

(INSERT YOUR COMPANY NAME HERE) Health and safety pack.

For: (INSERT NAME OF CLIENT, PROJECT OR CONTRACT NUMBER)

On: (INSERT TODAYS DATE)

Review date: (INSERT DATE 6 MONTHS AFTER TODAY)

Document author:	Signed:	Date:

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1) Risk assessment for carpet fitting

Potential hazards	People at risk and how?	Actions already in place	Further action required	Action by	Action target date	Done
Slips, trips and falls	Sprains, fractures and tissue damage could be suffered by operatives or public from slipping, tripping or falling over tools, materials, waste or areas of bad ground	<ul style="list-style-type: none"> • Housekeeping to be carried out at regular intervals throughout the working day with surplus materials and waste to be removed as work progresses • Safety boots to be worn by all operatives and site visitors • Work area to be cordoned off where practicable and site caution signs to be used • Avoid trailing cables, and ensure materials and tools are not obstructing designated walkways • Use signage for uneven, or wet floor surfaces as well as for change in levels 				
Hazard to hands from general construction work	Operatives can suffer skin disease and damage including dermatitis by prolonged contact with a range of materials	<ul style="list-style-type: none"> • A minimum of palm coated gripper gloves to be worn • Waterproof gauntlets to be used for prolonged contact with wet works • Avoid direct contact with skin where possible and rinse off with clean water if contact occurs • Use of barrier cream encouraged 	Use of gloves to be monitored by supervisor			
Hazards to hands	Operatives could suffer strike or	<ul style="list-style-type: none"> • Palm coated gripper gloves to be worn at all times 	Use of gloves to be monitored by supervisor			

(manual tools, strike and puncture wounds)	puncture injuries from materials and sharp objects they are working with	<ul style="list-style-type: none"> • Hammers and percussive hand tools to be in good condition with relevant handguards in place. Visually inspect prior to use • Cold chisels that have mushroomed should be re dressed, and blunt or damaged tools should be repaired or discarded • Follow correct sequence of works so that no debris can land from above 				
Puncture wounds in feet (from waste material)	Puncture wounds could be suffered by operatives and public from stepping on sharp objects or timbers that have not been de-nailed	<ul style="list-style-type: none"> • Site footwear to have steel mid-soles •Timbers and other waste products de-nailed or made safe • Safety signage to be used to warn people of hazards and work area to be cordoned off if practicable • Ensure walkways are kept free from waste materials • Ensure there is adequate lighting 	Supervisor to brief operatives to ensure that all timbers are de-nailed and made safe			
Knee damage (from kneeling)	Musculoskeletal problems to knees may occur if body weight is predominantly on knees	<ul style="list-style-type: none"> • Provision of suitable PPE for knee protection, either in the form of work wear with integral knee protection (recommended), or independent knee pads • Avoid remaining in one posture for long lengths of time 				
Knee damage (from carpet stretcher)	Musculoskeletal problems to knees may occur if carpet	<ul style="list-style-type: none"> • Provision of suitable PPE for knee protection, either in the form of work wear with integral knee 				

	stretchers are regularly used.	<p>protection (recommended), or independent knee pads</p> <ul style="list-style-type: none"> • Use a power stretcher where possible. 				
Manual handling	Operatives may receive back and other injuries if correct practices are not adhered to	<ul style="list-style-type: none"> • Manual handling should be avoided where at all possible, but when required: Raising, lowering, and carrying loads is to be carried out using correct posture and techniques and following the health and safety guidelines for lifting at work. This includes the consideration of how high an object is to be lifted and the distance from the torso. • The recommended maximum safe lifting limits when raising a compact object to waist level and close to the torso is 16kg for women and 25kg for men. However, these are only guidelines, and due to individuals having different capabilities, these figures are largely down to an individual's choice, provided they have had manual handling training and are competent. • If the load is to be moved check the route is free from obstacles before starting and use mechanical aids such as stack trucks where possible if applicable. • A load is classified as double handling if it is of irregular shape, obstructs vision, must be manhandled around staircases or other obstructions or if a person doesn't feel confident lifting it. 	All operatives and staff to have manual handling training every three years			

Fire / explosion	All operatives in the vicinity could suffer smoke inhalation or burns	<ul style="list-style-type: none"> • Suitable fire extinguishers/sand buckets to be kept in welfare room and at various points around site if required • No hot works to be carried out without a permit and sign off • Fire risk assessment carried out prior to works commencing • Escape routes, traffic management plan, muster point and importance of signing in book explained at induction and good housekeeping maintained • Use of gas horns to act as fire alarm demonstrated at induction 	Supervisor to brief all operatives on first day on emergency arrangements agreed with principal contractor			
Welfare / first aid	Glasses cleaning stations, washing facilities and first aid facilities provide a safer working environment and allow minor cuts and grazes to be dealt with in a hygienic and proper manner	<ul style="list-style-type: none"> • Principal contractor to provide on-site facilities including • Flushing toilet • Canteen with kettle, microwave and washing facilities • First-aid equipment 	Supervisor to brief operatives on facilities and the maintaining of a clean welfare area			
RSIs (Repetitive strain injuries)	Any individual who carries out repetitive tasks may experience pain in various joints and muscle groups.	<ul style="list-style-type: none"> • Avoid forceful or repetitive tasks where possible • Ensure work area is set up correctly 				

		<ul style="list-style-type: none"> • Avoid arching back or squatting for long periods • Avoid stretching and over reaching 				
SDS percussion drill/chiseller	Wrist sprains, eye and ear damage can occur if correct precautions are not observed	<ul style="list-style-type: none"> • Tool and drill or chisel butts to be visually inspected prior to use be fit for purpose and have current PAT certification • Consideration of clothing, hair, cable position and jewellery should be made to ensure that nothing can get caught in moving parts • Safety glasses to be worn to protect eyes from impact damage off moving particles and continued use of tool to be avoided due to vibration and possible HAV injuries • Drill to be removed from cutting surface every 30mm of depth when drilling concrete or masonry to prevent particle blow back • Torque settings to be used to prevent muscular sprains is drill bit stalls 				
Substance Risks						
Contact Adhesive	Inhalation of vapours has a narcotizing effect, may also irritate skin and eyes	<ul style="list-style-type: none"> • Follow manufacturer's instructions and use guidance set out in COSHH Assessment • Do not use in confined or unventilated spaces • Use of latex gloves to be encouraged 				
Dust	Irritating to respiratory system and skin with risk of	<ul style="list-style-type: none"> • Avoid vigorous brushing and the correct respiratory and eye PPE for the task to be worn 				

	impact damage to eye					
Floor Adhesive Acrylic	May produce chemical burns with prolonged contact	• Follow manufacturer's instructions and use guidance set out in COSHH Assessment				
Latex Screed	Irritating to respiratory system and skin, risk of serious damage to eyes, may cause sensitisation by skin contact	• Follow manufacturer's instructions and use guidance set out in COSHH Assessment				
Silicone sealant	May cause skin, eye and respiratory irritation	• Follow manufacturer's instructions and use guidance set out in COSHH Assessment				

2) Risk awareness for areas where asbestos could potentially be discovered

Please note that this Risk Assessment is designed to make you aware of areas where asbestos could potentially be within your work environment.

It is not an exhaustive list, but is designed as a guide to help you remember which products may contain asbestos in your work environment, and consequently which products shouldn't be disturbed.

Any industrial or residential building, built or refurbished before the year 2000 may contain asbestos, and, if you suspect that you've discovered asbestos, stop work immediately and inform a supervisor or manager.

In this document AIB is the acronym for Asbestos Insulation Board

Potential hazards	Where this may be found
Asbestos cement downpipes and gutters	Found on roof lines and between roof and gutter If unpainted it is usually easy to spot by its colour If painted, it looks like a cast iron product
Asbestos cement soil and vent pipes. Residential	Usually on exterior of building but may be internal especially on maisonettes, flats and Town Houses. If unpainted it is usually easy to spot by its colour If painted, it looks like a cast iron product
Asbestos cement soil and vent pipes. Commercial	Usually on interior of tall buildings as no access equipment is needed to service or maintain but may be externally fitted If unpainted it is usually easy to spot by its colour

	If painted, it looks like a cast iron product
Asbestos cement flue pipes. Residential	<p>Flue pipes usually take the shortest route from boiler to exterior either through a wall or the roof space</p> <p>Usually left unpainted when exiting through roof so easier to spot</p> <p>Often boxed in or painted internally</p>
Asbestos cement flue pipes. Commercial	<p>Flue pipes have to carry exhaust gas from a boiler room to the outside, and by the nature of commercial buildings, they can have complex designs</p> <p>Often spray coated, painted or boxed in</p> <p>If boxed in the material usually used is asbestos cement sheets</p> <p>Any boxing in may have been decorated as building has been maintained</p>
Asbestos cement vent pipes	<p>Mainly used in commercial buildings to transport cooled air in air conditioning systems</p> <p>Almost always boxed in, sometimes with asbestos cement sheets</p> <p>Any boxing in may have been decorated as building has been maintained</p>
Textured decorative coatings	<p>Artex is the main culprit and the only way to tell if it contains asbestos is to get it tested</p> <p>Found on both ceilings and walls</p>
AIB ceiling tiles	<p>Mainly found in commercial buildings and offices due to being able to hide cables above ceiling tray</p> <p>Rarely found in residential buildings as most has been removed due to going out of fashion</p>
Asbestos cement water tanks	Usually found in roof spaces
Bakelite	<p>Toilet cisterns and seats, old light fittings and switches and many other components</p> <p>Looks like plastic, and is usually dark brown or black and contains asbestos</p>
Sprayed coatings	<p>Mainly found in commercial buildings as most homes have plastered walls</p> <p>Sprayed coatings were used on walls, ceilings and beams as a fire retardant and insulator</p>

Lagging	Used as an insulation material on pipes in both residential and commercial properties Also used on boilers, but this was mainly the larger commercial type
AIB bath panels	End and side panels for baths May have been decorated, tiled or cladded
AIB backing board	Found behind fuse boxes, consumer boards, behind and around boilers, in airing cupboards and behind fires
Loose fill insulation	Used in all property types as an insulation Can be found in loft spaces, under floor boards and in cavity walls
Vinyl floor tiles and adhesive	Predominantly a 150 x 150mm tile approximately 2mm thick Once a popular choice of flooring for kitchens and bathrooms in residential properties Used extensively in commercial properties for most floors and corridors Both the tile and adhesive may contain asbestos May be hidden under newer floor coverings
AIB in partition walls and fire doors	Used as a fire stop inside of both products
Asbestos cement roofs	Usually corrugated panelled roofs that are bolted or screwed to joists Are brittle and fragile and were popular for farm out buildings as well as garage and commercial roofs
Roofing felt	Used for most flat roof applications and sometimes under shingles Mainly used from the early 1900's to early 1980's
Soffits	Either AIB or asbestos cement board Uses as a soffit and may be ventilated or whole May be painted to match surrounding timbers
Window panels	Found in all building types both interior and exterior

	<p>Where a window frame is high level to floor but there is only glass in the top half</p> <p>The bottom half is often painted on the outside and decorated or plastered on the inside</p>
Textiles	<p>Ironing board fabric, oven gloves, heat mats, fire blankets aprons. The list goes on</p> <p>Any old fabric that has heat resistant properties is suspect</p>
Gaskets, seals and paper	<p>Often used in boilers and as seals on wood burners</p> <p>Paper also used as liner for floorings and roof coverings</p> <p>may be hidden under existing floor coverings</p>

3) Method statement for carpet fitting

Scope of Works

This method statement describes the work process for the following

- 1) Start of works
- 2) Prep floor
- 3) Fit grippers and underlay
- 4) Fit carpet
- 5) Finishing

Step by step process

Start of works

- 1) Read relevant risk and COSHH assessment and follow guidelines for the correct PPE.
- 2) Sheet up and protect work area and surrounding, including signage and barriers as required.
- 3) Visually inspect work area and only begin works if it is a safe working environment.
- 4) Cordon off work area if required to do so.
- 5) Ensure the area to be worked and exit points are clear of obstruction and that safe access and egress is maintained.
- 6) Check any electrical or hand tools for damage or faults, faulty or damaged tools must be removed from service immediately.
- 7) Do not leave tools and equipment unattended at any time.

Prep floor

- 1) Sweep and/or vacuum work area to remove dust.
- 2) Check for any protruding nails or screw heads and remove if applicable.
- 3) Refix any loose floorboards and fill any damaged concrete areas with latex screed.
- 4) Fit ply or hardboard sheets to timber floors if required.
- 5) Use self-levelling latex screed on concrete floors if required.

Fit grippers and underlay

- 1) Cut carpet grippers to length with snips as required and fit the carpet grippers to perimeter of floor leaving an 8mm gap between gripper and skirting board
- 2) If the masonry nails supplied with the gripper fail in concrete floors, use screws and raw plugs where required.

- 3) Fit thresholds or edging strips to doorways as required.
- 4) Cut, fit and tape floor lining paper as required.
- 5) Roll out, cut and butt underlay to the edge of the carpet grippers.
- 6) Fix underlay with staples or spray adhesive as required.

Fit carpet










- 1) Measure the room and the carpet and take into account any patterns and which way the pile should lie if it's to match and existing.
- 2) Position and align the first piece of carpet ensuring that any ripples are worked towards the edges of the room by pushing with the flat sole of your footwear.
- 3) Push the carpet as far into the corners as possible and make a vertical cut from the base of the skirting to the edge of the carpet.
- 4) Reduce any excess carpet to 100mm longer than the approximate finished size.
- 5) Starting work in the corners. Use a carpet stretcher to stretch the carpet over the carpet grippers and tuck the carpet between the carpet gripper and skirting board with a carpet chisel.
- 6) Once all of the corners are fixed continue fitting the carpet with stretcher and chisel until the entire perimeter is fixed.
- 7) Fold the edge of the carpet back on its self and use a utility knife to trim the carpet to size.
- 8) Once the carpet has been trimmed to size use a carpet tucker to force the carpet into the gap between the skirting board and carpet gripper.
- 9) Finish by making any cuts around architraves and fitting carpet to threshold or edging strips as required.












Finishing

- 1) All tools and equipment will be cleared to secure storage at the end of each shift
- 2) Staff will leave area clean and tidy at end of shift

4) COSHH assessment for spray contact adhesive

Substance / material	Spray contact adhesive													
Suppliers address and phone number	No Nonsense Limited, Trade House, Houndstone Bus Park, Yeovil Somerset BA22 8RT													
Contents / ingredients of product	PETROLEUM GASES, LIQUEFIED; PETROLEUM GAS 30 – 60%, ACETONE 10 – 30%, Hydrocarbons, C6-C7, n-alkanes, isoalkanes, cyclics, <5% n- 10 – 30%					Is there a work exposure limit		Yes	<input checked="" type="checkbox"/>	No	<input type="checkbox"/>	Duration	8 Hrs	
Where the product's used	Outside	<input type="checkbox"/>	Inside well ventilated		<input checked="" type="checkbox"/>	Inside poorly ventilated		<input checked="" type="checkbox"/>	Confined space		<input type="checkbox"/>			
How the products used	Mixing	<input type="checkbox"/>	Pouring	<input type="checkbox"/>	Spraying	<input checked="" type="checkbox"/>	Brushing	<input type="checkbox"/>	Applying by hand / hand tools		<input type="checkbox"/>	Loading out	<input type="checkbox"/>	
Product hazard levels	High	<input type="checkbox"/>	Medium	<input checked="" type="checkbox"/>	Low	<input type="checkbox"/>	Product state		Solid	<input type="checkbox"/>	Liquid	<input checked="" type="checkbox"/>	Gas	<input type="checkbox"/>

Flammable	Oxidising	Gas under pressure	Explosive	Very toxic	Corrosive	Serious health hazard	Health hazard/irritant	Danger to environment
								
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

PPE	Gloves	Glasses	Goggles	Face shield	Footwear	PPE Clothes	Dust mask	FFP2 mask	FFP3 mask	Respirator	Noise
											
Outside	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Inside well ventilated	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Inside poorly ventilated	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Confined space	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Is the substance hazardous to health when:

Breathed in	<input checked="" type="checkbox"/>	Swallowed	<input checked="" type="checkbox"/>	In contact with skin	<input checked="" type="checkbox"/>	In contact with eyes	<input checked="" type="checkbox"/>	Other. Please specify
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Health risks:

Harmful by inhalation, in contact with skin and if swallowed. Irritating to eyes and respiratory system. May cause lung damage if swallowed.

Skin contact: There may be irritation and redness at the site of contact.

Eye contact: There may be irritation and redness. The eyes may water profusely.

Ingestion: There may be soreness and redness of the mouth and throat. Nausea and stomach pain may occur. There may be vomiting.

Inhalation: There may be irritation of the throat with a feeling of tightness in the chest. May cause nausea, light headedness and dizziness.

First aid and emergency measures:



Emergency services

☒


First aider

☐


First aid box

☐


Shower

☐


Eye wash

☒


Wash affected area

☒


Boot wash

☒

First aid details:

After significant accidental inhalation: Remove casualty from exposure ensuring one's own safety whilst doing so. If unconscious place in the recovery position. Consult a physician if casualty does not rapidly improve.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 15 minutes. If possible, use isotonic water (0.9% NaCl).

Contact a specialist of occupational medicine or an eye specialist.

After skin contact: Wash skin thoroughly with soap and water as soon as reasonably practicable. Remove heavily contaminated clothing and wash underlying skin. In extreme situations of saturation with this product, drench with water, remove clothing as soon as possible and wash skin with soap and water. Seek medical advice if skin becomes red, swollen or painful.

After significant accidental ingestion: Wash out mouth with water. Do not induce vomiting. Get immediate medical help.

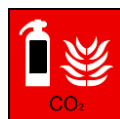
Spillage and environmental:

Mobility: Store in an upright position and ensure container is tightly closed.

Accidental release: Contain the spillage using bunding. Contain spillage with sand, earth or other suitable non-combustible material. The product contains substances which are toxic to aquatic organisms and which may cause long-term adverse effects in the aquatic environment.



Water



Carbon Dioxide



Dry powder



Foam



Fire blanket



Raise alarm












Fire details:

Water spray, dry powder or carbon dioxide. Alcohol-resistant foam. Do not use water jet as an extinguisher, as this will spread the fire.

Fire fighters should wear self-contained breathing apparatus.

5) COSHH assessment for carpet jointing tape

Substance / material	Carpet jointing tape												
Suppliers address and phone number	Eurobond retail adhesives LTD, Bonham Drive, Eurolink Industrial Estate Sittingbourne, Kent ME10 3RY												
Contents / ingredients of product	PE Foam 70% Acrylic Adhesive 10% Release liner 20%						Is there a work exposure limit	Yes	<input type="checkbox"/>	No	<input checked="" type="checkbox"/>	Duration	
Where the product's used	Outside	<input type="checkbox"/>	Inside well ventilated			<input checked="" type="checkbox"/>	Inside poorly ventilated		<input checked="" type="checkbox"/>	Confined space			<input checked="" type="checkbox"/>
How the products used	Mixing	<input type="checkbox"/>	Pouring	<input type="checkbox"/>	Spraying	<input type="checkbox"/>	Brushing	<input type="checkbox"/>	Applying by hand / hand tools		<input checked="" type="checkbox"/>	Loading out	<input type="checkbox"/>
Product hazard levels	High	<input type="checkbox"/>	Medium	<input type="checkbox"/>	Low	<input checked="" type="checkbox"/>	Product state	Solid	<input checked="" type="checkbox"/>	Liquid	<input type="checkbox"/>	Gas	<input type="checkbox"/>
<div style="display: flex; justify-content: space-around; align-items: flex-end;"> <div style="text-align: center;"> Flammable  <input type="checkbox"/> </div> <div style="text-align: center;"> Oxidising  <input type="checkbox"/> </div> <div style="text-align: center;"> Gas under pressure  <input type="checkbox"/> </div> <div style="text-align: center;"> Explosive  <input type="checkbox"/> </div> <div style="text-align: center;"> Very toxic  <input type="checkbox"/> </div> <div style="text-align: center;"> Corrosive  <input type="checkbox"/> </div> <div style="text-align: center;"> Serious health hazard  <input type="checkbox"/> </div> <div style="text-align: center;"> Health hazard/irritant  <input type="checkbox"/> </div> <div style="text-align: center;"> Danger to environment  <input type="checkbox"/> </div> </div>													
PPE	Gloves	Glasses	Goggles	Face shield	Footwear	PPE Clothes	Dust mask	FFP2 mask	FFP3 mask	Respirator	Noise		
Outside	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Inside well ventilated	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		

Inside poorly ventilated	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Confined space	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Is the substance hazardous to health when:

Breathed in	<input type="checkbox"/>	Swallowed	<input type="checkbox"/>	In contact with skin	<input type="checkbox"/>	In contact with eyes	<input checked="" type="checkbox"/>	Other. Please specify
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Health risks:

Skin contact: There may be irritation and redness at the site of contact. However there is no known toxicity.

Eye contact: There may be irritation and redness. The eyes may water profusely.

Ingestion: No known toxicity.

First aid and emergency measures:



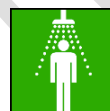
Emergency services

☐


First aider

☐


First aid box

☐


Shower

☐


Eye wash

☒


Wash affected area

☒


Boot wash

☐

First aid details:

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 15 minutes. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

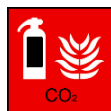
After skin contact: Wash skin thoroughly with soap and water as soon as reasonably practicable.

Spillage and environmental:

No special measures.



Water



Carbon Dioxide



Dry powder



Foam



Fire blanket



Raise alarm























Fire details:

Hazardous decomposition products are co₂ and various hydrocarbons if burnt in large quantities.

6) COSHH assessment for floor adhesive acrylic

Substance / material	Floor Adhesive Acrylic													
Suppliers address and phone number	Ardex UK Limited, Homefield Road, Haverhill, Suffolk. CB9 8QP. 01440 714939													
Contents / ingredients of product	2-Phenoxyethanol 5-10%, Potassium Hydroxide <1%					Is there a work exposure limit		Yes	<input checked="" type="checkbox"/>	No	<input type="checkbox"/>	Duration	8 Hrs	
Where the product's used	Outside	<input checked="" type="checkbox"/>	Inside well ventilated		<input checked="" type="checkbox"/>	Inside poorly ventilated		<input checked="" type="checkbox"/>	Confined space		<input checked="" type="checkbox"/>			
How the products used	Mixing	<input checked="" type="checkbox"/>	Pouring	<input checked="" type="checkbox"/>	Spraying	<input type="checkbox"/>	Brushing	<input type="checkbox"/>	Applying by hand / hand tools		<input checked="" type="checkbox"/>	Loading out	<input type="checkbox"/>	
Product hazard levels	High	<input type="checkbox"/>	Medium	<input type="checkbox"/>	Low	<input checked="" type="checkbox"/>	Product state		Solid	<input type="checkbox"/>	Liquid	<input checked="" type="checkbox"/>	Gas	<input type="checkbox"/>

Flammable	Oxidising	Gas under pressure	Explosive	Very toxic	Corrosive	Serious health hazard	Health hazard/irritant	Danger to environment
								
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

PPE	Gloves	Glasses	Goggles	Face shield	Footwear	PPE Cloths	Dust mask	FFP2 mask	FFP3 mask	Respirator	Noise
											
Outside	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Inside well ventilated	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Inside poorly ventilated	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Confined space	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Is the substance hazardous to health when:

Breathed in ☐ Swallowed ☒ In contact with skin ☒ In contact with eyes ☒ Other. Please specify

Health risks: May produce chemical burns with prolonged contact.

Skin contact: Skin irritation is not anticipated when used normally. However, the product can cause severe burns if skin was in constant contact for long durations.

Eye contact: There may be irritation and redness. The eyes may water profusely.

Ingestion: May cause discomfort if swallowed.

Inhalation: No known effects.

First aid and emergency measures:



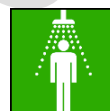
Emergency services

☐


First aider

☐


First aid box

☐


Shower

☐


Eye wash

☒


Wash affected area

☒


Boot wash

☒

First aid details:

After significant accidental inhalation: No Known effects

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 15 minutes. If possible, use isotonic water (0.9% NaCl).

Contact a specialist of occupational medicine or an eye specialist.

After skin contact: Wash copiously with soap and water - remove contaminated clothing, including shoes and laundry before re-use. If skin irritation develops seek immediate medical attention.

After significant accidental ingestion: Wash out mouth with water. Do not induce vomiting and obtain medical attention if discomfort persists.

Spillage and environmental:

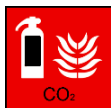
Not regarded as dangerous for the environment.

Mobility: Store in an upright position and ensure container is tightly closed.

Accidental release: Do not discharge into drains or rivers. Contain the spillage using bunding then, absorb into dry earth or sand. Transfer to a closable, labelled salvage container for disposal by an appropriate method.



Water

☐

Carbon Dioxide

☐

Dry powder

☐

Foam

☐

Fire blanket

☐





















Raise alarm

☐

Fire details:

This product is not flammable. Use fire-extinguishing media appropriate for surrounding materials.

7) COSHH assessment for latex screed

Substance / material	Latex Screed (Cement Powder)										
Suppliers address and phone number	Ardex UK Limited, Homefield Road, Haverhill, Suffolk. CB9 8QP. 01440 714939										
Contents / ingredients of product	Calcium silicates, aluminates, ferro-aluminates and sulphates. Small amounts of alkalis, lime, magnesia and chlorides are also present together with trace amounts of chromium compounds.					Is there a work exposure limit	Yes <input checked="" type="checkbox"/>	No <input type="checkbox"/>	Duration	8 Hrs	
Where the product's used	Outside <input checked="" type="checkbox"/>	Inside well ventilated <input checked="" type="checkbox"/>			Inside poorly ventilated <input type="checkbox"/>			Confined space <input type="checkbox"/>			
How the products used	Mixing <input checked="" type="checkbox"/>	Pouring <input checked="" type="checkbox"/>	Spraying <input type="checkbox"/>	Brushing <input checked="" type="checkbox"/>	Applying by hand / hand tools <input checked="" type="checkbox"/>			Loading out <input checked="" type="checkbox"/>			
Product hazard levels	High <input type="checkbox"/>	Medium <input checked="" type="checkbox"/>	Low <input type="checkbox"/>	Product state	Solid <input checked="" type="checkbox"/>	Liquid <input type="checkbox"/>	Gas <input type="checkbox"/>				
Hazards	Flammable  <input type="checkbox"/>	Oxidising  <input type="checkbox"/>	Gas under pressure  <input type="checkbox"/>	Explosive  <input type="checkbox"/>	Very toxic  <input type="checkbox"/>	Corrosive  <input type="checkbox"/>	Serious health hazard  <input type="checkbox"/>	Health hazard/irritant  <input checked="" type="checkbox"/>	Danger to environment  <input type="checkbox"/>		
PPE	Gloves 	Glasses 	Goggles 	Face shield 	Footwear 	PPE Clothes 	Dust mask 	FFP2 mask 	FFP3 mask 	Respirator 	Noise 
Outside	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Inside well ventilated	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Inside poorly ventilated	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Confined space	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Is the substance hazardous to health when:

Breathed in ☒ Swallowed ☒ In contact with skin ☒ In contact with eyes ☒ Other. Please specify

Health risks: Irritating to respiratory system and skin. Risk of serious damage to eyes. May cause sensitisation by skin contact.

Inhalation: Chronic exposure to respirable dust in excess of occupational exposure limits may cause coughing, shortness of breath and may cause chronic obstructive lung disease.

Contact dermatitis/Sensitising effects: Some individuals may exhibit eczema upon exposure to wet cement, caused either by the high pH which induces irritant contact dermatitis, or by an immunological reaction to soluble Cr (VI) which elicits allergic contact dermatitis

Medical conditions aggravated by exposure: Inhaling cement dust may aggravate existing respiratory system disease(s) and/or medical conditions such as emphysema or asthma and/or existing skin and/or eye conditions.

First aid and emergency measures:



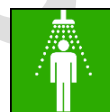
Emergency services

☐


First aider

☒


First aid box

☐


Shower

☐


Eye wash

☒


Wash affected area

☒


Boot wash

☒

First aid details:

After significant accidental inhalation: Move person to fresh air. Dust in throat and nasal passages should clear spontaneously. Contact a physician if irritation persists or later develops or if discomfort, coughing or other symptoms do not subside.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 45 minutes to remove all particles. If possible, use isotonic water (0.9% NaCl). Contact a specialist of occupational medicine or an eye specialist.

After skin contact: For dry cement, remove and rinse abundantly with water. For wet cement, wash skin with water. Remove contaminated clothing, footwear, watches, etc, and clean thoroughly before re-using them. Seek medical treatment in all cases of irritation or burns.

After significant accidental ingestion: Do not induce vomiting. If person is conscious, wash out mouth with water and give plenty of water to drink. Get immediate medical attention or contact anti poison centre.

Spillage and environmental:

The product is not expected to be hazardous to the environment (LC50 aquatic toxicity not determined). The addition of large amounts of cement to water may, however, cause a rise in pH and may therefore be toxic to aquatic life under certain circumstances.

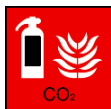
Mobility: Dry cement is not volatile but might become airborne during handling operations.

Accidental release: Pick up dry. Mark the containers. Possibly reuse depending upon shelf life considerations and the requirement to avoid dust exposure. In case of disposal, harden with water.

After addition of water, hardened: Dispose of according to the local legislation. Avoid entry into the sewage water system. Dispose of the hardened product as concrete waste. Due to the inertisation, concrete waste is not a dangerous waste.



Water



Carbon Dioxide



Dry powder



Foam



Fire blanket



Raise alarm























Fire details:

Cement is non-flammable; however it is manufactured in flammable plastic or paper packaging.

8) COSHH assessment for silicone sealant

Substance / material	Silicone Sealant													
Suppliers address and phone number	Siroflex Limited, Dodworth Business Park, Dodworth, Barnsley, South Yorkshire. S75 3SP. 01226 771 600													
Contents / ingredients of product	Distillates (petroleum), hydrotreated middle 10- <30%, Distillates (petroleum), hydrotreated light 1-<5%						Is there a work exposure limit	Yes	<input type="checkbox"/>	No	<input checked="" type="checkbox"/>	Duration		
Where the product's used	Outside	<input checked="" type="checkbox"/>	Inside well ventilated			<input checked="" type="checkbox"/>	Inside poorly ventilated		<input checked="" type="checkbox"/>	Confined space			<input checked="" type="checkbox"/>	
How the products used	Mixing	<input type="checkbox"/>	Pouring	<input type="checkbox"/>	Spraying	<input type="checkbox"/>	Brushing	<input type="checkbox"/>	Applying by hand / hand tools		<input checked="" type="checkbox"/>	Loading out	<input type="checkbox"/>	
Product hazard levels	High	<input type="checkbox"/>	Medium	<input type="checkbox"/>	Low	<input checked="" type="checkbox"/>	Product state		Solid	<input type="checkbox"/>	Liquid	<input checked="" type="checkbox"/>	Gas	<input type="checkbox"/>

Flammable	Oxidising	Gas under pressure	Explosive	Very toxic	Corrosive	Serious health hazard	Health hazard/irritant	Danger to environment
								
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>

PPE	Gloves	Glasses	Goggles	Face shield	Footwear	PPE Cloths	Dust mask	FFP2 mask	FFP3 mask	Respirator	Noise
											
Outside	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Inside well ventilated	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Inside poorly ventilated	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Confined space	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Is the substance hazardous to health when:

Breathed in ☒ Swallowed ☒ In contact with skin ☒ In contact with eyes ☒ Other. Please specify

Health risks: May cause skin, eye and respiratory irritation.

Skin contact: There may be irritation and redness at the site of contact.

Eye contact: There may be irritation and redness. The eyes may water profusely.

Ingestion: There may be soreness and redness of the mouth and throat. Nausea and stomach pain may occur. There may be vomiting.

Inhalation: There may be irritation of the throat with a feeling of tightness in the chest.

First aid and emergency measures:



Emergency services

☐


First aider

☐


First aid box

☐


Shower

☐


Eye wash

☒


Wash affected area

☒


Boot wash

☐

First aid details:

After significant accidental inhalation: Remove casualty from exposure ensuring one's own safety whilst doing so.

After contact with eyes: Do not rub eyes, as additional cornea damage is possible by mechanical stress. Remove any contact lenses and open the eyelid(s) widely to flush eye(s) immediately by thoroughly rinsing with plenty of clean water for at least 15 minutes. If possible, use isotonic water (0.9% NaCl).

Contact a specialist of occupational medicine or an eye specialist.

After skin contact: Wipe off with tissue and wash contaminated area.

After significant accidental ingestion: Wash out mouth with water. Do not induce vomiting. Consult a physician if symptoms persist.

Spillage and environmental:

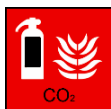
Non-toxic.

Mobility: Store in cool, well-ventilated area. Keep container tightly closed

Accidental release: Do not discharge into drains or rivers. Contain the spillage using bunding then, absorb into dry earth or sand. Transfer to a closable, labelled salvage container for disposal by an appropriate method.



Water



Carbon Dioxide



Dry powder



Foam



Fire blanket



Raise alarm



Fire details:

No special measures required.