(INSERT YOUR COMPANY NAME HERE) Health and safety pack.

For: (INSERT NAME OF CLIENT, PROJECT OR CONTRACT NUMBER)

On: (INSERT TODAYS DATE)

Review date: (INSERT DATE 6 MONTHS AFTER TODAY)

Document author:	Signed:	Date:

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1) Risk assessment for electrical installations and maintenance

Potential hazards	People at risk and how?	Actions already in place	Further action required	Action by	Action target date	Done
Falling from height (hop ups)	Both minor and major injuries can occur if a worker falls from a hop up	 Hop ups inspected prior to use, fit for purpose, with a maximum working height of 500mm Ensure hop up legs are securely locked in place prior to use Ensure the ground base for the hop ups is firm and level Avoid over reaching when working and storing tools or materials on hop up Painted hop ups are not to be used 	Manager to conduct tool box talk on working at heights prior to work commencing			
Falling from height (ladders)	Serious or fatal injury could occur if a worker falls from height	 Non-access ladders should be used in conjunction with ladder stays, a securing device or a person footing the ladder Access ladders should be extended one metre above platform Ladders in good condition, placed on a firm surface, and have a pre-use check prior to use and a thorough visual check every six months Ladder is used at correct angle of 1 in 4, or 75° Avoid over reaching and ensure that belt buckle remains between the ladder stiles at all times with both feet on the same rung 	Manager to conduct tool box talk on working at heights prior to work commencing			

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Falling from height (mobile towers)	High risk of injury or fatality to workers and members of the public if a mobile tower collapses or tips over	 Towers not to be moved or dragged with brakes on Towers to be checked for level and that brakes are engaged after moving Only PASMA card holders to move and reposition mobile towers and outriggers Correct access and egress to be used Mobile towers only to be moved or repositioned when the working platform is empty 	Manager to brief all operatives on safe loading of mobile towers prior to work commencing and to conduct tool box talk on working at heights
Falling from height (step ladder)	Serious or fatal injury could occur if a worker falls from height due to misuse of steps	 Step ladders intended for domestic use must not be used in the work place Ensure the ground base for the step ladder is firm and level Avoid using step ladders in positions where they may be struck. E.g. by an opening door. If a compromising position cannot be avoided ensure a second person is employed as a spotter Avoid over reaching and ensure that belt buckle remains between the step ladders stiles at all times Ensure a second person foots the step ladder if working more than four steps high 	Manager to conduct tool box talk on working at heights prior to work commencing
Falling from height (scaffold)	Serious or fatal injury could occur if a worker falls from height	Ensure guardrails, midrails and toe boards are in place and that it has been signed off prior to use	Manager to conduct tool box talk on working at heights prior

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		 Use correct access and egress points, ensuring any gates, or trap doors are in correct position after use Only use if signed off and seven-day inspection checks have been carried out and are in date Don't use after severe weather until scaffold has been re inspected Visually check that there is no sign of tampering or interference of sole plates and ladders before use 	to work commencing	
Slips, trips and falls	Sprains, fractures and tissue damage could be suffered by operatives or public from slipping, tripping or falling over tools, materials, waste or areas of bad ground	 Housekeeping to be carried out at regular intervals throughout the working day with surplus materials and waste to be removed as work progresses Safety boots to be worn by all operatives and site visitors Work area to be cordoned off where practicable and site caution signs to be used Avoid trailing cables, and ensure materials and tools are not obstructing designated walkways Use signage for uneven, or wet floor surfaces as 		
Objects falling from height	Minor or serious injury could occur to a person if objects fall from height	well as for change in levels Where possible only store light loads above head height Maintain clear access to storage areas Only use suitable storage systems		

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		 Ensure that items stored above head height are placed in a safe a suitable manner Ensure adequate lighting is available in overhead storage systems 		
Exposure to wood dust	Workers risk respiratory diseases, such as asthma, from inhaling wood dust. Hardwood dust can cause cancer, particularly of the nose	 Wood dust cleared up using a suitable vacuum cleaner, fitted with an appropriate filter Suitable respiratory protective equipment used when sanding timber or creating wood dust where no mechanical extractors are possible Appropriate Local exhaust ventilation (LEV) equipment fitted to machinery where practicable with staff trained how to use it 		
Hazard to hands from general construction work	Operatives can suffer skin disease and damage including dermatitis by prolonged contact with a range of materials	 A minimum of palm coated gripper gloves to be worn Waterproof gauntlets to be used for prolonged contact with wet works Avoid direct contact with skin where possible and rinse off with clean water if contact occurs Use of barrier cream encouraged 	Use of gloves to be monitored by supervisor	
Hazards to hands (manual tools, strike and puncture wounds)	Operatives could suffer strike or puncture injuries from materials and sharp objects they are working with	 Palm coated gripper gloves to be worn at all times Hammers and percussive hand tools to be in good condition with relevant handguards in place. Visually inspect prior to use Cold chisels that have mushroomed should be redressed, and blunt or damaged tools should be repaired or discarded 	Use of gloves to be monitored by supervisor	

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Puncture wounds in feet (from waste material)	Puncture wounds could be suffered by operatives and public from stepping on sharp objects or timbers that have not been de-nailed	 Follow correct sequence of works so that no debris can land from above Site footwear to have steel mid-soles Timbers and other waste products de-nailed or made safe Safety signage to be used to warn people of hazards and work area to be cordoned off if practicable 	Supervisor to brief operatives to ensure that all timbers are de-nailed and made safe	
		 Ensure walkways are kept free from waste materials Ensure there is adequate lighting 		
Knee damage (from kneeling)	Musculoskeletal problems to knees may occur if body weight is predominantly on knees	 Provision of suitable PPE for knee protection, either in the form of work wear with integral knee protection (recommended), or independent knee pads Raise work up off the floor when possible to eliminate kneeling or squatting 		
		 Avoid remaining in one posture for long lengths of time Sit on toolbox as oppose to kneeling or squatting where possible 		
Manual handling	Operatives may receive back and other injuries if correct practices are not adhered to	Manual handling should be avoided where at all possible, but when required: Raising, lowering, and carrying loads is to be carried out using correct posture and techniques and following the health and safety guidelines for	All operatives and staff to have manual handling	

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		lifting at work. This includes the consideration of how heigh an object is to be lifted and the distance from the torso. • The recommended maximum safe lifting limits when raising a compact object to waist level and close to the torso is 16kg for women and 25kg for men. However, these are only guidelines, and due to individuals having different capabilities, these figures are largely down to an individual's choice, provided they have had manual handling training and are competent. • If the load is to be moved check the route is free from obstacles before starting and use mechanical aids such as stack trucks where possible if applicable. • A load is classified as double handling if it is of irregular shape, obstructs vision, must be manhandled around staircases or other obstructions or if a person doesn't feel confident lifting it.	training every three years	
Fire / explosion	All operatives in the vicinity could suffer smoke inhalation or burns	 Suitable fire extinguishers/sand buckets to be kept in welfare room and at various points around site if required No hot works to be carried out without a permit and sign off Fire risk assessment carried out prior to works commencing 	Supervisor to brief all operatives on first day on emergency arrangements agreed with principal contractor	

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		 Escape routes, traffic management plan, muster point and importance of signing in book explained at induction and good housekeeping maintained Use of gas horns to act as fire alarm demonstrated at induction 		
Welfare / first aid	Glasses cleaning stations, washing facilities and first aid facilities provide a safer working environment and allow minor cuts and grazes to be	 Principal contractor to provide on-site facilities including Flushing toilet Canteen with kettle, microwave and washing facilities First-aid equipment 	Supervisor to brief operatives on facilities and the maintaining of a clean welfare area	
	dealt with in a hygienic and proper manner	* First-aid equipment		
Noise	Operatives and others in the vicinity may suffer temporary or permanent hearing loss from exposure to noise	 Consideration of tools noise output when selecting tools and low-noise tools used where possible Adequate PPE for noise suppression supplied and used Operatives tool box talked on noise exposure at induction 		
RSIs (Repetitive strain injuries)	Any individual who carries out repetitive tasks may experience pain in various joints and muscle groups.	 Avoid forceful or repetitive tasks where possible Ensure work area is set up correctly Avoid arching back or squatting for long periods Avoid stretching and over reaching 		

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Electric power	Risk of electric shocks and fire risks including smoke inhalation and burns to people in the vicinity	 Only 110v or cordless power tools allowed on site 110 power can be received from a generator or a transformer providing an RCD is used 110v battery chargers are preferred, however mains supply may be used providing an RCD is employed All chargers, generator and tools to have an indate PAT test Leads, tools, plugs and sockets to be visually inspected prior to use 		
Hand arm vibration	Exposure to vibration can lead to the development of "vibration white finger" (VWF) and other symptoms	 No tools to be used where exposure levels are at or above the ELV (Exposure Limit Value of 400 points or 5 ms²) A minimum of palm coated gripper gloves to be worn (EN 388) and work exposure levels in line with tool to be followed Minimise the length of time vibratory tools and equipment are used in one go by dividing workloads into ten minute slots All operatives to be given hand arm vibration toolbox talk on induction Consideration given to minimising vibration levels when selecting new equipment 	Supervisors to attend hand arm vibration awareness training every 3 years	
SDS percussion	Wrist sprains, eye	Tool and drill or chisel buts to be visually inspected		
drill/chiseller	and ear damage can occur if	prior to use be fit for purpose and have current PAT certification		

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	correct precautions are not observed	 Consideration of clothing, hair, cable position and jewellery should be made to ensure that nothing can get caught in moving parts Safety glasses to be worn to protect eyes from impact damage off moving particles and continued use of tool to be avoided due to vibration and possible HAV injuries Drill to be removed from cutting surface every 30mm of depth when drilling concrete or masonry to prevent particle blow back Torque settings to be used to prevent muscular sprains is drill bit stalls 	
Power tools	A range of minor, major and possibly fatal injuries can be sustained from moving parts of tools and the substances they are working with	 Tools to be visually inspected prior to use and have current PAT certification Correct drill bits, saw blades, grinder discs etc to be used for the job and to be in good condition No working tool to be forced. i.e. if excessive pressure has to be applied to get a tool to work, the situation has to be reassessed Correct guards and PPE to be use to prevent impact or cut damage to eyes, face and body. Consideration of clothing, hair and jewel should be made to ensure that nothing can get caught in moving parts 	
Hazard off buried services	Electrocution could occur from a	Ensure principal contractor has surveyed for buried services	

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	buried services strike	 Use locators to trace any services. Mark the ground accordingly Works not to commence until principal contractor gives the green light Look around for obvious signs of underground services, eg valve covers or patching of the road surface Be aware that blinding sand, or fines is an indicator of buried services 		
Substance Risks		maioaioi or panea oo ma		L
Decorators Caulk	There may be irritation to eyes on contact	Follow manufacturer's instructions and use guidance set out in COSHH Assessment		
Dust	Irritating to respiratory system and skin with risk of impact damage to eye	Avoid vigorous brushing and the correct respiratory and eye PPE for the task to be worn		
Expanding Foam	May cause irritation and sensitisation to contact points, irritation to eyes and respiratory system	Follow manufacturer's instructions and use guidance set out in COSHH Assessment Avoid contact with the skin		
Expanding Foam Fire Rated	May cause irritation and sensitisation to contact points, irritation to eyes	 Follow manufacturer's instructions and use guidance set out in COSHH Assessment Avoid contact with the skin 		

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	and respiratory system			
Lead Solder	Eye tissue could be damaged by metal and may be fatal if swallowed or inhaled	Follow manufacturer's instructions and use guidance set out in COSHH Assessment		
Silicone sealant	May cause skin, eye and respiratory irritation	Follow manufacturer's instructions and use guidance set out in COSHH Assessment .		
Soldering Flux Paste	May cause skin and respiratory irritation and chemical burns to eyes	Follow manufacturer's instructions and use guidance set out in COSHH Assessment		
Solvent Cement	Has a narcotizing effect and vapours may cause drowsiness and dizziness, repeated exposure may cause skin dryness or cracking, irritating to eyes and respiratory system	Follow manufacturer's instructions and use guidance set out in COSHH Assessment		

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2) Risk awareness for areas where asbestos could potentially be discovered

Please note that this Risk Assessment is designed to make you aware of areas where asbestos could potentially be within your work environment.

It is not an exhaustive list, but is designed as a guide to help you remember which products may contain asbestos in your work environment, and consequently which products shouldn't be disturbed.

Any industrial or residential building, built or refurbished before the year 2000 may contain asbestos, and, if you suspect that you've discovered asbestos, stop work immediately and inform a supervisor or manager.

In this document AIB is the acronym for Asbestos Insulation Board

Potential hazards	Where this may be found
Asbestos cement downpipes and gutters	Found on roof lines and between roof and gutter
	If unpainted it is usually easy to spot by its colour
	If painted, it looks like a cast iron product
Asbestos cement soil and vent pipes. Residential	Usually on exterior of building but may be internal especially on maisonettes, flats and Town Houses.
	If unpainted it is usually easy to spot by its colour
	If painted, it looks like a cast iron product
Asbestos cement soil and vent pipes. Commercial	Usually on interior of tall buildings as no access equipment is needed to service or maintain but may be externally fitted
	If unpainted it is usually easy to spot by its colour

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	If painted, it looks like a cast iron product
Asbestos cement flue pipes. Residential	Flue pipes usually take the shortest route from boiler to exterior either through a wall or the
	roof space
	Usually left unpainted when exiting through roof so easier to spot
	Often boxed in or painted internally
Asbestos cement flue pipes. Commercial	Flue pipis have to carry exhaust gas from a boiler room to the outside, and by the nature of
	commercial buildings, they can have complex designs
	Often spray coated, painted or boxed in
	If boxed in the material usually used is asbestos cement sheets
	If boxed in the material usually used is aspestos cement sheets
	Any boxing in may have been decorated as building has been maintained
Asbestos cement vent pipes	Mainly used in commercial buildings to transport cooled air in air conditioning systems
	Almost always boxed in, sometimes with asbestos cement sheets
	Any boxing in may have been decorated as building has been maintained
Textured decorative coatings	Artex is the main culprit and the only way to tell if it contains asbestos is to get it tested
Tontal ou door all to ocalii. ge	The second and the seminary to term in secondaries as seed to get in testing
	Found on both ceilings and walls
AIB ceiling tiles	Mainly found in commercial buildings and offices due to being able to hide cables above
	ceiling tray
	Rarely found in residential buildings as most has been removed due to going out of fashion
Asbestos cement water tanks	Usually found in roof spaces
Bakelite	Toilet cisterns and seats, old light fittings and switches and many other components
	, 3
	Looks like plastic, and is usually dark brown or black and contains asbestos
Sprayed coatings	Mainly found in commercial buildings as most homes have plastered walls
	Sprayed coatings were used an wells, spilings and became as a fire retardent and insulator
	Sprayed coatings were used on walls, ceilings and beams as a fire retardant and insulator

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Lagging	Used as an insulation material on pipes in both residential and commercial properties
	Also used on boilers, but this was mainly the larger commercial type
AIB bath panels	End and side panels for baths
•	
	May have been decorated, tiled or cladded
AIB backing board	Found behind fuse boxes, consumer boards, behind and around boilers, in airing cupboards
	and behind fires
Loose fill insulation	Used in all property types as an insulation
	Can be found in loft spaces, under floor boards and in cavity walls
Vinyl floor tiles and adhesive	Predominantly a 150 x 150mm tile approximately 2mm thick
	Once a popular choice of flooring for kitchens and bathrooms in residential properties
	Used extensively in commercial properties for most floors and corridors
	Both the tile and adhesive may contain asbestos
	Bear are and admostre may contain assesses
	May be hidden under newer floor coverings
AIB in partition walls and fire doors	Used as a fire stop inside of both products
Asbestos cement roofs	Usually corrugated panelled roofs that are bolted or screwed to joists
	Are brittle and fragile and were popular for farm out buildings as well as garage and commercial roofs
Roofing felt	Used for most flat roof applications and sometimes under shingles
Nooning left	Osed for most flat roof applications and sometimes under shingles
	Mainly used from the early 1900's to early 1980's
Soffits	Either AIB of asbestos cement board
	Uses as a soffit and may be ventilated or whole
	May be rejected to reately assessed in a timely are
Window panels	May be painted to match surrounding timbers Found in all building types both interior and exterior
willian hallers	Found in all building types both interior and exterior

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	Where a window frame is high level to floor but there is only glass in the top half The bottom half is often painted on the outside and decorated or plastered on the inside
Textiles	Ironing board fabric, oven gloves, heat mats, fire blankets aprons. The list goes on
	Any old fabric that has heat resistant properties is suspect
Gaskets, seals and paper	Often used in boilers and as seals on wood burners
	Paper also used as liner for floorings and roof coverings
	may be hidden under existing floor coverings

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3) Method statement for rewires, maintenance and new installations

Scope of Works

This method statement describes the work process for the following

- 1) Start of works
- 2) Cable runs
- 3) Switches, socket-outlets and zones
- 4) Consumer units and RCDs
- 5) Earth bonding
- 6) Testing
- 7) Finishing

Step by step process

Start of works

- 1) Read relevant risk and COSHH assessment, and follow guidelines for the correct PPE.
- 2) Sheet up and protect work area and surrounding, including signage and barriers as required.
- 3) Visually inspect work area and only begin works if it is a safe working environment.
- 4) Cordon off work area if required to do so.
- 5) Ensure the area to be worked and exit points are clear of obstruction and that safe access and egress is maintained.
- 6) Check any electrical or hand tools for damage or faults, faulty or damaged tools must be removed from service immediately.
- 7) Do not leave tools and equipment unattended at any time.

Cable runs

- 1) Concealed cables in walls to a depth of less than 50mm need to be covered with galvanised steel channel to BS
- 2) Cable management and surface mounted conduit runs shall be carried out to the relevant manufacturer's instructions depending on the product being used and including: Galvanised steel trunking, galvanised cable trays, galvanised conduit, PVC tubular conduit, mini and maxi trunking and flexible trunking.
- 3) When running cabled through joists by notching out. The notched should be central to any floor boards so that cable strikes are avoided when refitting boards. They should only be made at the top edge of a joist and should be no closer to the joist support than 0.25 times the

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- span and no further away than 0.4 times the span. Notches should be no deeper or wider than 0.125 times the depth of the joist. If more than one notch is required, they should be spaced at least 3 times the distance of the width of the largest notch.
- 4) When running cabled through joists by drilling. The hole should be central to any floor boards so that cable strikes are avoided when refitting boards and be a minimum depth of 50mm. The hole diameter should be no greater than 0.25 times the joists depth. Should be no closer to the joist support than 0.25 times the span and no further away than 0.4 times the span. If more than one hole is required, they should be spaced at least 3 diameters apart.
- 5) The maximum spacing for cable supports both horizontally and vertically is based on the manufacturers recommend fitting instructions and is calculated on the overall diameter of the cables.

Switches, socket-outlets and zones

- 1) Appropriate equipment, switches and socket-outlets will be used for relevant zones
- 2) Horizontal minimal distances will be observed as required between zones
- 3) Maintenance switches for appliances such as showers and extractor fans need to be clearly labelled

Consumer units and RCDs

- 1) With a rated current not exceeding 20 amps, socket-outlets are to have additional RCD/RCBO protection
- 2) Consumer units will be configured with RCBOs protecting individual circuits as well as the main switch
- 3) RCDs and RCBOs must be of the same manufacturer and be specifically designed for the consumer unit they are being used in
- 4) In accordance with BEAMAs recommendations, consumer units should be located so that the bottom row of switches are located between 1350 mm and 1450 mm off finished floor level, so that they are out of reach of young children and to avoid interference and inappropriate operation
- 5) The main switch on a consumer unit must have clear markings for "on" and "off"

Earth bonding

- 1) Protective earth bonding is required between each metallic branch as it enters a building and the main earthing terminal
- 2) Further earth bonding to be fitted to individual appliances as required using BS 951 bonding clamps
- 3) All bare earth cables to be sheathed with BS colour coded PVC sheathing

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Testing

1) Appropriate testing and inspection to carried out on completion of installation.

Finishing

- 1) All tools and equipment will be cleared to secure storage at the end of each shift
- 2) Staff will leave area clean and tidy at end of shift

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4) Method statement for marking and fixing

Scope of Works

This method statement describes the work process for the following

- 1) Start of works
- 2) Measuring and marking
- 3) Fixing to walls
- 4) Finishing

Step by step process

Start of works

- 1) Read relevant risk and COSHH assessment, and follow guidelines for the correct PPE.
- 2) Sheet up and protect work area and surrounding, including signage and barriers as required.
- 3) Visually inspect work area and only begin works if it is a safe working environment.
- 4) Cordon off work area if required to do so.
- 5) Ensure the area to be worked and exit points are clear of obstruction and that safe access and egress is maintained.
- 6) Check any electrical or hand tools for damage or faults, faulty or damaged tools must be removed from service immediately.
- 7) Do not leave tools and equipment unattended at any time.

Measure and mark

- 1) When working from a drawing, measure and mark the transferred measurements to work area. The golden rule is measure twice, mark once.
- 2) With all measurements a fine light straight or V-shaped pencil mark should suffice. The preferred marking tool is a bonded HB or harder pencil.
- 3) When setting datum lines mark the first one with a single slanted line '/', the second with a double slanted line '//' etc...
- 4) All measurements to be in millimeters.
- 5) Periodically check squares and levels for true.
- 6) Only use a proven straight edge as a ruler.

Fixing methods for appliances

1) The correct fixing type and size, such as a brass slotted screw or a stainless-steel bolt should be used for each appliance.

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- 2) Chemical fixings such as 'No More Nails', only to be used if agreed with project management first.
- 3) For brick or concrete block constructed walls use plastic wall plugs and screw threaded mechanical fixings.
- 4) For light weight block walls use universal fixings or wall plugs and screw threaded mechanical fixings.
- 5) For timber stud walls, locate timber studs as a preference, and use wood screws, or if fixings need to be made where there are no studs, use plasterboard fixings including toggle bolts, and self-drills.
- 6) For metal stud and track partition walls use plasterboard fixings including toggle bolts, and self-drills.
- 7) For lathe and plaster walls, locate structural timbers as a preference, and use wood screws, or if fixings need to be made where there are no studs, use toggle bolts.

Finishing

- 1) All tools and equipment will be cleared to secure storage at the end of each shift
- 2) Staff will leave area clean and tidy at end of shift

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5) COSHH assessment for decorator's caulk

COSHH Assessment for decorator's caulk

Substance / material	Decor	ators Cau	e Siroflex Limited, Dodworth Business Park, Dodworth, Barnsley, South Yorkshire. S75 3SP. 01226 771 600													
Suppliers address number	s and pho	ne	Sirofl	ex Limited, D	odwoi	th Business	Park,	Dodworth,	, Barnsley	, South	Yorkshire	e. S75 3S	P. 012267	771 600		
Contents / ingred product	ients of	(Pet	1.	ne Glycol Dib n), Hydrosulft dous					ls there a work ure limit	Yes	□ No) X	Duratio	on		
Where the production used	Where the product's osed Outside ⊠ Inside well ventilated ⊠ Inside poorly ventilated ⊠ Confined space												ce 🗵			
How the products used	3	Mixing		Pouring		Spraying		Brushing		Applyi	ng by han	nd / hand tools	⊠ Loa	nding out		
Product hazard lo	evels	High		Medium		Low		Product st	tate	Solid		Liquid	\boxtimes	Gas		
Flammable	ng	Gas u	E	xplosi	ve V	ery tox	ic (Corrosive	Se	rious heal hazard		Health eard/irritant		ager to onment		
PPE G	loves	Glasses		Goggles	Face shield	Footv	vear	PPE Clothes	Dust 1	mask	FFP2 mask		FP3 Roask	espirator	Noise	
Outside]]						

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Inside well ventilated											
Inside											
poorly ventilated											
Confined											
space											
1											
Is the substance	hazardous	to health w	hen:								
Breathed in	Swallo	wed 🗵	In contact w	ith skin 🔲	In contact w	vith eyes	☑ Other. Pleas	se specify			
Eye contact: The Ingestion: Might Inhalation: General	t cause mild	l stomach ups	set.			fects.					
First aid and em			or muc vapor			Teets.					
	iergenej in						9			L	
Emergency serv	vics	First aider	Firs	st aid box	Showe	r	Eye wash	Was	sh affected area	Boot v	vash
							\boxtimes		\boxtimes		
First aid details: After significant	t accidenta				_		•	-	ntact lenses and o	nen the eveli	id(s)

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 15 minutes. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

After skin contact: Wipe off with tissue and wash contaminated area.

After significant accidental ingestion: Wash out mouth with water. Do not induce vomiting. Consult a physician if symptoms persist.

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Spillage and environmental:

Non-toxic.

Mobility: No special measures required.

Accidental release: Do not discharge into drains or rivers. Pick up mechanically then dilute residue with plenty of water.













Fire details:

No special measures required.

Use fire extinguishing methods suitable to surrounding conditions.

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6) COSHH assessment for dust

Outside

 \boxtimes

COSHH Assessment for dust Substance / Dust material Suppliers address and phone N/A number **Contents / ingredients of** Calcium silicates contained within bricks and Is there a product concrete as well as sands, other aggregates and work Yes \boxtimes 8 Hrs No **Duration** other substances contained in cement and mortar exposure products. limit Where the product's \times Inside well ventilated \times Confined space Outside \boxtimes Inside poorly ventilated used How the products Cutting into concrete or brickwork using angle grinders or petrol cutters. used **Product hazard levels** Liquid Medium 🗵 Solid 🗵 Gas \square High Low **Product state** Serious health Health Gas under Danger to Flammable Oxidising Explosive Very toxic Corrosive hazard/irritant environment pressure hazard XPPE Gloves Glasses Goggles Face Footwear Dust mask FFP2 FFP3 Respirator Noise **PPE** shield Clothes mask mask

 \boxtimes

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 \boxtimes

Inside well ventilated	\boxtimes		\boxtimes		\boxtimes					\boxtimes	\boxtimes
Inside poorly ventilated	\boxtimes		\boxtimes		\boxtimes					\boxtimes	\boxtimes
Confined space											
Is the substance	hazardous to	health when	•								
Breathed in ⊠	Swallowe	ed 🗵 In	contact with s	skin 🗵 I	n contact with	eyes 🗵 (Other. Please	specify			
Health risks: Irritating to respir	atory system	and skin so w	ater suppressi	on system mu	st be used. R	isk of impact	damage to ey	es. Risk of vi	bration diseas	es due to usinş	g

power tools so anti vibration gloves must be worn.

Skin contact: Risk of dust, fragments and particles hitting skin at high impact velocity and causing damage and lacerations.

Eye contact: There may be eye damage to membrane or total blindness. The eyes may get irritated and water from fine particles and suffer severe damage from larger fragments.

Ingestion: May cause irritation.

Inhalation: Chronic exposure to dust in excess of occupational exposure limits may cause coughing, shortness of breath and may cause chronic obstructive lung disease.

Inhaling dust may aggravate existing respiratory system disease(s) and/or medical conditions such as emphysema or asthma.

Hearing: May cause temporary or permanent damage to hearing, the risks of which could greatly increase depending on acoustics of environment.

First aid and emergency measures: First aid box Wash affected area First aider Emergency servics Shower Eye wash Boot wash \boxtimes \boxtimes First aid details:

Page 26 of 48 HSEDocs.com After significant accidental inhalation: Move person to fresh air. Dust in throat and nasal passages should clear spontaneously. Contact a physician if irritation persists or later develops or if discomfort, coughing or other symptoms do not subside.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 45 minutes to remove all particles. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

After skin contact: Dust off and wash affected area.

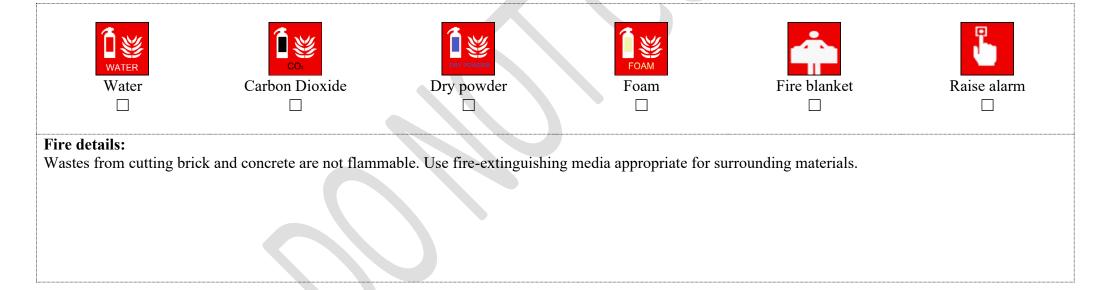
After significant accidental ingestion: Wash out mouth with water and give plenty of water to drink.

After hearing damage: Move person to safe place and allow time for hearing to start the recovery process. Seek medical attention on long term hearing loss/damage.

Spillage and environmental:

Mobility: Dust and particles created from cutting are not volatile but might become airborne during handling operations.

Accidental release: Sweep up and dispose of dust created according to the local legislation.



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7) COSHH assessment for expanding foam

COSHH Assessment for expanding foam

COSIIII Asse	331110110	тог слраг	iuiiig	Ivaiii											
Substance / material	Ex	panding Fo	am												
Suppliers addr	ess and p	hone			erdongenl	aan 18-20,	B-2300) Turnhou	t. +32 14	42 42 31	24h/24	4h: +32 14	4 58 45 45	(BIG) (N	IL, EN,
number Contents / ingr	edients o	f Po	FR, I		phenyl Iso	ocyanate (-)>25%	6 ,							
product		4,4 Al	4'-Meth kanes,	nylenediphe C14-17, Cl	enyl Diiso nloro 1-20	ocyanate 10- 0%, Dimethy atene 1-20%	-25%, yl Ethe	ar	Is there a work sure limit	Yes	⊠ No		Duratio	n 8	Hrs
Where the pro- used	duct's	Outsid	e 🗵	Iı	nside well	ventilated	\boxtimes	Inside p	oorly venti	ilated	$oxed{oxed}$	Cor	nfined spac	e 🗆	
How the produused	cts	Mixin	g 🗆	Pouri	ng 🗆	Spraying	\boxtimes	Brushing		Applyin	g by hand	d / hand tools	⊠ Loac	ling out	
Product hazaro	d levels	Hig	h 🗆	Mediı	ım 🗵	Low		Product s	state	Solid [Liquid	\boxtimes	Gas	
Flammable	Oxid	lising		under sure	Explosi	ve V	ery tox	xic	Corrosive		ious healt hazard		Health ard/irritant		ager to onment
\boxtimes													\boxtimes		\boxtimes
PPE	Gloves	Glasso	es	Goggles	Face shield		wear	PPE Clothes	Dust n	nask	FFP2 mask	FFI		spirator	Noise
					RJA.				E			d	5		
Outside	\boxtimes	\boxtimes				X]		

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Inside well ventilated	\boxtimes	\boxtimes							\boxtimes				
Inside													
poorly ventilated	\boxtimes								\boxtimes				
Confined		—————————————————————————————————————			□					<u> </u>			
space	\boxtimes			Ш	\boxtimes	Ш	Ч			\boxtimes			
Is the substance	e hazardoi	ıs to health w	hen:										
Breathed in \boxtimes	l Swal	lowed 🗵	In contact w	vith skin ⊠	In contact	with eyes 🛭	Other. Ple	ase specify					
Health risks: M	lay cause in	rritation and se	nsitisation to	contact points	s, irritation to	eyes and resp	oiratory syster	n.					
Skin contact: M	lay cause s	ensitisation to	contact poin	ts.									
Eye contact: M	ay cause ir	ritation to eyes	S.										
Ingestion: May	cause irrita	ation, nausea, v	vomiting and	diarrhoea.									
Inhalation: Mag	Inhalation: May cause irritation to respiratory system.												

First aid and emergency measures:

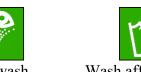














 \boxtimes

Wash affected area

 \boxtimes

Boot was

First aid details:

After significant accidental inhalation: Remove casualty from exposure ensuring one's own safety whilst doing so. Keep casualty in a safe environment where there is fresh air until effect has worn off. Seek medical attention if symptoms persist.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 15 minutes. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

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After skin contact: Wash copiously with soap and water - remove contaminated clothing, including shoes and launder before re-use. If skin irritation develops seek immediate medical attention.

After significant accidental ingestion: Wash out mouth with water and obtain medical attention urgently.

Spillage and environmental:

Mobility: Store in an upright position and ensure container is tightly closed.

Accidental release: Extinguish all ignition sources. Avoid sparks, flames, heat and smoking. Allow to cure, and remove mechanically. Transfer to a closable, labelled salvage container for disposal by an appropriate method.













Fire details:

Use Powder, Carbon dioxide (CO2), Foam or Water spray. DO NOT USE full water jet.

Containers close to fire should be removed or cooled with water. Use water to keep fire exposed containers cool and disperse vapours. Beware, risk of formation of toxic and corrosive gases. Hydrogen cyanide (HCN), Hydrogen chloride (HCl), Nitrogen oxides (NOx). Use self-contained breathing apparatus.

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COSHH assessment for expanding foam (fire rated)

COSHH Assessment for expanding foam (fire rated) Expanding Foam (Fire rated) Substance / material Henkel Consumer Adhesives, Road 5, Winsford Industrial Estate, Winsford, Cheshire. CW7 3QY 01606 593933 Suppliers address and phone number Contents / ingredients of Dimethylether 10-30%, Diphenylmethane-4,4'-Is there a Di-Isocyanate 10-30% work Yes \boxtimes product No **Duration** exposure limit Where the product's \times Outside 🗵 Inside well ventilated Confined space

iseu			<u> </u>										
Iow the prodused	ucts	Mixing		Pouring		Spraying 🗵	Brushing		Applying b	y hand / hand tools	: X	Loading out	
Product hazar	d levels	High		Medium	\boxtimes	Low	Product s	state	Solid \square	Liquio	l 🖂	Gas	
Flammable	Oxid	dising	Gas un press	H3	xplos:	ive Very to		Corrosive		s health zard ha	Heal zard/i	rritant envii	nger to conment
\boxtimes									[\boxtimes		\boxtimes
PPE	Gloves	Glasses		Goggles	Face shield	d	PPE Clothes	Dust			FFP3 nask	Respirator	Noise
Outside	\boxtimes	\boxtimes				\boxtimes							

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Inside well ventilated	\boxtimes	\boxtimes			\boxtimes						
Inside											
poorly	\boxtimes	\boxtimes			\boxtimes				\boxtimes		
ventilated											
Confined	\boxtimes	\boxtimes			\boxtimes	П				\boxtimes	
space											
Is the substance l	nazardous to	health when	•								
Breathed in 🛛	Swallowe	d 🗵 In	contact with s	skin 🗵 I	n contact with	i eyes 🗵 (Other. Please s	pecify			
		<u> </u>		i							
Health risks: May Skin contact: May Eye contact: May Ingestion: May ca Inhalation: May	y cause sensity cause irritation	tisation to conto to eyes. , nausea, vom	ntact points.		ritation to eye	s and respirat	ory system.				

First aid and emergency measures:











 \boxtimes





Wash affected area

 \boxtimes

Boot wash

First aid details:

After significant accidental inhalation: Remove casualty from exposure ensuring one's own safety whilst doing so. Keep casualty in a safe environment where there is fresh air until effect has worn off. Seek medical attention if symptoms persist.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 15 minutes. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

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After skin contact: Wash copiously with soap and water - remove contaminated clothing, including shoes and launder before re-use. If skin irritation develops seek immediate medical attention.

After significant accidental ingestion: Wash out mouth with water and obtain medical attention urgently.

Spillage and environmental:

Mobility: Store in an upright position and ensure container is tightly closed.

Accidental release: Extinguish all ignition sources. Avoid sparks, flames, heat and smoking. Allow to cure, and remove mechanically. Transfer to a closable, labelled salvage container for disposal by an appropriate method.













Fire details:

Use Powder, Carbon dioxide (CO2), Foam or Water spray. DO NOT USE full water jet.

Containers close to fire should be removed or cooled with water. Use water to keep fire exposed containers cool and disperse vapours. Beware, risk of formation of toxic and corrosive gases. Hydrogen cyanide (HCN), Hydrogen chloride (HCl), Nitrogen oxides (NOx). Use self-contained breathing apparatus.

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COSHH assessment for lead free solder

COSHH Assessment for lead free solder

Substance / material	Lead	Lead Free Solder S and phone Cookson Electronics, Forsyth Road, Sheerwater, Woking, Surrey, England. GU21 5RZ. +44(0)1483 758400														
Suppliers addre	ess and pho	one	Cookso	n Electronic	s, Fors	syth Road, S	Sheerv	vater, Wok	ing,Surrey	y, Engla	and. C	3U21 5R	Z. +44	1(0)1483 7:	58400	
Contents / ingreproduct	edients of	Tin	80-1009	%, Copper 0	5-1%				Is there a work sure limit	Yes	\boxtimes	No [Duration	8	3 Hrs
Where the prodused	luct's	Outside	\boxtimes	Insid	e well	ventilated	\boxtimes	Inside p	oorly ven	tilated			Cont	fined space		
How the production	cts	Mixing		Pouring		Spraying		Brushing	\boxtimes	Apply	ing by	y hand /	hand tools	⊠ Load	ng out	
Product hazard	l levels	High		Medium		Low		Product s	state	Solid		Li	iquid [\boxtimes	Gas	
Flammable	Oxidis	ing •	Gas und pressu	H:	xplosi	ve V	ery to	xic	Corrosive	50	haz	s health ard		lealth rd/irritant		nger to conment
PPE	Gloves	Glasses	Go	oggles	Face shield		vear	PPE Clothes	Dust	mask		FP2 ask	FFP:	k	oirator	Noise
Outside	\boxtimes	\boxtimes				\boxtimes					[

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Inside well ventilated	\boxtimes	\boxtimes			\boxtimes						
Inside poorly ventilated	\boxtimes	\boxtimes			\boxtimes			\boxtimes			
Confined space			\boxtimes		×						
Is the substance hazardous to health when:											
Breathed in \Box	□ Swallowed □ In contact with skin □ In contact with eyes □ Other. Please specify										
Eye contact: Eye tissue could be damaged by metal. Ingestion: Large quantities may be poisonous. Inhalation: Large quantities may be poisonous.											
First aid and er		+					9			L	
Emergency ser	vics F	irst aider	First	aid box	Shower	ſ	Eye wash	Wasl	h affected area	Boot w	ash
Ш					Ц				<u> </u>		
First aid details: After significant accidental inhalation: Remove casualty from exposure ensuring one's own safety whilst doing so. Contact poison treatment specialist immediately if large quantities have been inhaled. After contact with eyes: Contact a specialist of occupational medicine or an eye specialist if eye damage occurs through the metal touching the surface of the											

eye..

After skin contact: Wash the affected skin with soap and water.

After significant accidental ingestion: Contact poison treatment specialist immediately if large quantities have been ingested.

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COSHH assessment for solder

COSHH Assessment for lead solder

COSHH Asses	ssment	for lead s	older															
Substance /	Le	ad Solder																
material																		
Suppliers addre	ess and p	ohone	Cook	son Electroni	ics, For	syth Road, S	Sheerv	water, Wok	ing,Surrey	y, Engla	and. (GU21 5	5RZ. +4	44(0)	1483 758	3400		
number																		
Contents / ingre	edients o	of Lea	ad 60-8	30%, Tin 20-3	30%,Aı	ntimony 1-5	%	Is there a										
product								work Yes exposure limit				No		Duration		8 Hrs		
Where the procused				Insi	de wel	ll ventilated ⊠ Inside poorly ventil				tilated	\boxtimes		Со	Confined space			\boxtimes	
How the produused	cts	Mixing	g 🗆	Pouring	5 🗆	Spraying		Brushing	\boxtimes	Apply	ing b	y hand	l / hand tools	\boxtimes	Loadin	g out		
Product hazard	l levels	Higl	ı 🗆	Medium	ւ 🗆	Low 🗵		Product s	state	Solid			Liquid	\boxtimes		Gas		
Flammable	Oxid	dising	Gas u		Explos	ive V	ery to	xic	Corrosive	S		s healtl zard		Heal ard/ii	th rritant		ger to onment	
	[\boxtimes					\boxtimes	
PPE	Gloves	Glasse	s	Goggles	Face	Footv	vear	PPE	Dust 1	mask	F	FP2	FF	P3	Respi	rator	Noise	
112					shield	1		Clothes			m	nask	ma	ısk				
					Cy				E		((3	6			
Outside	\boxtimes	\boxtimes				\boxtimes]]]		

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Inside well ventilated	\boxtimes	\boxtimes			\boxtimes				\boxtimes				
Inside poorly ventilated	\boxtimes		\boxtimes							\boxtimes			
Confined space													
Is the substan	nce hazardou	s to health wh	ien:										
Breathed in	⊠ Swalle	owed 🗵	In contact with	skin 🗆	In contact w	ith eyes 🔲	Other. Please	e specify					
Ingestion: M	Eye contact: Eye tissue could be damaged by metal. Ingestion: May be fatal if swallowed. Inhalation: May be fatal if inhaled.												
H	Inhalation: May be fatal if inhaled. First aid and emergency measures:												
Emergency s	servics	First aider	First ai	_	Shower		Eye wash	w asn	affected area	Boot wa □	ısıı		
First aid details: After significant accidental inhalation: Remove casualty from exposure ensuring one's own safety whilst doing so. Contact poison treatment specialist immediately if large quantities have been inhaled. After contact with eves: Contact a specialist of occupational medicine or an eye specialist if eye damage occurs through the metal touching the surface of the													

eye..

After skin contact: Wash the affected skin with soap and water.

After significant accidental ingestion: Contact poison treatment specialist immediately if large quantities have been ingested.

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COSHH assessment for silicone sealant

COSHH Assessment for silicone sealant

COSHH Asses	ssment	for silicor	ie sea	lant													
Substance /	Sil	icone Seala	nt														
material																	
Suppliers addre	ess and p	ohone	Sirofl	lex Limited, D	odwo	rth Business	Park,	, Dodworth	, Barnsley	, South	York	shire.	S75 3SP	. 012	226 771 (600	
number		-									,		·				
Contents / ingre	edients o	:		s (petroleum),	-			1	Is there a								
product		1	9%, Distillates (petroleum), hydrotreated light work Yes □ No ⊠ Duration														
		1-<	5%				T	expo	sure limit							\boxtimes	
Where the prodused	- Outsid			Insid	le wel	ell ventilated 🗵 Inside poo			oorly vent	ventilated 🗵			Cor	Confined space			
How the production used	cts	Mixing	g 🗆	Pouring		Spraying		Brushing		Apply	ing by	y hand	/ hand tools	\boxtimes	Loading	g out	
Product hazard	l levels	Higl	ı 🗆	Medium		Low		Product s	state	Solid			Liquid	\boxtimes		Gas	
Flammable Oxidising		dising	Gas u	F	Explos	ive V	ery to	oxic	Corrosive	S	erious haz	health ard		Health ard/irr			ger to onment
	[\boxtimes		[
PPE	Gloves	Glasse	s	Goggles	Face		vear	PPE	Dust 1	mask		FP2	FFF	23	Respi	rator	Noise
					shield	d		Clothes			m	ask	mas	sk			
					(Cy				E		(4)	3		3			
Outside	\boxtimes	\boxtimes				\boxtimes]	

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Inside well ventilated	\boxtimes	\boxtimes			\boxtimes								
Inside poorly ventilated	\boxtimes	\boxtimes						\boxtimes					
Confined space	\boxtimes	\boxtimes			\boxtimes	\boxtimes			\boxtimes				
Is the substance	Is the substance hazardous to health when:												
Breathed in \boxtimes	Swall	owed 🗵	In contact w	rith skin ⊠	In contact	with eyes \[\bigsize \]	Other. Plea	ase specify					
Health risks: May cause skin, eye and respiratory irritation. Skin contact: There may be irritation and redness at the site of contact. Eye contact: There may be irritation and redness. The eyes may water profusely. Ingestion: There may be soreness and redness of the mouth and throat. Nausea and stomach pain may occur. There may be vomiting.													
Inhalation: There may be irritation of the throat with a feeling of tightness in the chest.													

First aid and emergency measures:



First aid details:

After significant accidental inhalation: Remove casualty from exposure ensuring one's own safety whilst doing so.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 15 minutes. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

Boot wash

After skin contact: Wipe off with tissue and wash contaminated area.

After significant accidental ingestion: Wash out mouth with water. Do not induce vomiting. Consult a physician if symptoms persist.

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Spillage and environmental:

Non-toxic.

Mobility: Store in cool, well-ventilated area. Keep container tightly closed

Accidental release: Do not discharge into drains or rivers. Contain the spillage using bunding then, absorb into dry earth or sand. Transfer to a closable,

labelled salvage container for disposal by an appropriate method.







 \boxtimes







laise alarm ⊠

Fire details:

No special measures required.

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12) COSHH assessment for soldering flux

COSHH Assessment for soldering flux Soldering Flux Paste Substance / material Suppliers address and phone Cookson Electronics, Forsyth Road, Sheerwater, Woking, Surrey, England. GU21 5RZ. +44(0)1483 758400 number Contents / ingredients of Alcohols, C11-14-iso-, C13-rich, ethoxylated 20-Is there a product 40% work Yes No \boxtimes **Duration** exposure limit Where the product's \times Inside well ventilated \boxtimes Confined space Outside Inside poorly ventilated used How the products Applying by hand / hand Loading out Mixing Brushing Pouring Spraying tools used **Product hazard levels** Low \boxtimes High Medium **Product state** Solid \square Liquid \times Gas \square Serious health Health Gas under Danger to Flammable Oxidising Explosive Very toxic Corrosive hazard/irritant environment hazard pressure

	dD										
112				shield		Clothes		mask	mask		
PPE	Gloves	Glasses	Goggles	Face	Footwear	PPE	Dust mask	FFP2	FFP3	Respirator	Noise

X

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Outside	\boxtimes	\boxtimes			\boxtimes									
Inside well ventilated	\boxtimes	\boxtimes			\boxtimes									
Inside poorly ventilated					\boxtimes				\boxtimes					
Confined space	\boxtimes				\boxtimes	\boxtimes				\boxtimes				
Is the substance hazardous to health when: Breathed in ⊠ Swallowed ⊠ In contact with skin ⊠ In contact with eyes □ Other. Please specify														
Health risks: May cause skin and respiratory irritation and chemical burns to eyes. Skin contact: There may be mild irritation at the site of contact. Eye contact: There may be irritation, redness and risk of chemical burns. The eyes may water profusely. Ingestion: There may be soreness and redness of the mouth and throat. There may be stomach discomfort. Inhalation: There may be respiratory irritation.														
E:4 -: 1 1														

First aid and emergency measures:



Emergency servics



First aider \boxtimes



First aid box



Shower



Eye wash \boxtimes



Wash affected area \boxtimes



Boot wash

First aid details:

After significant accidental inhalation: Remove casualty from exposure ensuring one's own safety whilst doing so.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 15 minutes. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

After skin contact: Wash the affected skin with soap and water. Seek medical treatment in all cases of irritation.

After significant accidental ingestion: Wash out mouth with water. If vomiting occurs, the head should be kept low so that vomit does not enter the lungs. Get medical attention if adverse health effects persist or are severe.

Spillage and environmental:

Mobility: Store in cool, well-ventilated area. Keep container tightly closed.

Accidental release: Avoid dispersal of spilt material and runoff and contact with soil, waterways, drains and sewers. Scrape up material and clean residue with hand wipes, place in a designated, labelled waste container. Dispose of via a licensed waste disposal contractor.



Fire details:

Product is non-flammable and compatible with water, foam, carbon dioxide and dry powder extinguishers. Suitable extinguishing media for the surrounding fire should be used.

Decomposition products may include the following materials:

Carbon dioxide, carbon monoxide, nitrogen oxides and halogenated compounds.

No specific fire or explosion hazard.

Fire-fighters should wear appropriate protective equipment and self-contained breathing apparatus (SCBA) with a full face-piece operated in positive pressure mode.

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COSHH assessment for solvent cement

COSHH Assessment for solvent cement

COSHH Assess	sment fo	or solven	it cen	nent											
Substance /	Solv	ent Cemer	nt												
material															
Suppliers addres	ss and ph	ione	FloP	lastLtd, Cast	le Road,	Eurolink B	usiness	Park, Sitt	ingbourne, Ke	ent. ME	10 3FP. 0	1795 431	.731		
number								_							
Contents / ingre	dients of			thyl Ketone				0- I	s there a			_	. •	0	
product				rahydrofuran		6, N-Methy	1-2-		work Ye	es 🗵	No \square	Du	ıration	8	Hrs
		2Py	yrrolid	lidone ≤ 10-25% exposure limit											
Where the produ	uct's	Outside		☐ Inside well ventilated ☐ Inside poorly ventilated ☐ Confined space									\boxtimes		
Used How the products									A	1: 1-	11 / 1	1			
How the producused	ıs	Mixing	g 🗆	Pourin	g 🗆	Spraying		Brushing	\boxtimes Ap	prymg c	y hand / ha to	ols	Loading	g out	
Product hazard	levels	High	ւ 🗆	Mediur	n 🗵	Low \square]	Product st	tate Soli	id 🗆	Liqu	ıid ⊠		Gas	
Flammable Oxidising		sing		under ssure	Explosi	ve V	ery tox	ic (Corrosive		s health zard	Healt hazard/ir:		•	ger to onment
										[lacktriangle
PPE	Gloves	Glasse	S	Goggles	Face		vear	PPE	Dust masl		FP2	FFP3	Respi	ator	Noise
	600 0				shield			Clothes		n	nask	mask			
	THE STATE OF THE S				Cy						3				
Outside	\boxtimes	\boxtimes				\boxtimes]								

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Inside well ventilated	\boxtimes	\boxtimes			\boxtimes			\boxtimes					
Inside poorly	\boxtimes		\boxtimes		\boxtimes				\boxtimes				
ventilated Confined space			\boxtimes		\boxtimes	\boxtimes							
Is the substance hazardous to health when:													
Breathed in 🗵 Swallowed 🗵 In contact with skin 🗵 In contact with eyes 🗵 Other. Please specify													
Detailed in [23] Swarlowed [23] In contact with skin [23] In contact with cycle [23] Other. I lease specify													
Health risks: Has a narcotizing effect and vapours may cause drowsiness and dizziness. Repeated exposure may cause skin dryness or cracking. Irritating to eyes and respiratory system. Skin contact: Generally the product does not irritate the skin. However, there may be irritation and redness at the site of contact for people with sensitive skin. Eye contact: There may be irritation and redness. The eyes may water profusely. Ingestion: There may be soreness and redness of the mouth and throat. Nausea and stomach pain may occur. Inhalation: There may be irritation of the throat with a feeling of tightness in the chest, drowsiness and dizziness.													

First aid and emergency measures:





 \boxtimes

First aid box





 \boxtimes





Boot wash

 \boxtimes

First aid details:

After significant accidental inhalation: Remove casualty from exposure ensuring one's own safety whilst doing so. Keep casualty in a safe environment where there is fresh air until narcotizing effect has worn off.

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After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 20 minutes. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

After skin contact: Wipe off with tissue and wash contaminated area.

After significant accidental ingestion: Wash out mouth with water. Do not induce vomiting. Immediately consult a physician.

Spillage and environmental:

Not regarded as dangerous for the environment. However, contamination of the aquatic and terrestrial environments should be avoided.

Mobility: Store in cool, well-ventilated area. Keep container tightly closed. Keep away from sources of ignition. Prevent the build-up of electrostatic charge in the immediate area. Ensure lighting and electrical equipment are not a source of ignition.

Accidental release: Extinguish all ignition sources. Avoid sparks, flames heat and smoking. Ventilate. Runoff or release to sewer, waterway or ground is forbidden. Absorb with liquid-binding material (sand, diatomite, acid binders, universal binders, sawdust) and place in containers. Containers must then be properly labelled with correct contents and hazard symbol.













Fire details:

Highly flammable. In combustion emits toxic fumes. Forms explosive air-vapour mixture. Vapour may travel considerable distance to source of ignition and flash back.

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