in overhead storage systems		
Lifting moving and	Staff may receive back and other injuries if correct	 Raising, lowering and carrying loads is to be carried out using the correct posture and technique 	Manual handling training to be taken every three years	

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lowering	practices are not			
loads	adhered to	Ensure the load is light enough to lift and will remain stable in transport. Loads over 25KG are classified as double handling		
		If the load is to be carried check the route is free from obstacles before starting		
		Use mechanical aids such as stack trucks where possible if applicable		
		A load is classified as double handling if it is of irregular shape, obstructs vision, has to be		
		manhandled around staircases or other obstructions or if a person doesn't feel confident lifting it		
RSI (Repetitive strain	Any individual who carries out repetitive tasks may	Avoid forceful or repetitive tasks where possible		
injuries)	experience pain in various joints and	Ensure work area is set up correctly		
	muscle groups.	Avoid arching back or squatting for long periods		
		Avoid stretching and over reaching		

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4) Risk Assessment - Pressure Washing

Potential hazards	People at risk and how?	Actions already in place	Further action required	Action by	Action target date	Done
Slips, trips and falls	Sprains, fractures and tissue damage could be suffered by operatives or public from slipping, tripping or falling over tools, materials, waste or areas of bad ground	 Housekeeping to be carried out at regular intervals throughout the working day with surplus materials and waste to be removed as work progresses Safety boots to be worn by all operatives and site visitors Work area to be cordoned 				
		off where practicable and site caution signs to be used • Avoid trailing cables, and ensure materials and tools are not obstructing designated walkways • Use signage for uneven, or				
		wet floor surfaces as well as for change in levels				
Hazard to hands from general construction work	Operatives can suffer skin disease and damage including dermatitis by	A minimum of palm coated gripper gloves to be worn	Use of gloves to be monitored by supervisor			
	prolonged contact with a range of materials	Waterproof gauntlets to be used for prolonged contact with wet works				

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	T	T	T	1	1	
		Avoid direct contact with skin where possible and rinse off with clean water if contact occurs				
		Use of barrier cream				
		encouraged				
Manual handling	Operatives may receive back and other injuries if correct practices are not adhered to	• Manual handling should be avoided where at all possible, but when required: Raising, lowering, and carrying loads is to be carried out using correct posture and techniques and following the health and safety guidelines for lifting at work. This includes the consideration of how heigh an object is to be lifted and the distance from the torso.	All operatives and staff to have manual handling training every three years			
		• The recommended maximum safe lifting limits when raising a compact object to waist level and close to the torso is 16kg for women and 25kg for men. However, these are only guidelines, and due to individuals having different capabilities, these figures are largely down to an individual's choice, provided				

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		they have had manual handling training and are competent. • If the load is to be moved check the route is free from obstacles before starting and use mechanical aids such as stack trucks where possible if applicable. • A load is classified as double handling if it is of irregular shape, obstructs vision, must be manhandled around staircases or other obstructions or if a person doesn't feel confident lifting it.			
Fire / explosion	All operatives in the vicinity could suffer smoke inhalation or burns	Suitable fire extinguishers/sand buckets to be kept in welfare room and at various points around site if required No hot works to be carried out without a permit and sign off Fire risk assessment carried out prior to works commencing	Supervisor to brief all operatives on first day on emergency arrangements agreed with principal contractor		

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Welfare / first aid	Glasses cleaning stations, washing facilities and first aid facilities provide a safer working environment and allow minor cuts and grazes to be dealt with in a hygienic and proper manner	Escape routes, traffic management plan, muster point and importance of signing in book explained at induction and good housekeeping maintained Use of gas horns to act as fire alarm demonstrated at induction Principal contractor to provide on-site facilities including Flushing toilet Canteen with kettle, microwave and washing	Supervisor to brief operatives on facilities and the maintaining of a clean welfare area		
Noise	Operatives and others in	 First-aid equipment Consideration of tools			
	the vicinity may suffer temporary or permanent hearing loss from exposure to noise	noise output when selecting tools and low-noise tools used where possible • Adequate PPE for noise suppression supplied and used			
		Operatives tool box talked on noise exposure at induction			

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RSIs (Repetitive strain injuries)	Any individual who carries out repetitive tasks may experience pain in various joints and muscle groups.	 Avoid forceful or repetitive tasks where possible Ensure work area is set up correctly Avoid arching back or squatting for long periods Avoid stretching and over reaching 		
Electric power	Risk of electric shocks and fire risks including smoke inhalation and burns to people in the vicinity	 Only 110v or cordless power tools allowed on site 110 power can be received from a generator or a transformer providing an RCD is used 110v battery chargers are preferred, however mains supply may be used providing an RCD is employed All chargers, generator and tools to have an in date PAT test Leads, tools, plugs and sockets to be visually inspected prior to use 		

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Hand arm vibration	Exposure to vibration can lead to the development of "vibration white finger" (VWF) and other symptoms	 No tools to be used where exposure levels are at or above the ELV (Exposure Limit Value of 400 points or 5 ms²) A minimum of palm coated gripper gloves to be worn (EN 388) and work exposure levels in line with tool to be followed Minimise the length of time vibratory tools and equipment are used in one go by dividing workloads into ten minute slots All operatives to be given hand arm vibration toolbox talk on induction 	Supervisors to attend hand arm vibration awareness training every 3 years		
Otwoods have six at all abis at		 Consideration given to minimising vibration levels when selecting new equipment 			
Struck by ejected object or substance when using washer	Operatives and others in close proximity may suffer strike wounds from objects or substances	No hot works to be carried out without the correct permit been issued and signed off at end of day			
		Don't point jet flow towards yourself or others			

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		 Only trained operatives who are aware of tool kickback and pressure may use machinery Machine, cables, hoses, wands and connectors to be inspected prior to use 		
Substance Risks				
Detergent	Prolonged contact may cause skin irritation and eye irritation may occur on contact	Follow manufacturer's instructions and use guidance set out in COSHH Assessment		

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5) Risk awareness for areas where asbestos could potentially be discovered

Please note that this Risk Assessment is designed to make you aware of areas where asbestos could potentially be within your work environment.

It is not an exhaustive list, but is designed as a guide to help you remember which products may contain asbestos in your work environment, and consequently which products shouldn't be disturbed.

Any industrial or residential building, built or refurbished before the year 2000 may contain asbestos, and, if you suspect that you've discovered asbestos, stop work immediately and inform a supervisor or manager.

In this document AIB is the acronym for Asbestos Insulation Board

Potential hazards	Where this may be found
Asbestos cement downpipes and gutters	Found on roof lines and between roof and gutter
	If unpainted it is usually easy to spot by its colour
	If painted, it looks like a cast iron product
Asbestos cement soil and vent pipes. Residential	Usually on exterior of building but may be internal especially on maisonettes, flats and Town Houses.
	If unpainted it is usually easy to spot by its colour
	If painted, it looks like a cast iron product
Asbestos cement soil and vent pipes. Commercial	Usually on interior of tall buildings as no access equipment is needed to service or maintain but may be externally fitted
	If unpainted it is usually easy to spot by its colour

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	If painted, it looks like a cast iron product	
Asbestos cement flue pipes. Residential	Flue pipes usually take the shortest route from boiler to exterior either	
• •	through a wall or the roof space	
	Usually left unpainted when exiting through roof so easier to spot	
	Often boxed in or painted internally	
Asbestos cement flue pipes. Commercial	Flue pipis have to carry exhaust gas from a boiler room to the outside, and by the nature of commercial buildings, they can have complex designs	
	Often spray coated, painted or boxed in	
	If boxed in the material usually used is asbestos cement sheets	
	Any boxing in may have been decorated as building has been maintained	
Asbestos cement vent pipes	Mainly used in commercial buildings to transport cooled air in air	
Assestos cement vent pipes	conditioning systems	
	Soliding Systems	
	Almost always boxed in, sometimes with asbestos cement sheets	
	Any boxing in may have been decorated as building has been	
	maintained	
Textured decorative coatings	Artex is the main culprit and the only way to tell if it contains asbestos is to get it tested	
	Found on both coilings and walls	
AIB ceiling tiles	Found on both ceilings and walls Mainly found in commercial buildings and offices due to being able to	
AID Celling thes	hide cables above ceiling tray	
	Thice capies above celling tray	
	Rarely found in residential buildings as most has been removed due to	
	going out of fashion	
Asbestos cement water tanks	Usually found in roof spaces	

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Bakelite	Toilet cisterns and seats, old light fittings and switches and many other components
	Looks like plastic, and is usually dark brown or black and contains asbestos
Sprayed coatings	Mainly found in commercial buildings as most homes have plastered walls
	Sprayed coatings were used on walls, ceilings and beams as a fire retardant and insulator
Lagging	Used as an insulation material on pipes in both residential and commercial properties
	Also used on boilers, but this was mainly the larger commercial type
AIB bath panels	End and side panels for baths
	May have been decorated, tiled or cladded
AIB backing board	Found behind fuse boxes, consumer boards, behind and around boilers, in airing cupboards and behind fires
Loose fill insulation	Used in all property types as an insulation
	Can be found in loft spaces, under floor boards and in cavity walls
Vinyl floor tiles and adhesive	Predominantly a 150 x 150mm tile approximately 2mm thick
	Once a popular choice of flooring for kitchens and bathrooms in residential properties
	Used extensively in commercial properties for most floors and corridors
	Both the tile and adhesive may contain asbestos
	May be hidden under newer floor coverings
AIB in partition walls and fire doors	Used as a fire stop inside of both products
Asbestos cement roofs	Usually corrugated panelled roofs that are bolted or screwed to joists

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	Are brittle and fragile and were popular for farm out buildings as well as
	garage and commercial roofs
Roofing felt	Used for most flat roof applications and sometimes under shingles
	Mainly used from the early 1900's to early 1980's
Soffits	Either AIB of asbestos cement board
	Uses as a soffit and may be ventilated or whole
	May be painted to match surrounding timbers
Window panels	Found in all building types both interior and exterior
	Where a window frame is high level to floor but there is only glass in the top half
	The bottom half is often painted on the outside and decorated or plastered on the inside
Textiles	Ironing board fabric, oven gloves, heat mats, fire blankets aprons. The list goes on
	Any old fabric that has heat resistant properties is suspect
Gaskets, seals and paper	Often used in boilers and as seals on wood burners
	Paper also used as liner for floorings and roof coverings
	may be hidden under existing floor coverings

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6) Method statement for fencing

Scope of Works

This method statement describes the work process for the following

- 1. Start of works
- 2. Clear ground and fit fence posts
- 3. Fit fence panels to concrete mortice posts
- 4. Fit arris or cant rails
- 5. Fit F/E boards or pales
- 6. Finishing

Step by step process

Start of works

- 1) Read relevant risk and COSHH assessment, and follow guidelines for the correct PPE.
- 2) Protect work area and surrounding, including signage and barriers as required.
- 3) Visually inspect work area and only begin works if it is a safe working environment.
- 4) Cordon off work area if required to do so.
- 5) Ensure the area to be worked and exit points are clear of obstruction and that safe access and egress is maintained.
- 6) Check any electrical or hand tools for damage or faults, faulty or damaged tools must be removed from service immediately.
- 7) Do not leave tools and equipment unattended at any time.

Clear ground and fit fence posts

- 1) Clear ground by removing any debris, shrubs, long grass etc.. that is in the way of new fence position.
- 2) Use a string line to mark the position of the new fence along the floor.
- 3) Depending on the type of fence you will need to measure the panels, gravel boards, arris or cant rails to determine the positions for the new posts.
- 4) Mark out the positions of the new posts by hammering timber into the ground then remove the string line.
- 5) Remove the first marking timber and use a post shovel to dig a hole approximately 30mm in diameter and at least 600mm deep.
- 6) Make a 1:3 mix of OPC to sand and gravel, thoroughly mixed to a paste like consistency.
- 7) Place post in hole and carefully add 150mm of concrete ensuring that the concrete doesn't come into contact with the post above ground level. Then line and level post to desired position using the post shovel to move the bottom of the post if required.

8) Completely fill the remainder of the hole with concrete to a level of 100mm below existing ground level.

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- 9) Tamp down the concrete ensuring that the post is level and in the correct position.
- 10)If fitting timber posts add further concrete to the hole to a depth of 30mm above ground level, then use a trowel to smooth the concrete that is above ground into a dome like shape allowing rainwater to flow away from the post.
- 11)If fitting concrete posts add further concrete to finished ground level and smooth to finish with a trowel allowing the gravel boards to meet the floor.
- 12)If concrete gravel boards are been used, ensure the ground is level between posts and place them in position as the concrete posts are fitted.

Fit fence panels to concrete mortice posts

1) Using a 500mm hop up, two men should raise the panel above post height and slide the paned into the concrete mortices.

Fitting arris or cant rails

- 1) Cant rails can be slotted in between concrete mortice posts, drilled and bolted to concrete posts or drilled and screwed to timber posts.
- 2) Arris rails can be slotted in between concrete mortice posts, fitted as a tenon into timber posts as the fence is erected or slotted into birds mouths cut into timber posts.

Fitting F/E boards or pales to rails.

- 1) Use 75mm annular bright ring fencing nails and nail first board to beginning of fence ensuring that the board is level.
- 2) Screw a temporary board to the fence approximately two meters away from the first one using a spirit level to ensure the height of the boards are the same.
- 3) Fix a taught string line between the two boards to act as a datum.
- 4) Nail feather edge boards ensuring they are upright, set to datum and have a 25mm overlap.
- 5) Nail palisade fencing pales ensuring they are upright, set to datum and have equal gaps.

Finishing

- 1) All tools and equipment will be cleared to secure storage at the end of each shift
- 2) Staff will leave area clean and tidy at end of shift

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7) Method statement for hedge cutting, strimming and lawn mowing.

Scope of Works

This method statement describes the work process for the following

- 1) Start of works
- 2) Hedge cutting
- 3) Strimming
- 4) Lawn mowing
- 5) Finishing

Step by step process

Start of works

- 1) Read relevant risk and COSHH assessment, and follow guidelines for the correct PPE.
- 2) Sheet up and protect work area and surrounding, including signage and barriers as required.
- 3) Visually inspect work area and only begin works if it is a safe working environment.
- 4) Cordon off work area if required to do so.
- 5) Ensure the area to be worked and exit points are clear of obstruction and that safe access and egress is maintained.
- 6) Check any electrical or hand tools for damage or faults, faulty or damaged tools must be removed from service immediately.
- 7) Do not leave tools and equipment unattended at any time.

Cutting hedge

- 1) Remove any obstacles and trip hazards within the work area.
- 2) Check blades for correct lubrication prior to work commencing.
- 3) Using a hedge trimmer, start at the bottom and work upwards in smooth, continuous swatches ensuring that the blade is parallel to the hedge allowing the cut foliage to fall away.
- 4) Clear the work area as you progress and before access equipment is used if required.
- 5) Trim the top of the hedge last and brush/rake cuttings onto floor.
- 6) Ensure that power and/or fuel stop taps are switched off after use.
- 7) Use a leaf blower, brush or grass rake to collect hedge trimmings.

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Strimming

- 1) Remove any obstacles and trip hazards within the work area checking for stones, wire and other debris.
- 2) If the strimmer has an integral harness, ensure that it is fitted correctly and is tight but comfortable.
- 3) Start petrol strimmers on the ground and once running attach to harness if required.
- 4) If applicable ensure that the fuel tank is kept in an upright position.
- 5) When using the strimmer work with a sweeping sideways motion ensuring not to excessively twist the back.
- 6) If strimmer becomes clogged or unbalanced with debris, stop work immediately, isolate power and remove debris.
- 7) If the strimmers cutter requires replacing, stop work immediately, isolate power and replace cutter.
- 8) Ensure that power and/or fuel stop taps are switched off after use.
- 9) Use a leaf blower, brush or grass rake to collect trimmings if required.

Lawn mowing

- 1) Remove any obstacles and trip hazards within the work area checking for stones, wire and other debris.
- 2) Disengage relevant drive clutched and blades prior to starting the mower.
- 3) Ensure that mower is situated on level ground prior to starting.
- 4) Ensure that the minimum finished grass height after cutting is at least 20mm.
- 5) Grass to normally be cut in parallel straight lines.
- 6) Grass to be cut with a minimum of overlap allowing the creation of light and dark green lawn stripes.
- 7) Grass not to be cut by pulling mower towards you.
- 8) If a machine is to be used without a grass collection box, ensure the cuttings are not thrown on to an area of grass that still requires cutting.
- 9) In wet conditions, mowers cannot be used on a gradient greater than 2:1.
- 10)On completion, all hard-standing areas, public footpaths, road and rights or way to be left clear and free from debris.

Finishing

- 1) All tools and equipment will be cleared to secure storage at the end of each shift
- 2) Staff will leave area clean and tidy at end of shift

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8) Method Statement -Pressure washing

Scope of Works

This method statement describes the work process for the following

- 1) Start of works
- 2) Site safety
- 3) Pressure washer set up
- 4) Pressure washing
- 5) Finishing

Step by step process

Start of works

- 1) Read relevant risk and COSHH assessment, and follow guidelines for the correct PPE.
- 2) Protect work area and surrounding, including signage and barriers as required.
- 3) Visually inspect work area and only begin works if it is a safe working environment.
- 4) Cordon off work area if required to do so.
- 5) Ensure the area to be worked and exit points are clear of obstruction and that safe access and egress is maintained.
- 6) Check any electrical or hand tools for damage or faults, faulty or damaged tools must be removed from service immediately.
- 7) Do not leave tools and equipment unattended at any time.

Site safety

- 1) Ensure signage is used to make people aware there will be high pressure water and noise.
- 2) Use appropriate barriers or tape to cordon off the working area to a safe distance.
- 3) Ensure that no pedestrians can enter the work area.

Pressure washer set up

- 1) Visually inspect hoses, 'o' rings, inlet filter and wand attachment for wear and damage.
- 2) If there is damage or excessive wear, do not used until repaired.
- 3) If the pressure washer is in good condition, attach wand and hose to water supply.
- 4) Place the pressure washer in a safe place and chock the wheels.

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Pressure washing

- 1) Ensure that the mains water supply is switched on. Then start the pressure washer following manufacturer's instructions, adjusting choke as required.
- 2) Starting from the highest point create a small test area with the wand attachment on wide spread, and check that the high-pressure jet is not damaging the surface materials.
- 3) Adjust wants water pressure if required and retest small surface area.
- 4) Once happy with the wands water pressure and spread, begin cleaning the building using vertical strokes whilst ensuring that the direction of the jet points away from the user and others.
- 5) Do not use horizontal strokes as this will result in the water jet bouncing back at the user.
- 6) Periodically check the waste water flow to ensure that it is reaching the road and flowing to an unblocked drain.
- 7) Continue from step 4, moving down and across the building as required until the job is complete.

Finishing

- 8) All tools and equipment will be cleared to secure storage at the end of each shift
- 9) Staff will leave area clean and tidy at end of shift

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9) COSHH Assessment for brick and patio cleaner – Acid

Substance / material	Brick/Patio Cle	eaner (Acid	based)												
Suppliers address an number	- :		vices Ltd, 1422 3153		Bond It, Uni	it G1	6 Riverbank Way, Lo	wfields	s Busi	ness P	ark, Ell	and, W	esy Yoi	kshire	. HX5
Contents / ingredien product	its of Hyd	lrochloric a	acid 10-20 ⁶	%			Is there a work exposure limit	Yes		No	\boxtimes	Dur	ration		
Where the product's used	S Outside	×	Inside	e well	ventilated		Inside poorly vent	ilated			Co	onfined	space		
How the products used	Mixing		Pouring	\boxtimes	Spraying		Brushing 🗵	Apply	ing by	y hand	/ hand tools	: :	Loadin	g out	
Product hazard leve	ls High	\boxtimes	Medium		Low		Product state	Solid			Liquid	\boxtimes		Gas	
Flammable (Oxidising	Gas under pressure	Ex	xplosi	ve Ve	ery to	oxic Corrosive	S	erious haz	health ard		Health zard/irri			ger to onment
	③	\Diamond							<			(•	<	
							\boxtimes					\boxtimes		[

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PPE	Gloves	Glasses	Goggles	Face shield	Footwear	PPE Clothes	Dust mask	FFP2 mask	FFP3 mask	Respirator	Noise	
				Cy Cy								
Outside	\boxtimes		\boxtimes		\boxtimes							
Inside well ventilated												
Inside poorly ventilated												
Confined space												
Is the substar	ice hazardo	us to health v	vhen:									
		lowed 🗵	In contact w	ith skin 🛛	In contact	with eyes	☑ Other. Plea	ise specify				
Health risks: Irritating to eyes, respiratory system and skin and may cause irritation and chemical burns at the site of contact. Skin contact: Causes irritation and chemical burns at the site of contact. Eye contact: There may be irritation, chemical burns and redness. The eyes may water profusely. Ingestion: There may be soreness and redness of the mouth and throat. Nausea and stomach pain may occur. There may be vomiting. Inhalation: There may be irritation of the throat, coughing and a feeling of tightness in the chest and irritation of the respiratory system. First aid and emergency measures:												

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First aid details:

After significant accidental inhalation: Remove casualty from exposure ensuring one's own safety whilst doing so. Seek medical attention.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 15 minutes. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

After skin contact: Remove any contaminated clothing and Immediately wash contaminated area.

After significant accidental ingestion: Wash out mouth with water. Do not induce vomiting. Seek medical attention.

Spillage and environmental:

Mobility: Store in cool, well-ventilated area. Keep container tightly closed.

Accidental release: Do not discharge into drains or rivers. Contain the spillage using bunding then, absorb into dry earth or sand. Transfer to a closable, labelled salvage container for disposal by an appropriate method.





Carbon Dioxide Dry powder







Fire details:

Although the liquid is non-flammable heat sources close by produces irritating, toxic and obnoxious fumes.

Wear suitable respiratory equipment when necessary.

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10 COSHH assessment for brick and patio cleaner – Eco

Substance / material	Brick/Patio	chone Geocel Limited, Western Wood Way, Langage Science Park, Plympton, Plymouth. PL7 5BG 01752 202060														
Suppliers address an number	nd phone		Geoc	el Limited, Wo	estern	Wood Way	, Lan	gage Science Park, Ply	mptoi	n, Plyn	nouth.	. PL7 5E	3G (01752 20	2060	
Contents / ingredients of product Citric Acid Monohydrate 10-30%, Alumi Chloride, Anhydrous 1-10% Where the product's								Is there a work exposure limit	Yes	\boxtimes	No		Dı	uration	8	Hrs
Where the product' used	s Outs	side	\boxtimes	Insid	le wel	l ventilated	\boxtimes	Inside poorly vent		Confined space						
How the products used	ing		Pouring	\boxtimes	Spraying		Brushing 🗵	Apply	ing by	hand	/ hand tools		Loadin	g out		
Product hazard leve	ligh		Medium	\boxtimes	Low		Product state	Solid			Liquid	\boxtimes		Gas		
Flammable	Oxidising			under E	xplos	ive V	ery to	oxic Corrosive	S	erious haza			Heal ard/ii	th critant		ger to
	③		<	>						(>	•		>	<	
]		\boxtimes				

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PPE	Gloves	Glasses	Goggles	Face shield	Footwear	PPE Clothes	Dust mask	FFP2 mask	FFP3 mask	Respirator	Noise	
				Cy .		(A)		Thus k	Thus k			
Outside	\boxtimes		\boxtimes		\boxtimes							
Inside well ventilated												
Inside poorly ventilated												
Confined space												
Is the substan												
Breathed in	⊠ Swall	owed 🗵	In contact wi	th skin 🗵	In contact	with eyes	☑ Other. Plea	se specify				
Skin contact: Eye contact: Ingestion: The												
First aid and	emergency i	neasures:										
Emergency se	ervics	First aider	First	aid box	Show	er	Eye wash	Wash	affected area	a Boot v		

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First aid details:

After significant accidental inhalation: Remove casualty from exposure ensuring one's own safety whilst doing so. Seek medical attention.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 15 minutes. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

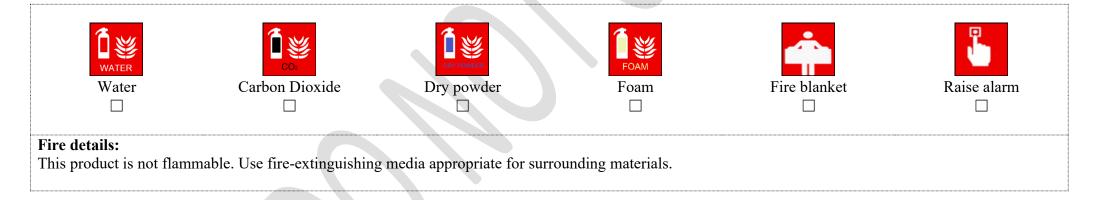
After skin contact: Remove any contaminated clothing and wash contaminated area.

After significant accidental ingestion: Wash out mouth with water. Seek medical attention.

Spillage and environmental:

Mobility: Store in cool, well-ventilated area. Keep container tightly closed.

Accidental release: Do not discharge into drains or rivers. Contain the spillage using bunding then, absorb into dry earth or sand. Transfer to a closable, labelled salvage container for disposal by an appropriate method.



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11) COSHH assessment for Glyphosate Weed Killer

Substance / material	Gallup360	phone Barclay Chemicals Manufacturing Ltd, ,Damastown Way, Damastown Industrial Estate, Mulhuddart, Dublin. + 353 1												
Suppliers address an number	nd phone		Barclay Ch 11 29 00	emicals]	Manu	facturing Lto	d, ,Da	amastown Way, Dama	astown Ind	ustrial Es	state, Mulhi	uddart, Dı	ıblin. + 353 1	
Contents / ingredien product			nosate Iso _l w alkylam			0 – 60% 10 – 30%		Is there a work exposure limit	Yes \square	No		Ouration		
Where the product's used	S Out	side		Insid	e well	ventilated		Inside poorly vent	ilated 🗆		Confin	ed space		
How the products used	Miz	king		Pouring	\boxtimes	Spraying	\boxtimes	Brushing	Applying	by hand	/ hand tools	Loadir	g out 🛚	
Product hazard leve	Iigh		Medium	\boxtimes	Low		Product state	Solid	I	Liquid 🛛		Gas 🗆		
Flammable (Oxidising		Gas under pressure	E	xplosi	ve V	ery to	oxic Corrosive		us health azard	Hea hazard/i		Danger to environment	
			\Diamond				9		<	>		>	*	
											\boxtimes			

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PPE	Gloves	Glasses	Goggles	Face shield	Footwear	PPE Clothes	Dust mask	FFP2 mask	FFP3 mask	Respirator	Noise
				Cy							
Outside	\boxtimes	\boxtimes			\boxtimes						
Inside well ventilated											
Inside poorly ventilated							0				
Confined space											
Hazardous to Breathed in [n: owed ⊠	In contact w	ith skin	In contact	with eyes	☑ Other. Pleas	e specify			
Health risks: (Skin contact: Eye contact: SIngestion: WIInhalation: M	May cause so Serious risk on Then ingested	ensitisation if of eye damage may cause in	Teft in contact e and chemical ritation, nausea	with skin for burns to the a, vomiting ar	r periods of tin eyes.		irritation.				
First aid and e	emergency r	neasures:			À		9				
Emergency se ⊠	ervics	First aider	First	aid box	Show	er	Eye wash ⊠	Wa	sh affected area	a Boot	
First aid detai	ls:										

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After significant accidental inhalation: Move the exposed person to fresh air at once. Provide fresh air, warmth and rest, preferably in a comfortable upright sitting position. Get medical attention.

After contact with eyes: Remove victim immediately from source of exposure. Immediately flush with plenty of water. Remove any contact lenses and open eyes

wide apart. Call an ambulance and continue flushing during transportation to hospital.

After skin contact: Remove victim immediately from source of exposure. Remove contaminated clothing immediately and wash skin with soap and water. Continue to rinse for at least 15 minutes. Get medical attention if irritation persists after washing.

After significant accidental ingestion: Get medical attention immediately! Remove victim immediately from source of exposure. Provide fresh air, warmth and rest, preferably in comfortable upright sitting position. Immediately rinse mouth and drink plenty of water or milk. Keep person under observation. Do not induce vomiting. If vomiting occurs, keep head low. Transport immediately to hospital

Spillage and environmental:

Spillages or uncontrolled discharges into watercourses must be IMMEDIATELY alerted to the Environmental Agency or other appropriate regulatory body. Do not discharge into drains, water courses or onto the ground. Do not allow to enter drains, sewers or watercourses.

Mobility: Keep away from heat, sparks and open flame. Keep away from food, drink and animal feeding stuffs. Protect from freezing and direct sunlight. Protect against physical damage and/or friction. Store in tightly closed original container in a dry, cool and well-ventilated place. Store in closed original container at temperatures between 0°C and 30°C.

Accidental release: Spillages or uncontrolled discharges into watercourses must be IMMEDIATELY alerted to the Environmental Agency or other appropriate regulatory body. Do not discharge into drains, water courses or onto the ground. Do not allow to enter drains, sewers or watercourses. Clean-up personnel should use respiratory and/or liquid contact protection. Wash thoroughly after dealing with a spillage. Absorb spillage with non-combustible, absorbent material. Remove small spills with vacuum cleaner. Collect spillage in containers, seal securely and deliver for disposal according to local regulations. Inform Authorities if large amounts are involved.













Carbon Dioxide

y pov ⊠

oam ⊠

blanket

Raise alarm

Fire details:

Only use water fog and not a water jet.

Special Fire Fighting Procedures. Avoid breathing fire vapours. Keep up-wind to avoid fumes. Move container from fire area if it can be done without risk. Keep run-off water out of sewers and water courses. Dike for water control. If risk of water pollution occurs, notify appropriate authorities.

Protective Measures: Self-contained breathing apparatus and full protective clothing must be worn in case of fire.



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12) COSHH assessment for petrol

Substance / material	Petrol														
Suppliers address a number	nd phone	BP Oi 85300		, Wita	n Gate Hou	se, 50	0-600 Witan Gate, Ce	entral N	Milto	n Keyn	es. MK	9 1ES	5. +44 (0) 1908	8
Contents / ingredier product	1		80-100%, Ben Butyl Methyl			iene 5	5- Is there a work exposure limit	Yes	\boxtimes	No		Du	ıration	8	Hrs
Where the product' used	Outside											nfine	d space		
How the products used	Mixir	ıg 🗆	Pouring	\boxtimes	Spraying		Brushing	Apply	ing b	y hand	/ hand tools		Loadin	ıg out	
Product hazard leve	els Hig	gh 🔲	Medium	\boxtimes	Low		Product state	Solid			Liquid	\boxtimes		Gas	
Flammable	Oxidising	Gas u	E	xplosi	ve V	ery to	oxic Corrosive	Se		s health zard		Healt ard/ir	ch ritant		ger to onment
	③	<	> <						<	>		(>	<	
\boxtimes										\boxtimes		\boxtimes			\boxtimes

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PPE	Gloves	Glasses	Goggles	Face shield	Footwear	PPE Clothes	Dust mask	FFP2 mask	FFP3 mask	Respirator	Noise
				Cy							
Outside	\boxtimes	\boxtimes			\boxtimes						
Inside well ventilated	\boxtimes	\boxtimes			\boxtimes			\boxtimes	\boxtimes		
Inside poorly ventilated											
Confined space											
Is the substan				ith alrin 🔽	In contact	vvitle ovog	✓ Othor Di	an an aifr			
Breathed in	⊠ Swal	lowed 🗵	In contact w	ith skin 🛛	In contact	wim eyes	☑ Other. Ple	ease specify			

Health risks: Harmful by inhalation, in contact with skin and if swallowed. Irritating to eyes and respiratory system. May cause lung damage if swallowed. Vapours may cause drowsiness and dizziness.

Skin contact: There may be irritation and redness at the site of contact.

Eye contact: There may be irritation and redness. The eyes may water profusely.

Ingestion: There may be soreness and redness of the mouth and throat. Nausea and stomach pain may occur. There may be vomiting. If swallowed accidentally, the product may enter the lungs due to its low viscosity and lead to the rapid development of very serious pulmonary lesions.

Inhalation: There may be irritation of the throat with a feeling of tightness in the chest. In high concentrations, vapours are anaesthetic and may cause headache, fatigue, dizziness and central nervous system effects.

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First aid and emergency measures:



Emergency servics



First aider



First aid box



Shower



Eye wash



Wash affected area



Boot wash





First aid details:

After significant accidental inhalation: Remove casualty from exposure ensuring one's own safety whilst doing so. If unconscious place in the recovery position. Consult a physician if casualty does not rapidly improve.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 15 minutes. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

After skin contact: Wash skin thoroughly with soap and water as soon as reasonably practicable. Remove heavily contaminated clothing and wash underlying skin. In extreme situations of saturation with this product, drench with water, remove clothing as soon as possible and wash skin with soap and water. Seek medical advice if skin becomes red, swollen or painful.

After significant accidental ingestion: Wash out mouth with water. Do not induce vomiting. Get immediate medical help.

Spillage and environmental:

Mobility: Store in an upright position and ensure container is tightly closed. Store in a segregated and approved area. Keep container in a cool, well-ventilated area. Keep container tightly closed and sealed until ready for use. Avoid all possible sources of ignition (spark or flame). Store and use only in equipment/containers designed for use with this product. Do not remove warning labels from containers. Ensure lighting and electrical equipment are not a source of ignition.

Accidental release: Do not discharge into drains or rivers. Contain the spillage using bunding then, absorb into dry earth or sand. Transfer to a closable, labelled salvage container for disposal by an appropriate method. Do not use equipment in clean-up procedure which may produce sparks.

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Fire details:

In case of fire, use foam, dry chemical or carbon dioxide extinguisher or spray. Do not use water jet.

These products are carbon oxides (CO, CO2).

Extremely flammable liquid and vapour. Vapour may cause flash fire. Vapours may accumulate in low or confined areas, travel a considerable distance to a source of ignition and flash back. Runoff to sewer may create fire or explosion hazard.

DO NOT FIGHT FIRE WHEN IT REACHES MATERIAL. Withdraw from fire and let it burn. Promptly isolate the scene by removing all persons from the vicinity of the incident if there is a fire. First move people out of line-of-sight of the scene and away from windows.

Fire-fighters should wear self-contained positive pressure breathing apparatus (SCBA) and full turnout gear.

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13) COSHH assessment for two stroke oil

Substance / material	Two Stroke	Oil													
Suppliers address an number	nd phone	Mor	ris Lubricants,	Castle	Foregate, S	hrew	sbury. SY1 2EL. (+4	4)(0)1	743 2.	32200					
Contents / ingredier product	n	nineral	1-Hexanamine oil (C15 - C50) (Petroleum) H	60-10	00%, Solven		Is there a work exposure limit	Yes	\boxtimes	No		Du	ıration	8	3 Hrs
Where the product' used	s Outsi	l ventilated	\boxtimes	Inside poorly vent	ilated			Со	nfine	d space					
How the products used	Mixi	ng 🗆	Pouring	\boxtimes	Spraying		Brushing	Apply	ing by	hand	/ hand tools		Loadin	g out	
Product hazard leve	e ls Hi	gh 🗆	Medium	\boxtimes	Low		Product state	Solid			Liquid	\boxtimes		Gas	
Flammable	Oxidising		under ssure	xplos	ive V	ery to	oxic Corrosive	S	erious haza	health ard		Healt ard/ir	th ritant		nger to conment
	③	<	>							>		(>	<	
]		\boxtimes				

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PPE	Gloves	Glasses	Goggles	Face shield	Footwear	PPE Clothes	Dust mask	FFP2 mask	FFP3 mask	Respirator	Noise
Outside		\boxtimes									
Inside well ventilated	X	\boxtimes			\boxtimes						
Inside poorly ventilated											
Confined space					Ô						
Is the substar		ıs to health v	vhen: In contact w	ith skin 🛛	In contact	with eyes		ease specify			
Dicamed III	Swar	lowed [2]	III contact w	IIII SKIII 🔼	III Contact	with cycs	Zi Offici. Tie	ase specify			

Health risks: Harmful by inhalation, in contact with skin and if swallowed. Irritating to eyes and respiratory system. May cause lung damage if swallowed. Vapours may cause drowsiness and dizziness.

Skin contact: There may be irritation and redness at the site of contact.

Eye contact: There may be irritation and redness. The eyes may water profusely.

Ingestion: There may be soreness and redness of the mouth and throat. Nausea and stomach pain may occur. There may be vomiting.

Inhalation: There may be irritation of the throat with a feeling of tightness in the chest. In high concentrations, vapours may cause headache, fatigue,

dizziness and central nervous system effects.

First aid and emergency measures:





First aider











Wash affected area Boot wash

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First aid details:

Treat symptomatically. Contact poison treatment specialist immediately if large quantities have been ingested or inhaled.

After significant accidental inhalation: Remove casualty from exposure ensuring one's own safety whilst doing so. If unconscious place in the recovery position. Consult a physician if casualty does not rapidly improve.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 15 minutes. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

After skin contact: Wash skin thoroughly with soap and water as soon as reasonably practicable. Remove heavily contaminated clothing and wash underlying skin. In extreme situations of saturation with this product, drench with water, remove clothing as soon as possible and wash skin with soap and water. Seek medical advice if skin becomes red, swollen or painful.

After significant accidental ingestion: Wash out mouth with water. Do not induce vomiting. Get immediate medical help.

Spillage and environmental:

Mobility: Store in an upright position and ensure container is tightly closed.

Accidental release: Do not discharge into drains or rivers. Contain the spillage using bunding then, absorb into dry earth or sand. Transfer to a closable, labelled salvage container for disposal by an appropriate method.







 \boxtimes







Fire details:

In case of fire, use foam, dry chemical or carbon dioxide extinguisher or spray. Do not use water jet.

Move containers from fire area if this can be done without risk. Use water spray to keep fire-exposed containers cool.

Fire-fighters should wear appropriate protective equipment and self-contained breathing apparatus (SCBA) with a full face-piece operated in positive pressure

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